

Banana Protein Muffins

Cooking Instructions

1. Preheat your oven to 350.
2. Mix all of the ingredients together.
3. Pour batter into a greased or lined muffin tray.
4. Bake for 15–17 minutes.

Ingredients

- 2 bananas, mashed (best if slightly brown)
- 2 cups of Kodiak Cakes pancake mix
- 1 cup of almond milk (or whatever milk you prefer)
- 1/4 cup of maple syrup
- 1 egg
- 1 teaspoon of vanilla extract
- Chocolate chips to your liking
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Grocery List (add optional toppings to list as desired)

Produce

- 2 bananas

Dairy

- Eggs
- Milk

Pantry Items

- Kodiak Cakes pancake mix
- Maple syrup
- Vanilla
- Chocolate chips