

Oatmeal Raisin Cookie Oats

Cooking Instructions

1. Add all ingredients except for the banana to a sauce pot.
2. Cook over medium heat, stirring frequently, until most of the milk is absorbed and oatmeal is desired thickness. Roughly 5-10 minutes.
3. Transfer to a bowl and top with chopped banana.

Alternate Cold Cooking Method

1. Add all ingredients except for the banana to a lidded container. Make sure milk is about ½ and inch above the level of the oats.
2. Put on lid and place in fridge for a minimum of 30 minutes, at this point oats will have absorbed most of the milk.
3. Remove lid and top with chopped banana.

Recipe

- ¾ Cup Rolled Oats
- ¼ Cup Raisins
- ¼ Cup Walnuts
- 1 tsp Cinnamon
- 2 Tbsp Brown Sugar
- 1-1 ½ Cups Milk of Choice
- 1 Banana, Chopped

Grocery List (add optional toppings to list as desired)

Produce

- 1 banana

Dairy

- milk (dairy, almond, soy, etc.)

Grocery Aisles

- raisins
- walnuts
- rolled oats
- brown sugar
- cinnamon