

### MEDICARE COVERAGE OF LABORATORY TESTING

Please remember when ordering laboratory tests that are billed to Medicare/Medicaid or other federally funded programs, the following requirements apply:

1. Only tests that are medically necessary for the diagnosis or treatment of the patient should be ordered. Medicare does not pay for screening tests except for certain specifically approved procedures and may not pay for non-FDA approved tests or those tests considered experimental.
2. If there is reason to believe that Medicare will not pay for a test, the patient should be informed. The patient should then sign an Advance Beneficiary Notice (ABN) to indicate that he or she is responsible for the cost of the test if Medicare denies payment.
3. The ordering physician must provide an ICD-10 diagnosis code or narrative description, if required by the fiscal intermediary or carrier.
4. Organ- or disease-related panels should be billed only when all components of the panel are medically necessary.
5. Both ARUP- and client-customized panels should be billed to Medicare only when every component of the customized panel is medically necessary.
6. Medicare National Limitation Amounts for CPT codes are available through the Centers for Medicare & Medicaid Services (CMS) or its intermediaries. Medicaid reimbursement will be equal to or less than the amount of Medicare reimbursement.

The CPT Code(s) for test(s) profiled in this bulletin are for informational purposes only. The codes reflect our interpretation of CPT coding requirements, based upon AMA guidelines published annually. CPT codes are provided only as guidance to assist you in billing. ARUP strongly recommends that clients reconfirm CPT code information with their local intermediary or carrier. CPT coding is the sole responsibility of the billing party.

The regulations described above are only guidelines. Additional procedures may be required by your fiscal intermediary or carrier.

Hotline Page #	Test Number	Summary of Changes by Test Name	Name Change	Methodology	Performed/Reported Schedule	Specimen Requirements	Reference Interval	Interpretive Data	Note	CPT Code	Component Change	Other Interface Change	New Test	Inactive
59	<a href="#">2013375</a>	Allergen, Food, Milk (Sheep), IgE												x
59	<a href="#">0097911</a>	Allergen, Food, Sugar Cane IgG4												x
59	<a href="#">0097325</a>	Allergen, Food, Yam IgE												x
59	<a href="#">2008601</a>	Allergen, Fungi and Molds, <i>Aspergillus fumigatus</i> IgG												x
59	<a href="#">0090393</a>	Allergen, Fungi and Molds, <i>Trichophyton rubrum</i> IgG												x
59	<a href="#">0055087</a>	Allergen, Mites, <i>Euroglyphus maynei</i> IgE												x
59	<a href="#">0055183</a>	Allergen, Mites, <i>Tyrophagus putrescentiae</i> IgE												x

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9	<a href="#">3000600</a>	Allergens, Inhalants, Southeast Panel IgE											x	
59	<a href="#">0055240</a>	Allergens, Inhalants/Foods, Southeast Profile												x
59	<a href="#">2003418</a>	Alpha-1-Antichymotrypsin (A1ACT) by Immunohistochemistry												x
9	<a href="#">0090161</a>	Amiodarone and Metabolite					x	x						
10	<a href="#">2010075</a>	Amphetamines, Urine, Quantitative					x	x		x	x			
10	<a href="#">0060202</a>	Antimicrobial Susceptibility - Anaerobe			x									
10	<a href="#">2009257</a>	Antimicrobial Susceptibility - Fungal (Yeasts and Molds)							x					
10	<a href="#">0060193</a>	Antimicrobial Susceptibility - <i>Nocardia</i>			x									
11	<a href="#">0060222</a>	Antimicrobial Susceptibility - Viridans <i>Streptococcus</i>			x									
11	<a href="#">0060217</a>	Antimicrobial Susceptibility, AFB/Mycobacteria							x					
12	<a href="#">0050317</a>	<b>Antinuclear</b> Antibodies (ANA), IgG by ELISA with Reflex to ANA <b>HEp-2 Substrate</b> , IgG by IFA and <b>ENA Confirmation</b>	x				x	x		x		x		
13	<a href="#">0050080</a>	<b>Antinuclear</b> Antibodies (ANA), IgG by ELISA with Reflex to ANA, <b>HEp-2 Substrate</b> , IgG by IFA	x			x	x	x				x		
14	<a href="#">3000082</a>	Antinuclear Antibody (ANA) with HEp-2 Substrate, IgG by IFA											x	
15	<a href="#">3000601</a>	Antinuclear Antibody (ANA) with HEp-2 Substrate, IgG by IFA with Reflex by Pattern											x	
59	<a href="#">2008467</a>	Anti-Nuclear Antibody (ANA), IgG by IFA with Reflex by IFA Pattern												x
16	<a href="#">2006540</a>	Aortopathy Panel, Sequencing and Deletion/ <b>Duplication (Pricing Change)</b>	x		x									
59	<a href="#">2007344</a>	Arsenic Analysis, Nails												x
16	<a href="#">0099045</a>	Arsenic, Blood				x	x	x	x					
17	<a href="#">3000876</a>	<i>Aspergillus fumigatus</i> Antibody IgG											x	
59	<a href="#">0097771</a>	<i>Aspergillus fumigatus</i> Antibody, IgG by ELISA												x
59	<a href="#">2005275</a>	Baclofen Quantitative, Fluid												x
18	<a href="#">3000724</a>	B-Cell Acute Lymphocytic Leukemia (B-ALL) Minimum Residual Disease Detection by Flow Cytometry (COG Protocol)											x	
18	<a href="#">0060117</a>	<i>Bordetella pertussis</i> Culture			x									
59	<a href="#">2003472</a>	Breast 2 (GCDFP-15) by Immunohistochemistry												x
19	<a href="#">0025013</a>	Cadmium Exposure Panel - OSHA				x								
19	<a href="#">0099675</a>	Cadmium, Blood				x		x	x					

