Meet Oshi Health.

An in-network virtual care clinic for digestive issues, without the wait.

Available to you through the Cigna Provider Network. Simply schedule a convenient virtual visit and pay your in–network cost-share.*

Access to next-day virtual visits with a team of gastrointestinal (GI) providers, registered dieticians, and gut-brain specialists. Find lasting relief for symptoms and conditions, including:

- Abdominal Pain and Bloating
- Acid Reflux & Gastroesophageal Reflux Disease (GERD)
- Crohn's Disease and Ulcerative Colitis
- Irritable Bowel Syndrome (IBS)
- Undiagnosed GI Symptoms
- And hundreds of other GI issues



To get started, scan the QR code or visit oshihealth.com/cigna



*Standard copays or coinsurance will apply. Not all groups allow coverage for telemedicine. Please review your Summary Plan Document for more details.

Allegiance by Cigna Healthcare



Care for the whole you.

GI experts treat the root cause of gut health issues, delivering personalized care plans to provide relief.

Clinically proven approach.

Evidence-based methodology helps identify triggers for digestive care issues from proven relief.

Quick, convenient access.

A team of GI experts, there when you need them, including evenings and weekends.



Already work with a GI doctor?

Oshi Health's multidisciplinary experts are available to provide medical, dietary, and gut-brain support between in-person visits.