



## TIMED STOOL KIT COLLECTION INSTRUCTIONS

### Manufacturer

TheraPak, LLC

### Kit/Reagent Contents

- Instruction brochure
- Three labeled screw capped stool collection containers
- One toilet adapter to hold the collection container in the toilet
- Self-sealing plastic bag for returning the container

### Specimen Collection

1. Lift the toilet seat and place the toilet adapter across the rim of the toilet bowl. Place the adapter so the shorter support bar lies across the middle of the toilet bowl and the longer support bar lies across the rear of the toilet bowl. (See Figures 1 and 2.)
2. Unscrew the cap from the collection container. Place the container in the hole of the toilet adapter.
3. Put the toilet seat down. The bottom of the container should rest in the water or just above it. Depending on the water level in the toilet and the shape of the toilet seat, the collection container may float and rise. As you sit, align the container to be sure your stool goes into the container. Do not collect any urine in the container.
4. After your bowel movement, remove the container from the toilet. Screw the cap onto the container and wipe the outside of the container dry.
5. When your collection is complete, make sure you have screwed the cap evenly and tightly onto the collection container.
6. Place the capped container inside the plastic bag. Seal the bag.
7. Continue to add stool to the container until it reaches the fill line or the collection time is completed. You may need to use multiple containers.

### Other Supplies Needed

Additional containers may be needed for 48- or 72-hour collections.

### Specimen Requirements

Use only the labeled collection containers.



Figure 1. This top view of a toilet shows how the collection container slides into the ring of the toilet adapter. The shorter support of the adapter lies across the middle of the toilet bowl rim. The longer support lies across the rear of the toilet bowl rim. The toilet seat is up.



Figure 2. This top view of a toilet shows the toilet adapter holding the collection container in place. The toilet seat is down.

### Preparation Instructions

Eat a normal diet consisting of 50–150 grams of fat for at least three days prior to beginning fecal collection.

### Specimen Storage/Transport

Refrigerate partially filled containers during the collection period and during transport if collecting for the following tests:

- Fat, Fecal Quantitative (2002350)
- Fat, Fecal Quantitative 24-Hour Collection (Includes Homogenization) (2002354)
- Fat, Fecal Quantitative 48-Hour Collection (Includes Homogenization) (2002355)
- Fat, Fecal Quantitative 72-Hour Collection (Includes Homogenization) (2002356)

Freeze partially filled containers during the collection period and during transport if collecting for the Electrolytes and Osmolality Profile (ARUP Test #0020699).

### Safety Data Sheet (SDS) If Applicable

Note: Applicable SDS can be found in the eSupply catalog located on ARUP Connect.