

Onsite employees who are **SICK**

ANY new or worsening symptoms:

General:

Fever ($\geq 100.4^{\circ}\text{F}$ or 38°C) or chills; Body aches; Fatigue; Headache; Diarrhea

Lower respiratory symptoms:

Cough, shortness of breath, pain with breathing

Upper respiratory symptoms:

Nasal congestion, runny nose, sore throat, loss of taste/smell

Employee **MUST**:

- Stay offsite & notify supervisor
- **Complete the COVID Tool**
- If emergent: go to ER

Clinic orders COVID testing, directs employee to testing site, and helps with symptom management

COVID-19 Positive

COVID-19 Negative

Employee **should**:

- Work with the FHC on symptom management, contact tracings, and return to work guidance
- Work with Supervisor and HR regarding time away from work

Employee **should**:

- Work with the FHC to manage symptoms
- Work with Supervisor and HR regarding time away from work

May return to work when:

- 1) Symptoms are improving and considered "mild"
- AND
- 2) Fever has resolved off medication for at least 24 hours

May return to work when:

- 1) At least 10 days have passed since symptom onset (or test date if asymptomatic)
- AND
- 2) Symptoms are improving and considered "mild"
- AND
- 3) Fever has resolved off medication for at least 24 hours
- AND
- 4) Employee has been cleared by the FHC

The "COVID Exposure and/or Symptom Reporting Tool" ("COVID Tool") can be found at www.aruplab.com/clinic.

Contact Family Health Clinic (FHC):
Call 801-584-5144 during business hours (M-F 6 am - 5 pm, Sat. 8 am - 4 pm) OR by email at familyhealthclinic@aruplab.com.

If after hours, contact night manager to page on-call healthcare provider.
If experiencing concerning symptoms such as shortness of breath or chest pain, go to the ER.