

# ARUP Onsite Employee Risk Stratification Table & Guidelines

Risk Level	Contact Exposures (exposure to a COVID-19 positive individual at work (coworker), at home, or in public)	Work-Related Exposures (patient and/or sample-related)	Guidance: <b>NO symptoms of illness</b>	Management: <b>With symptoms</b>
High	Living in the <b>same household</b> as, being an <b>intimate partner</b> of, or providing care in a non healthcare setting (such as a home) for a COVID-19 positive person	<b>PPE not used</b> while performing an <b>aerosolizing procedure</b> on a known positive sample OR during <b>close^, prolonged contact</b> with a known positive patient.	Employee to notify supervisor and <b>remain offsite</b> . Employee MUST notify FHC using the <b>COVID Tool</b> . FHC to determine need and timing for SARS-CoV-2 PCR testing*. Quarantine at home for up to 14 days following date of last exposure as determine by FHC.	Notify supervisor. <b>Remain offsite.</b> Notify FHC using <b>COVID Tool</b> .
Moderate	<b>Unmasked</b> (either the exposed or the infected individual) close contact^ with a COVID-19 positive person	<b>PPE not used</b> during a <b>non-aerosolizing procedure</b> on a known positive sample OR during close contact^ with a COVID-19 positive patient.	Employee to notify supervisor and <b>remain offsite</b> pending FHC evaluation. Employee MUST notify FHC using the <b>COVID Tool</b> . FHC to evaluate for potential quarantine and timing of SARS-CoV-2 PCR testing*.	
Low	<b>Consistently masked</b> (both the exposed and the infected individuals) close contact^ with a COVID-19 positive person.	<b>Partial PPE worn</b> (e.g. face mask but no gown and/or gloves and/or eye protection) during a non-aerosolizing procedure OR while working in patient care areas with known positive patients	Employee to notify supervisor and <b>can remain onsite</b> . Employee MUST notify FHC using the <b>COVID Tool</b> . FHC to determine need/timing of SARS-CoV-2 PCR testing*. May continue to work onsite while self-monitoring for symptoms and strictly following safety protocols.	
Undetermined Risk	Interactions with a COVID-19 positive person that do not meet any of the high-, medium- or low-risk conditions above, such as walking by the person or being in the same room. <b>Any "indirect" COVID-19 exposures</b> such as being around someone who was exposed to COVID but is without symptoms and has not themselves tested COVID positive.	<b>Correct PPE worn</b> and correct safety protocols followed while working with COVID-19 positive samples and/or patients.	No need to contact the FHC or use COVID Tool. <b>May work without restriction UNLESS symptoms develop or circumstances of the exposure change.</b>	

\* SARS-CoV-2 PCR testing, in asymptomatic individuals for whom testing will change decision-making, can be performed at 5-7 days post-exposure

^ "Close contact" is defined by the CDC as being within 6 feet of an infected individual for a cumulative time of at least 15 minutes in 24 hours.

FHC = ARUP's Family Health Clinic

The "COVID Exposure and/or Symptom Reporting Tool" ("COVID Tool") can be found at [www.aruplab.com/clinic](http://www.aruplab.com/clinic).

Contact Family Health Clinic (FHC):

Call 801-584-5144 during business hours (M-F 6 am - 5 pm, Sat. 8 am - 4 pm) OR by email at [familyhealthclinic@aruplab.com](mailto:familyhealthclinic@aruplab.com).

If after hours, contact night manager to page on-call healthcare provider.

If experiencing concerning symptoms such as shortness of breath or chest pain, go to the ER.