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20	<a href="#">0092211</a>	Carbamazepine Epoxide and Total		x	x	x		x						
20	<a href="#">2010183</a>	Cardiomyopathy and Arrhythmia Panel, <b>Sequencing and Deletion/Duplication (Pricing Change)</b>	x		x									
59	<a href="#">2003565</a>	CD42b by Immunohistochemistry												x
59	<a href="#">2003592</a>	CD57 by Immunohistochemistry												x
20	<a href="#">2012151</a>	Charcot-Marie-Tooth (CMT) and Related Hereditary Neuropathies Panel, <b>Sequencing (Pricing Change)</b>	x		x				x					
21	<a href="#">2012155</a>	Charcot-Marie-Tooth (CMT) and Related Hereditary Neuropathies, <b>PMP22 Deletion/Duplication with Reflex to Sequencing Panel</b>			x				x					
21	<a href="#">2001551</a>	<i>Chlamydia trachomatis</i> and <i>Neisseria gonorrhoeae</i> by Transcription-Mediated Amplification (TMA), SurePath				x								
21	<a href="#">0097688</a>	Chromosome Analysis - Breakage, Fanconi Anemia, Whole Blood		x										
21	<a href="#">0093399</a>	Circulating Tumor Cell Count				x								
21	<a href="#">0060140</a>	<i>Clostridium difficile</i> Culture with Reflex to Cytotoxin Cell Assay							x	x				
22	<a href="#">2011157</a>	Cobalamin/Propionate/Homocysteine Metabolism Related Disorders Panel, <b>Sequencing and Deletion/Duplication (Pricing Change)</b>	x		x									
22	<a href="#">0050588</a>	<i>Coccidioides</i> Antibodies Panel, Serum by CF, ID, ELISA				x								
22	<a href="#">0050170</a>	<i>Coccidioides</i> Antibody by CF				x								
59	<a href="#">2011616</a>	Colon Cancer Gene Panel, Somatic												x
23	<a href="#">3000480</a>	Comprehensive Systemic Sclerosis Panel											x	
24	<a href="#">3000479</a>	Criteria Systemic Sclerosis Panel											x	
24	<a href="#">2013991</a>	Dermatomyositis Panel			x									
24	<a href="#">2011241</a>	Duchenne/Becker Muscular Dystrophy (DMD) Deletion/Duplication with Reflex to Sequencing			x									
24	<a href="#">2011153</a>	Duchenne/Becker Muscular Dystrophy (DMD) Sequencing <b>(Pricing Change)</b>			x									
59	<a href="#">0050232</a>	Eosinophil Cationic Protein												x
25	<a href="#">3000537</a>	Eosinophil Cationic Protein (ECP)											x	
25	<a href="#">2006336</a>	Exome Sequencing, <b>Proband (Pricing Change)</b>	x		x									
25	<a href="#">2006332</a>	Exome Sequencing, <b>Trio (Pricing Change)</b>	x		x									
25	<a href="#">2008803</a>	Expanded Hearing Loss Panel, <b>Sequencing and Deletion/Duplication (Pricing Change)</b>	x		x									
59	<a href="#">0020156</a>	Fetal Hemoglobin, APT Test												x

