

## Maternity Management

Personal Support for a Smooth & Healthy Pregnancy

The Allegiance Maternity Management Program offers assistance and support for members who are pregnant at no additional cost. The program provides you with ongoing one-on-one care and expertise throughout your pregnancy.

When you sign up, your personal maternity nurse will be available to share education and resources to ensure a healthy and low-stress pregnancy. After your baby is born, your nurse will continue to be a resource for you during those crucial first few weeks as a new parent.

Everyone's pregnancy, delivery, and postpartum needs and challenges are different. With the Allegiance Maternity Management Program, you can feel secure knowing we're with you every step of the way.



This program is available at no cost to you - in fact, your employer has set up a bonus for participating!

### Incentive

If you register within the first or second trimester of your pregnancy, you will receive a **\$25 gift card** upon completion of the program.

### To Participate

- Register as early in your pregnancy as possible
- Check in with your nurse regularly throughout your pregnancy
- Complete the Post Pregnancy Assessment

Sign up online by completing the enrollment form at [www.askallegiance.com/Resources/MaternityManagementRequest](http://www.askallegiance.com/Resources/MaternityManagementRequest)

For more information, questions, or to enroll by phone, call the Allegiance Care Management Nurse at 1-877-792-7827 ext. 1.