

Umbilical Cord Collection

1. Measure and cut a minimum 6 inches (about the length of a hand from thumb to pinkie) of umbilical cord.



2. Remove residual blood by gently squeezing cord segment between thumb and forefinger once. (Some blood may remain and is not a problem.)
3. Rinse cord segment with water or saline.
4. Place on a towel or gauze and gently pat dry.
5. Loosely coil cord into labeled specimen cup and secure lid.
6. Attach tamper resistant seal (optional.)
7. Place cup in specimen bag and process test order. Store refrigerated for up to two weeks.

For assistance, call: **(800) 522-2787**

More information and a link to our instructional video may be found at:
www.aruplab.com/newborn-drug-testing/umbilical