

[www.aruplab.com/  
topics/myositis](http://www.aruplab.com/topics/myositis)

## Reference

1. ARUP Consult: Inflammatory Myopathies.  
[https://arupconsult.com/content/inflammatory-myopathies?tab=tab\\_item-6&\\_ga=2.51492713.1737189926.1525790725-1598986366.1502813312](https://arupconsult.com/content/inflammatory-myopathies?tab=tab_item-6&_ga=2.51492713.1737189926.1525790725-1598986366.1502813312) (accessed on May 10, 2018)

# Inflammatory Myopathies



testing at ARUP Laboratories



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Myositis may be idiopathic or caused by conditions such as microbial infections, drugs, or injury leading to inflammation and damage in the muscles.

Idiopathic inflammatory myopathies (IIM) are a rare and heterogeneous group of autoimmune diseases characterized by acute, subacute, or chronic muscle weakness. IIM may broadly be categorized into dermatomyositis (DM), polymyositis (PM), inclusion body myositis (IBM), necrotizing autoimmune myopathy (NAM), and overlap syndromes.

### Frequency

Myositis is listed as a rare disease by the Office of Rare Diseases (ORD) of the National Institutes of Health (NIH). This means that myositis, or a subtype of myositis, affects less than 200,000 people in the U.S. population. Polymyositis and dermatomyositis are about twice as common in women and inclusion body myositis is more common in men.

### Disease Presentation

In general, patients with myositis may present with one or more of these symptoms at disease onset:

- Difficulty standing up from a seated position
- Difficulty lifting the arms
- Fatigue after standing or walking a long time
- Trouble swallowing or breathing
- Muscle pain that does not subside within a few weeks
- A red or purple colored rash on the eyelids, elbows, knees and knuckles

### Laboratory Testing at ARUP

The presence of specific autoantibodies may have some relevance in stratifying patients based on risk for certain organ involvement, as well as predicting cancer or response to treatment. In this regard, if present, autoantibodies may be useful in long-term management of patients with myositis.

#### test name and code

##### Myositis Extended Panel (2013961)

**Antibodies tested:** Mi-2, PL-7, PL12, P155/140, EJ, Ku, OJ, PM/ScI, SRP, U2RNP, U1RNP, Ro52, Ro60, Jo-1, U3 Fib, SAE1, NXP2, MDA5, TIF1-gamma

##### Polymyositis and Dermatomyositis Panel (2013992)

**Antibodies tested:** PL-7, PL12, EJ, OJ, SRP, Jo-1, Mi-2, P155/140, SAE1, MDA5, NXP2, TIF1-gamma

##### Polymyositis Panel (2013990)

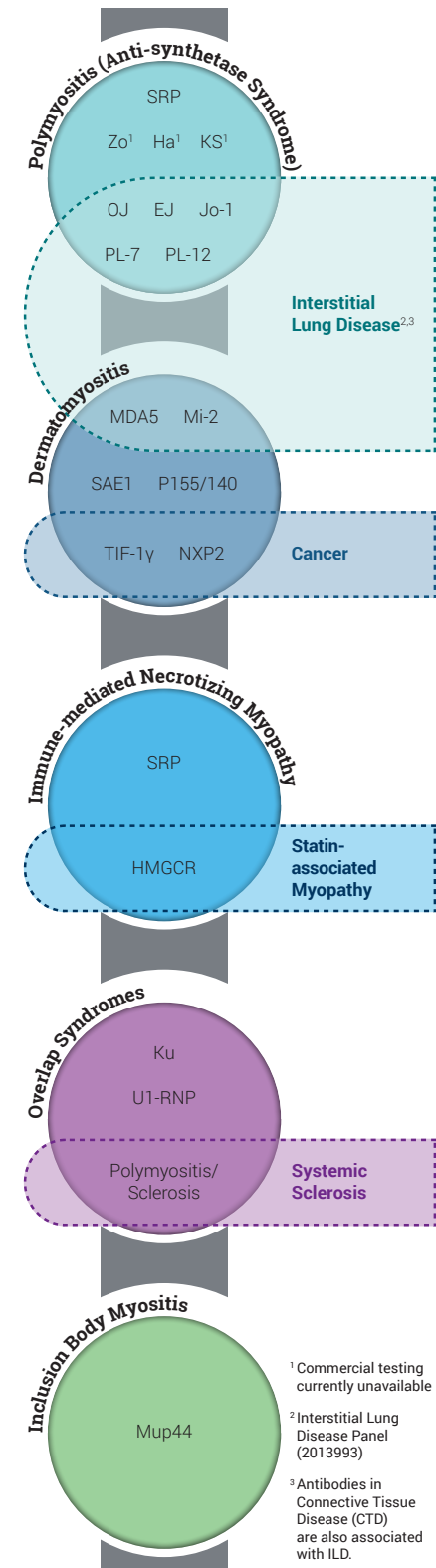
**Antibodies tested:** PL-7, PL12, EJ, OJ, SRP, Jo-1

##### Dermatomyositis Panel (2013991)

**Antibodies tested:** Mi-2, P155/140, SAE1, MDA5, NXP2, TIF1-gamma

##### Interstitial Lung Disease Panel (2013993)

**Antibodies tested:** Ro52, Ro60, Jo-1, PL-7, PL12, EJ, Ku, SRP, OJ, PM/ScI-100, MDA5, CCP, ScI-70, RA, ANA, NXP-2



<sup>1</sup> Commercial testing currently unavailable

<sup>2</sup> Interstitial Lung Disease Panel (2013993)

<sup>3</sup> Antibodies in Connective Tissue Disease (CTD) are also associated with ILD.