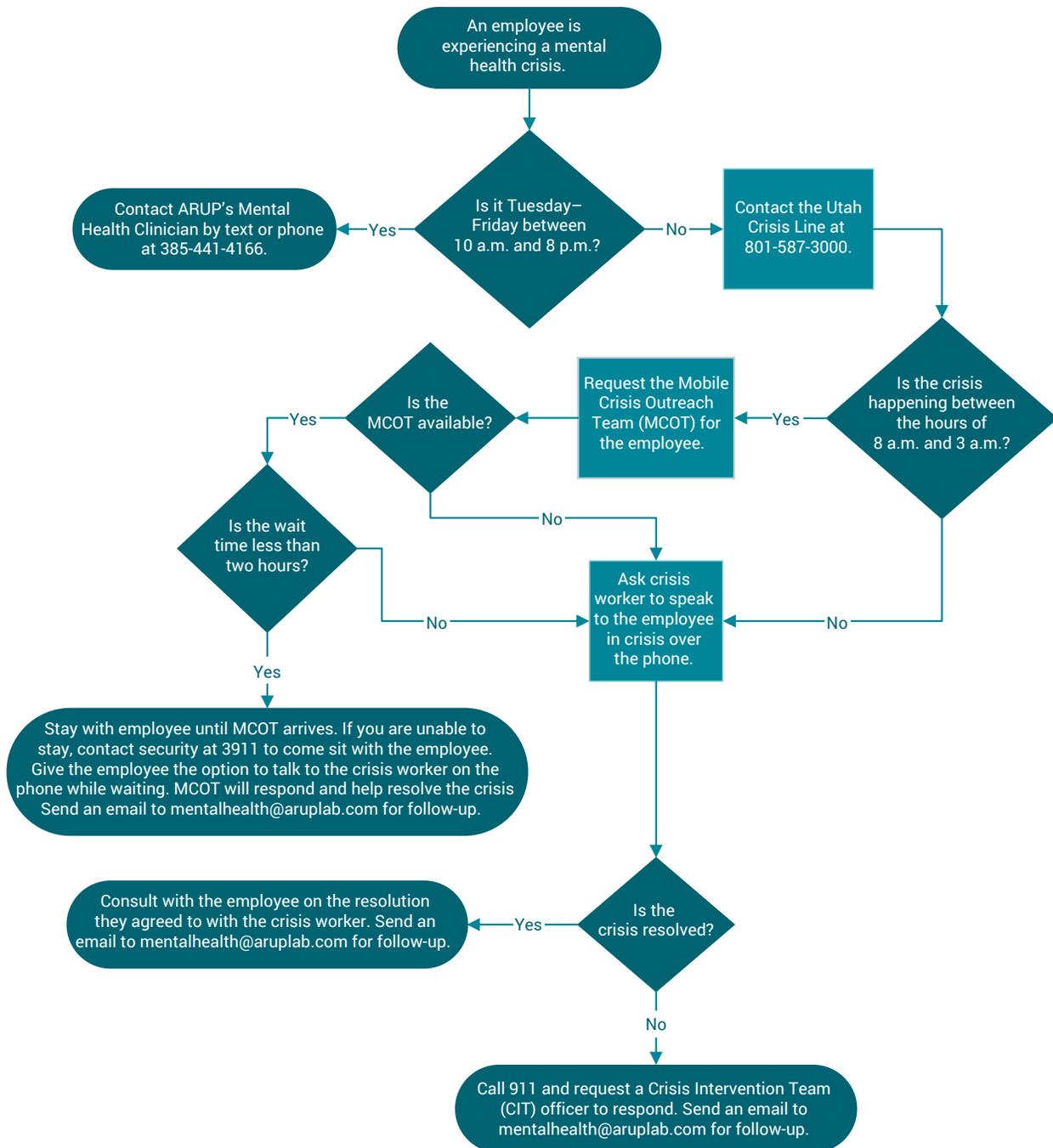


## Responding to an Employee Experiencing a Mental Health Crisis



\*A mental health crisis is any situation in which a person’s actions, feelings, and/or behaviors may lead them to hurt themselves or others and/or put them at risk of being unable to care for themselves or function in a healthy manner.

**REMEMBER:** Your responsibility is only to get the employee connected to the appropriate resources. Once the crisis line or ARUP’s mental health clinician is involved, they are tasked with ensuring the safety of the employee in crisis and providing appropriate care—not you.