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26	<a href="#">3000235</a>	Fungal Antibodies with Reflex to <i>Blastomyces dermatitidis</i> Antibodies by Immunodiffusion				x								
26	<a href="#">2007138</a>	Galectin-3, Serum				x								
59	<a href="#">2001540</a>	Hantavirus Antibodies, IgG and IgM												x
59	<a href="#">2003914</a>	HBME-1 (Mesothelial Cell) by Immunohistochemistry												x
26	<a href="#">0099470</a>	Heavy Metals Panel 3, Blood				x	x		x			x		
27	<a href="#">2011304</a>	Heavy Metals Panel 3, Random Urine with Reflex to Arsenic Fractionated			x	x	x							
28	<a href="#">0099475</a>	Heavy Metals Panel 3, Urine with Reflex to Arsenic Fractionated			x	x	x							
29	<a href="#">0020584</a>	Heavy Metals Panel 4, Blood				x	x		x			x		
30	<a href="#">0020572</a>	Heavy Metals Panel 4, Urine with Reflex to Arsenic Fractionated			x	x	x							
31	<a href="#">0025055</a>	Heavy Metals Panel 6, Urine with Reflex to Arsenic Fractionated			x	x	x							
32	<a href="#">0020221</a>	Hemoglobin, Urine				x								
32	<a href="#">3000863</a>	Hepatitis B Virus (HBV) by Quantitative NAAT												x
33	<a href="#">3000866</a>	Hepatitis B Virus (HBV) by Quantitative NAAT with Reflex to HBV Genotype by Sequencing												x
59	<a href="#">2004722</a>	Hepatitis B Virus (HBV) by Quantitative PCR with Reflex to HBV Genotype by Sequencing												x
59	<a href="#">0056025</a>	Hepatitis B Virus by Quantitative PCR												x
33	<a href="#">2012026</a>	Hereditary Breast and Ovarian Cancer Panel, Sequencing and Deletion/Duplication (Pricing Change)	x		x									
33	<a href="#">2012032</a>	Hereditary Cancer Panel, Sequencing and Deletion/Duplication (Pricing Change)	x		x									
33	<a href="#">2013449</a>	Hereditary Gastrointestinal Cancer Panel, Sequencing and Deletion/Duplication (Pricing Change)	x		x									
34	<a href="#">2012052</a>	Hereditary Hemolytic Anemia Panel Sequencing (Pricing Change)	x		x				x					
34	<a href="#">2009337</a>	Hereditary Hemorrhagic Telangiectasia (HHT) Panel, Sequencing and Deletion/Duplication (Pricing Change)	x		x									
34	<a href="#">2010214</a>	Hereditary Renal Cancer Panel, Sequencing and Deletion/Duplication (Pricing Change)	x		x									
34	<a href="#">0050641</a>	Herpes Simplex Virus Type 1 and/or 2 Antibodies, IgM by ELISA			x									

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34	<a href="#">0050408</a>	Herpes Simplex Virus Type 1 and/or 2 Antibodies, IgM by ELISA, CSF			x									
34	<a href="#">2008848</a>	Holoprosencephaly Panel, Sequencing and Deletion/Duplication (Pricing Change)	x		x									
34	<a href="#">2008863</a>	Holoprosencephaly Panel, Sequencing and Deletion/Duplication, Fetal (Pricing Change)	x		x				x					
35	<a href="#">2012674</a>	Human Immunodeficiency Virus (HIV) Combo Antigen/Antibody (HIV-1/O/2) by CIA, Reflexive Panel		x	x	x	x		x			x		
36	<a href="#">3000871</a>	Human Immunodeficiency Virus 1 (HIV-1) by Quantitative NAAT with Reflex to HIV PhenoSense GT											x	
37	<a href="#">3000870</a>	Human Immunodeficiency Virus 1 (HIV-1) by Quantitative NAAT with Reflex to HIV-1 Genotype by Sequencing											x	
38	<a href="#">3000872</a>	Human Immunodeficiency Virus 1 (HIV-1) by Quantitative NAAT, CSF											x	
39	<a href="#">3000867</a>	Human Immunodeficiency Virus 1 (HIV-1) by Quantitative NAAT, Plasma											x	
59	<a href="#">2010797</a>	Human Immunodeficiency Virus 1 (HIV-1) by Quantitative PCR with Reflex to HIV PhenoSense GT												x
59	<a href="#">2002689</a>	Human Immunodeficiency Virus 1 (HIV-1) by Quantitative PCR with Reflex to HIV-1 Genotype by Sequencing												x
59	<a href="#">0055598</a>	Human Immunodeficiency Virus 1 by Quantitative PCR												x
59	<a href="#">2005375</a>	Human Immunodeficiency Virus Type 1 (HIV-1) Antibody by CIA with Reflex to HIV-1 Antibody Confirmation by Western Blot												x
39	<a href="#">0020284</a>	Human Immunodeficiency Virus Type 1 (HIV-1) Antibody Confirmation by Western Blot			x									
59	<a href="#">2005377</a>	Human Immunodeficiency Virus Types 1 and 2 (HIV-1, HIV-2) Antibodies by CIA with Reflex to HIV-1 Antibody Confirmation by Western Blot												x
40	<a href="#">2012669</a>	Human Immunodeficiency Virus Types 1 and 2 (HIV-1/2) Antibody Differentiation, Supplemental, with Reflex to HIV-1 Quantitative NAAT, Plasma	x	x		x	x		x			x		
41	<a href="#">3000462</a>	Immature PLT Fraction											x	
59	<a href="#">2003957</a>	Immunoglobulin A (IgA) by Immunohistochemistry												x
59	<a href="#">2003966</a>	Immunoglobulin M (IgM) by Immunohistochemistry												x

