# **Banana Protein Muffins**

### Instructions

- 1. Preheat the oven to 350 degrees.
- 2. Mix all of the ingredients together.
- 3. Pour the batter into a greased or lined muffin tray.
- 4. Bake for 15-17 minutes.

## Ingredients

- 2 bananas, mashed (best if slightly brown)
- 2 cups of Kodiak Cakes pancake mix
- 1 cup almond milk (or whatever milk you prefer)
- ¼ cup maple syrup
- 1 egg
- 1 tsp vanilla extract
- Chocolate chips (use as many as you like)

## **Grocery List**

#### Produce

o Bananas

#### Dairy

- Almond milk (or any other kind of milk)
- o Eggs

#### Pantry

- Kodiak Cakes pancake mix
- o Maple syrup
- o Vanilla extract
- o Chocolate chips