Chicken Lettuce Cups

Instructions

- 1. Start by preparing the sauce. Whisk together all of the ingredients and set aside.
- 2. To make the chicken, start by heating the oil over medium heat in a large pan. Once the pan is hot, add the chicken and cook until almost cooked through (some pink is okay at this stage), about 4 minutes or so.
- 3. Add the garlic, green onions, and peanuts, stirring for 3-4 minutes. Pour in ¾ of the sauce and mix to coat well. Let cook for a few more minutes, then remove from the heat.
- 4. Fill the lettuce cups with the chicken, and drizzle the remaining sauce on top. Squeeze more lime juice on top and add cilantro, if desired. Enjoy!

Ingredients

For the sauce:

- ¼ cup of low sodium soy sauce or coconut aminos
- ½ cup of creamy peanut butter
- 1 lime, juiced
- 2 tsp of chili garlic paste, or more to taste
- 1 tbsp of coconut sugar
- 2 tsp of ground ginger
- ¼ cup of water, to thin as needed

For the chicken:

- 2 tbsp of avocado oil
- 1.5 lbs of ground chicken (thigh meat or chicken breast will work)
- 4 cloves of garlic, mashed
- 3 green onions, sliced
- ½ cup of salted peanuts, crushed

For the lettuce cups:

- Butter lettuce
- Lime
- Cilantro

Grocery List

- Low sodium soy sauce or coconut aminos
- Creamy peanut butter
- o Lime
- Chili garlic paste
- Coconut sugar
- o Ground ginger
- Avocado oil
- o Ground chicken
- o Garlic
- Green onions
- Salted peanuts
- o Butter lettuce
- o Cilantro