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41	<a href="#">2008320</a>	Infliximab <b>or Biosimilar</b> Activity and Neutralizing Antibody	x			x								
41	<a href="#">2013612</a>	Infliximab <b>or Biosimilar Activity</b> with Reflex to Antibody	x			x	x							
42	<a href="#">2013993</a>	Interstitial Lung Disease Panel			x		x		x	x	x			
59	<a href="#">0080940</a>	Lamellar Body Counts												x
59	<a href="#">2007346</a>	Lead Analysis, Hair												x
43	<a href="#">0020745</a>	Lead, Blood (Capillary)				x		x						
44	<a href="#">0020098</a>	Lead, Blood (Venous)				x		x						
45	<a href="#">0025016</a>	Lead, Industrial Exposure Panel, Adults				x		x						
46	<a href="#">2011482</a>	Lead, Random Urine				x	x	x						
46	<a href="#">0025060</a>	Lead, Urine				x	x							
47	<a href="#">0060113</a>	<i>Legionella</i> Species, Culture			x									
47	<a href="#">0060158</a>	<i>Leptospira</i> Culture			x									
59	<a href="#">0091351</a>	Levodopa Quantitative, Serum or Plasma												x
47	<a href="#">0080503</a>	Lipoprotein Electrophoresis								x				
47	<a href="#">0050119</a>	Lupus Comprehensive Reflexive Panel										x		
59	<a href="#">2005848</a>	MDM2 by Immunohistochemistry												x
47	<a href="#">0051205</a>	Medium Chain Acyl-CoA Dehydrogenase ( <i>ACADM</i> ) 2 Mutations			x									
59	<a href="#">0091110</a>	Mephenytoin and Metabolite Quantitative, Serum or Plasma												x
48	<a href="#">2011481</a>	Mercury, Random Urine				x	x	x	x					
49	<a href="#">0025050</a>	Mercury, Urine				x	x	x						
50	<a href="#">0099305</a>	Mercury, Whole Blood				x	x	x	x			x		
59	<a href="#">2002928</a>	Metformin Quantitation, Urine												x
50	<a href="#">2011539</a>	Mexiletine, Serum or Plasma					x	x						
50	<a href="#">2006065</a>	Mitochondrial Disorders (mtDNA) Sequencing ( <b>Pricing Change</b> )			x									
51	<a href="#">2006054</a>	Mitochondrial Disorders Panel (mtDNA Sequencing, Nuclear Genes Sequencing, and Deletion/Duplication) ( <b>Pricing Change</b> )			x				x					
51	<a href="#">2013961</a>	Myositis Extended Panel			x									
59	<a href="#">0091346</a>	Naproxen, Serum or Plasma												x
59	<a href="#">0091099</a>	Naproxen, Urine												x
51	<a href="#">0060093</a>	<i>Nocardia</i> Culture and Gram Stain			x									

Quarterly HOTLINE: Effective November 12, 2018

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51	<a href="#">2010772</a>	Noonan Spectrum Disorders Panel, <b>Sequencing (Pricing Change)</b>	x		x									
51	<a href="#">2010769</a>	Noonan Spectrum Disorders Panel, <b>Sequencing, Fetal (Pricing Change)</b>	x		x									
59	<a href="#">0050639</a>	Nuclear Antibody (ANA) by IFA, IgG												x
52	<a href="#">3000496</a>	PanFungal Identification by Sequencing											x	
52	<a href="#">2007370</a>	Periodic Fever Syndromes Panel, <b>Sequencing and Deletion/Duplication (Pricing Change)</b>	x		x									
59	<a href="#">2011555</a>	Perphenazine, Serum or Plasma												x
52	<a href="#">2013992</a>	Polymyositis and Dermatomyositis Panel			x									
52	<a href="#">2013990</a>	Polymyositis Panel			x									
52	<a href="#">2011156</a>	Primary Antibody Deficiency Panel, <b>Sequencing and Deletion/Duplication (Pricing Change)</b>	x		x									
59	<a href="#">2004106</a>	Procollagen I by Immunohistochemistry												x
53	<a href="#">3000712</a>	Propafenone Quantitation, Serum or Plasma											x	
59	<a href="#">2011561</a>	Propafenone, Serum or Plasma												x
53	<a href="#">3000240</a>	Prostaglandin D2 (PG D2), Urine				x								
54	<a href="#">3000134</a>	Prostate Health Index											x	
54	<a href="#">2008095</a>	14-3-3 Protein Tau/Theta, CSF								x				
55	<a href="#">2009345</a>	Pulmonary Arterial Hypertension (PAH) Panel, <b>Sequencing and Deletion/Duplication (Pricing Change)</b>	x		x									
55	<a href="#">2012849</a>	Rapid Mendelian Genes Sequencing Panel, Trio											x	
55	<a href="#">2007085</a>	Retinitis Pigmentosa/Leber Congenital Amaurosis Panel, <b>Sequencing and Deletion/Duplication (Pricing Change)</b>	x		x									
59	<a href="#">0091077</a>	Silicon, Urine												x
56	<a href="#">2012015</a>	Skeletal Dysplasia Panel, <b>Sequencing and Deletion/Duplication (Pricing Change)</b>	x		x									
56	<a href="#">2012010</a>	Skeletal Dysplasia Panel, <b>Sequencing and Deletion/Duplication, Fetal (Pricing Change)</b>	x		x									
56	<a href="#">2007991</a>	Solid Tumor Mutation Panel by Next Generation Sequencing								x				
56	<a href="#">3000714</a>	Sotalol Quantitation, Serum/Plasma											x	
59	<a href="#">2011757</a>	Sotalol, Serum or Plasma												x
56	<a href="#">0050725</a>	<i>Streptococcus pneumoniae</i> Antibodies, IgG (14 Serotypes)			x									
59	<a href="#">2013325</a>	Systemic Sclerosis Comprehensive Panel												x

