

Breakfast Turkey Skillet

Instructions

1. Warm a skillet over medium heat, and place ground turkey and turkey sausage in the skillet. Break apart the meat and stir occasionally until fully cooked (about 10-15 minutes).
2. Once the meat is fully cooked, add the salsa and mix with the meat until fully incorporated.
3. Create small pockets (4-5) in the meat mixture so you can see the bottom of the pan. Then, crack your eggs into each pocket. Turn the heat to medium-low and cover the skillet with a lid until the eggs are fully cooked (the whites of the egg should be completely white and no longer translucent).

Ingredients

- 16 oz of ground turkey
- 16 oz of turkey sausage
- 1 container of your choice of salsa
- 4-5 eggs
- Salt and pepper to taste

Grocery List (add optional toppings to list as desired)

Produce

- Eggs
- Salsa

Meats

- Ground turkey
- Turkey sausage

Grocery

- Salt
- Pepper