Crockpot Sweet Potato Chili

Instructions

- 1. In large pot, warm the olive oil over medium heat. Add the onions and bell peppers and cook until soft, about 5 minutes.
- **2.** Place the sweet potatoes, diced tomatoes, black beans, salt, chili powder, cumin, and the cooked peppers and onions into a Crockpot.
- 3. Cover with the vegetable broth and stir to combine.
- 4. Cook on low for 6–8 hours or on high for 3–4 hours.

Ingredients

- 1 diced onion
- 2 large sweet potatoes, peeled and diced
- 1–2 cans of diced tomatoes
- 1 clove of garlic, minced
- 1 carton of vegetable broth (32 oz)
- 1 can of black beans
- 2 bell peppers of any color, diced
- 1 tsp salt
- 1 tsp cumin
- 3-4 tbsp of chili powder
- 1 tsp of red pepper flakes (optional)
- 1–2 tbsp of olive oil

Grocery List (add optional toppings to list as desired)

Produce

- o 1 onion
- 2 bell peppers of any color
- 2 large sweet potatoes

Canned Goods/Grocery

- o 1 can of black beans (15 oz)
- o 1 carton of vegetable broth
- o 1–2 cans of diced tomatoes
- o Olive oil

Spices

- o Salt
- o Garlic
- o Cumin
- o Chili powder
- Red pepper flakes