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59	<a href="#">2012057</a>	Systemic Sclerosis Panel												x
60	<a href="#">2004160</a>	Tartrate-Resistant Acid Phosphatase (TRAP) by Immunohistochemistry												x
57	<a href="#">0025019</a>	Thallium, Urine			x	x	x							
60	<a href="#">2011783</a>	Thiothixene, Serum or Plasma												x
60	<a href="#">0091566</a>	Trichloroacetic Acid Quantitative, Serum or Plasma												x
57	<a href="#">2007384</a>	Vascular Malformations Panel, Sequencing and Deletion/ <b>Duplication (Pricing Change)</b>	x		x									
57	<a href="#">0092628</a>	Voltage-Gated Calcium Channel (VGCC) Antibody				x								
58	<a href="#">3000721</a>	Ziprasidone Quantitation, Serum or Plasma											x	
60	<a href="#">2007955</a>	Ziprasidone, Serum or Plasma												x



Quarterly HOTLINE: Effective **November 12, 2018**

**New Test**     **3000600**     **Allergens, Inhalants, Southeast Panel IgE**     **SE INH PAN**  
 Available Now  
[Click for Pricing](#)

**Methodology:** Quantitative ImmunoCAP Fluorescent Enzyme Immunoassay  
**Performed:** Sun-Sat  
**Reported:** 1-2 days

**Specimen Required:** Patient Prep: Multiple patient encounters should be avoided.  
Collect: Serum Separator Tube (SST). Multiple specimen tubes should be avoided.  
Specimen Preparation: Separate from cells ASAP or within 2 hours of collection. Transfer 1.7 mL serum to an ARUP Standard Transport Tube. (Min: 0.8 mL)  
Storage/Transport Temperature: Refrigerated.  
Unacceptable Conditions: Hemolyzed, icteric, or lipemic specimens.  
Stability (collection to initiation of testing): After separation from cells: Ambient: 48 hours; Refrigerated: 2 weeks; Frozen: 1 year

**Reference Interval:** Allergens included: *Alternaria alternata (tenuis)*, *Aspergillus fumigatus*, Bermuda Grass, *Candida albicans*, Cat Epithelium & Dander, Common/Short Ragweed, *D. farinae* (Mites), Dog Dander, English Plantain, *Horrodendrum (Cladosporium)*, House Dust Greer, Meadow Fescue, Oak Tree, *Penicillium notatum*, White Pine tree.

Reporting Range (reported in kU/L)	Probability of IgE Mediated Clinical Reaction	Class Scoring
Less than 0.10	No significant level detected	0
0.10 - 0.34	Clinical relevance undetermined	0/1
0.35 - 0.70	Low	1
0.71 - 3.50	Moderate	2
3.51 - 17.50	High	3
17.51 - 50.00	Very high	4
50.01 - 100.00	Very high	5
Greater than 100.00	Very high	6

**Interpretive Data:** Allergen results of 0.10-0.34 kU/L are intended for specialist use as the clinical relevance is undetermined. Even though increasing ranges are reflective of increasing concentrations of allergen-specific IgE, these concentrations may not correlate with the degree of clinical response or skin testing results when challenged with a specific allergen. The correlation of allergy laboratory results with clinical history and in vivo reactivity to specific allergens is essential. A negative test may not rule out clinical allergy or even anaphylaxis.

**CPT Code(s):** 86003 x15

New York DOH Approved.

**HOTLINE NOTE:** Refer to the Test Mix Addendum for interface build information.

**0090161**     **Amiodarone and Metabolite**     **AMIOD**

**Reference Interval:**  
 Effective **November 12, 2018**

Therapeutic Range	0.5-2.0 µg/mL
Toxic Level	Greater than 3.0 µg/mL

**Interpretive Data:** Toxic concentrations may exacerbate arrhythmias, cause liver and lung toxicity, and thyroid dysfunction. The concentration of desethylamiodarone, an active major metabolite, is also reported but no therapeutic range is established. At steady-state, the metabolite concentration is similar to the amiodarone concentration.

See Compliance Statement B: [www.aruplab.com/CS](http://www.aruplab.com/CS)

**2010075**

**Amphetamines, Urine, Quantitative**

**AMPS UR**

**Reference Interval:**

Effective November 12, 2018

Drugs Covered	Cutoff Concentrations
Amphetamine	50 ng/mL
Methamphetamine	200 ng/mL
Methylenedioxyamphetamine (MDA)	200 ng/mL
Methylenedioxymethamphetamine (Ecstasy, MDMA)	200 ng/mL
Methylenedioxyethylamphetamine (Eve, MDEA)	200 ng/mL
Phentermine	200 ng/mL

**Interpretive Data:**

**Methodology:** Quantitative Liquid Chromatography-Tandem Mass Spectrometry.

**Positive cutoff:** 200 ng/mL unless specified below:

Amphetamine 50 ng/mL

For medical purposes only; not valid for forensic use.

The absence of expected drug(s) and/or drug metabolite(s) may indicate non-compliance, inappropriate timing of specimen collection relative to drug administration, poor drug absorption, diluted/adulterated urine, or limitations of testing. The concentration value must be greater than or equal to the cutoff to be reported as positive. Interpretive questions should be directed to the laboratory.

See Compliance Statement B: [www.aruplab.com/CS](http://www.aruplab.com/CS)

**CPT Code(s):** 80325; 80359 (Alt code: G0480)

**HOTLINE NOTE:** There is a component change associated with this test.

Add component 2010082, Phentermine, Urn, Quant

**0060202**

**Antimicrobial Susceptibility - Anaerobe**

**MA ANA**

**Performed:** Sun-Sat

**Reported:** 4-6 days

**2009257**

**Antimicrobial Susceptibility - Fungal (Yeasts and Molds)**

**MA FUNGAL**

**Note: Vitreal Penetration:** NOT expected for the echinocandins.

**CSF Penetration:** NOT expected for the echinocandins.

**Urine Penetration:** ONLY fluconazole and flucytosine (note that the lack of detectable urine concentrations does not necessarily preclude use of other drugs when the infection involves the renal parenchyma.)

Selective reporting by organism and source. The following antifungal agents are tested: Amphotericin B, anidulafungin, caspofungin, fluconazole, 5-fluorocytosine, itraconazole, isavuconazole, micafungin, posaconazole, and voriconazole.

Susceptibility testing for dermatophytes and dimorphic fungi is not performed at ARUP. If requested, isolates will be sent to the Fungus Testing Laboratory, San Antonio, TX. Specify agents to be tested on the susceptibility test requisition form.

Testing is not performed on isolates from environmental sources.

An additional processing fee will be billed for all organisms not submitted in pure culture, as indicated in the specimen requirements.

If species identification is not provided, identification will be performed at ARUP. Additional charges apply.

An additional charge will be added for drug requests that are not tested at ARUP and require sendout

**0060193**

**Antimicrobial Susceptibility - Nocardia**

**MA NOC**

**Performed:** Sun-Sat

**Reported:** 4-7 days

Quarterly HOTLINE: Effective **November 12, 2018**

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**0060222**

**Antimicrobial Susceptibility - Viridans *Streptococcus***

**MA VIRS**

**Performed:** Sun-Sat  
**Reported:** 2-4 days

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**0060217**

**Antimicrobial Susceptibility, AFB/Mycobacteria**

**MA AFB**

**Note:** AFB susceptibility testing is billed at the panel level. Charges will vary based on organism identified. An additional handling fee will be billed for all organisms submitted that are not in pure culture as indicated in the specimen requirements. If species identification is not provided, identification will be performed at ARUP. Additional charges apply.

An additional charge will be added for drug requests that are not tested at ARUP and require sendout.

**0050317**

**Antinuclear Antibodies (ANA), IgG by ELISA with Reflex to ANA HEP-2 Substrate, IgG by IFA and ENA Confirmation**

**ANA REF**

**Reference Interval:**

Effective November 12, 2018

Test Number	Components	Reference Interval
0050080	Antinuclear Antibodies (ANA), IgG by ELISA with Reflex to ANA, HEP-2 Substrate, IgG by IFA	Effective November 12, 2018
		Test Number    Components    Reference Interval
		3000082    Antinuclear Antibody (ANA), HEP-2, IgG    Less than 1:80
0050215	Double-Stranded DNA (dsDNA) Antibody, IgG by ELISA with Reflex to dsDNA Antibody, IgG by IFA	Effective August 20, 2012
		Test Number    Components    Reference Interval
		2002693    Double-Stranded DNA (dsDNA) Antibody, IgG by IFA (using <i>Crithidia luciliae</i> )    Less than 1:10
0050470	RNP (U1) (Ribonucleic Protein) (ENA) Antibody, IgG	29 AU/mL or less    Negative
		30-40 AU/mL    Equivocal
		41 AU/mL or greater    Positive
0050599	Scleroderma (Scl-70) (ENA) Antibody, IgG	29 AU/mL or less    Negative
		30-40 AU/mL    Equivocal
		41 AU/mL or greater    Positive
0050085	Smith (ENA) Antibody, IgG	29 AU/mL or less    Negative
		30-40 AU/mL    Equivocal
		41 AU/mL or greater    Positive
2012074	SSA 52 and 60 (Ro) (ENA) Antibodies, IgG	Test Number    Components    Reference Interval
		SSA-52 (Ro52) (ENA) Antibody, IgG    29 AU/mL or Less: Negative 30-40 AU/mL: Equivocal 41 AU/mL or greater: Positive
		SSA-60 (Ro60) (ENA) Antibody, IgG    29 AU/mL or Less: Negative 30-40 AU/mL: Equivocal 41 AU/mL or greater: Positive
0050692	SSB (La) (ENA) Antibody, IgG	29 AU/mL or less    Negative
		30-40 AU/mL    Equivocal
		41 AU/mL or greater    Positive
0099592	Jo-1 Antibody, IgG	29 AU/mL or less    Negative
		30-40 AU/mL    Equivocal
		41 AU/mL or greater    Positive

**Interpretive Data: Antinuclear Antibodies (ANA), IgG by ELISA:** ANA specimens are screened using enzyme-linked immunosorbent assay (ELISA) methodology. All ELISA results reported as detected are further tested by indirect fluorescent assay (IFA) using HEP-2 substrate with an IgG-specific conjugate. The ANA ELISA screen is designed to detect antibodies against dsDNA, histone, SS-A (Ro), SS-B (La), Smith, snRNP/Sm, Scl-70, Jo-1, centromere, and an extract of lysed HEP-2 cells. ANA ELISA assays have been reported to have lower sensitivities than ANA IFA for systemic autoimmune rheumatic diseases (SARD).

Negative results do not necessarily rule out SARD.

**Note:** ANA lacks diagnostic specificity, and is associated with in variety diseases (cancers, autoimmune, infectious, and inflammatory conditions) and occurs in healthy individuals in varying prevalence. The lack of diagnostic specificity requires confirmation of positive ANA by more-specific serologic tests, which may be guided by the pattern(s) observed.

Specimens are screened for ANA using ELISA. If ANA IgG is detected by ELISA, then **Antinuclear Antibody (ANA), HEP-2, IgG by IFA** will be added. If ANA, IgG by IFA is confirmed positive with a titer of 1:80 or greater, then a titer and pattern will be reported. In addition, samples positive for ANA, IgG by IFA will reflex to Double-Stranded DNA (dsDNA) Antibody, IgG by ELISA, **Jo-1 Antibody, IgG**, RNP (U1) (Ribonucleic Protein) (ENA) Antibody, IgG, **Scleroderma (Scl-70) (ENA) Antibody, IgG**, Smith (ENA) Antibody, IgG, SSA 52 and 60 (Ro) (ENA) Antibodies, IgG, and SSB (La) (ENA) Antibody, IgG. If Double-Stranded DNA (dsDNA) Antibody, IgG by ELISA is detected, then Double-Stranded DNA (dsDNA) Antibody, IgG by IFA (using *Crithidia luciliae*) will be added. Additional charges apply.

ANA determined by indirect fluorescence assay (IFA) use HEP-2 substrate and IgG-specific conjugate at a screening dilution of 1:80. If positive, patterns reported include homogeneous, speckled, centromere, nucleolar, nuclear dots, or cytoplasmic. All positive results are reported with endpoint titers.

**CPT Code(s):** 86038; if reflexed, add 86039; if reflexed, add 86235 x7 and 86225; if reflexed, add 86256

**HOTLINE NOTE: There is a reflexive pattern change associated with this test.**

Add reflex to 3000082, Antinuclear Antibody (ANA), HEP-2, IgG  
Add reflex to 0050599, Scleroderma (Scl-70) (ENA) Antibody, IgG

Add reflex to 0099592, Jo-1 Antibody, IgG  
Remove reflex to 0050639, ANA by IFA, IgG

Quarterly HOTLINE: Effective November 12, 2018

**0050080**

**Antinuclear Antibodies (ANA), IgG by ELISA with Reflex to ANA, HEp-2 Substrate, IgG by IFA**

**ANA**

**Specimen Required:** Collect: Serum Separator Tube (SST).

Specimen Preparation: Separate serum from cells ASAP or within 2 hours of collection. Transfer 0.5 mL serum to an ARUP Standard Transport Tube. (Min: 0.3 mL)

Storage/Transport Temperature: Refrigerated.

Unacceptable Conditions: Non-serum, heat inactivated, grossly hemolyzed and severely lipemic specimens.

Stability (collection to initiation of testing): After separation from cells: Ambient: 48 hours; Refrigerated: 2 weeks; Frozen: 1 year (avoid repeated freeze/thaw cycles)

**Reference Interval:**

Effective November 12, 2018

Test Number	Components	Reference Interval
	Antinuclear Antibodies (ANA), IgG by ELISA	None Detected
3000082	Antinuclear Antibody (ANA), HEp-2, IgG	Less than 1:80

**Interpretive Data:** Antinuclear Antibodies (ANA), IgG by ELISA: ANA specimens are screened using enzyme-linked immunosorbent assay (ELISA) methodology. All ELISA results reported as Detected are further tested by indirect fluorescent assay (IFA) using HEp-2 substrate with an IgG-specific conjugate. The ANA ELISA screen is designed to detect antibodies against dsDNA, histone, SS-A (Ro), SS-B (La), Smith, snRNP/Sm, Scl-70, Jo-1, centromere, and an extract of lysed HEp-2 cells. ANA ELISA assays have been reported to have lower sensitivities than ANA IFA for systemic autoimmune rheumatic diseases (SARD).

Negative results do not necessarily rule out SARD.

**Note:** ANA lacks diagnostic specificity, and is associated with a variety of diseases (cancers, autoimmune, infectious, and inflammatory conditions) and occurs in healthy individuals in varying prevalence. The lack of diagnostic specificity requires a confirmation of positive ANA by more-specific serologic tests, which may be guided by the pattern(s) observed.

If ANA are detected by ELISA, then Antinuclear Antibody (ANA), HEp-2, IgG by IFA will be added. Additional charges apply

ANA determined by indirect fluorescence assay (IFA) use HEp-2 substrate and IgG-specific conjugate at a screening dilution of 1:80. If positive, patterns reported include homogeneous, speckled, centromere, nucleolar, nuclear dots, or cytoplasmic. All positive results are reported with endpoint titers.

**HOTLINE NOTE:** There is a reflexive pattern change associated with this test.

Add reflex to 3000082, Antinuclear Antibody (ANA), HEp-2, IgG

Remove reflex to 0050639, ANA by IFA, IgG

**New Test**    [3000082](#)    **Antinuclear Antibody (ANA) with HEp-2 Substrate, IgG by IFA**    **ANA IFA AB**  
[Click for Pricing](#)



Additional Technical Information

**Methodology:** Semi-Quantitative Indirect Fluorescent Antibody  
**Performed:** Sun-Sat  
**Reported:** 1-3 days

**Specimen Required:** Collect: Serum Separator Tube (SST).  
Specimen Preparation: Separate from cells ASAP or within 2 hours of collection. Transfer 1 mL serum to an ARUP Standard Transport Tube. (Min: 0.15 mL)  
Storage/Transport Temperature: Refrigerated.  
Unacceptable Conditions: Plasma. Contaminated, hemolyzed, or severely lipemic specimens.  
Stability (collection to initiation of testing): After separation from cells: Ambient: 48 hours; Refrigerated: 2 weeks; Frozen: 1 year (avoid repeated freeze/thaw cycles)

**Reference Interval:** Less than 1:80

**Interpretive Data:** Presence of antinuclear antibodies (ANA) is a hallmark feature of systemic autoimmune rheumatic diseases (SARD). ANA lacks diagnostic specificity and is associated with a variety of diseases (cancers, autoimmune, infectious, and inflammatory conditions) and may also occur in healthy individuals in varying prevalence. The lack of diagnostic specificity requires confirmation of positive ANA by more-specific serologic tests. Diagnosis may be aided by the pattern(s) observed.

Negative results do not necessarily rule out SARD.

**Note:** ANA are determined by indirect fluorescence assay (IFA) using HEp-2 substrate and IgG-specific conjugate at a screening dilution of 1:80. If positive, patterns reported include homogeneous, speckled, centromere, nucleolar, nuclear dots, or cytoplasmic. All positive results are reported with endpoint titers.

**CPT Code(s):** 86039

New York DOH Approved.

**HOTLINE NOTE:** Refer to the Test Mix Addendum for interface build information.

**New Test**     [3000601](#)     **Antinuclear Antibody (ANA) with HEp-2 Substrate, IgG by IFA**     **ANA AB PAT**  
**with Reflex by Pattern**

[Click for Pricing](#)



**Additional Technical Information**

**Methodology:** Semi-Quantitative Indirect Fluorescent Antibody/Qualitative Enzyme-Linked Immunosorbent Assay/Semi-Quantitative Enzyme-Linked Immunosorbent Assay/Semi-Quantitative Multiplex Bead Assay/Qualitative Immunoblot  
**Performed:** Sun-Sat  
**Reported:** 1-8 days

**Specimen Required:** Collect: Serum Separator Tube (SST).  
Specimen Preparation: Separate serum from cells ASAP or within 2 hours of collection. Transfer 1 mL serum to an ARUP Standard Transport Tube. (Min: 0.6 mL)  
Storage/Transport Temperature: Refrigerated  
Unacceptable Conditions: Non-serum specimens. Contaminated, grossly hemolyzed, heat-inactivated, severely lipemic specimens.  
Stability (collection to initiation of testing): After separation from cells: Ambient: 48 hours; Refrigerated: 2 weeks; Frozen: 1 year (avoid repeated freeze/thaw cycles)

**Reference Interval:**

Test Number	Components	Reference Interval		
3000082	Antinuclear Antibody (ANA), HEp-2, IgG	Less than 1:80		
2003040	PM/Scl-100 Antibody, IgG by Immunoblot	Negative		
2012173	Fibrillarin (U3 RNP) Antibody, IgG	Negative		
0050215	Double-Stranded DNA (dsDNA) Antibody, IgG by ELISA with Reflex to dsDNA Antibody, IgG by IFA	Test Number	Components	Reference Interval
			Double-Stranded DNA (dsDNA) Antibody, IgG by ELISA	None Detected.
		2002693	Double-Stranded DNA (dsDNA) Antibody, IgG by IFA (using Crithidia luciliae)	Less than 1:10
2005287	Chromatin Antibody, IgG	19 Units or less	Negative	
		20-60 Units	Moderate Positive	
		61 Units or greater	Strong Positive	
2001601	RNA Polymerase III Antibody, IgG	19 Units or less	Negative	
		20-39 Units	Weak Positive	
		40-80 Units	Moderate Positive	
		81 Units or greater	Strong Positive	
0050599	Scleroderma (Scl-70) (ENA) Antibody, IgG	29 AU/mL or less	Negative	
		30-40 AU/mL	Equivocal	
		41 AU/mL or greater	Positive	
0050470	RNP (U1) (Ribonucleic Protein) (ENA) Antibody, IgG	29 AU/mL or less	Negative	
		30-40 AU/mL	Equivocal	
		41 AU/mL or greater	Positive	
0050085	Smith (ENA) Antibody, IgG	29 AU/mL or less	Negative	
		30-40 AU/mL	Equivocal	
		41 AU/mL or greater	Positive	
2012074	SSA 52 and 60 (Ro) (ENA) Antibodies, IgG	Test Number	Components	Reference Interval
			SSA-52 (Ro52) (ENA) Antibody, IgG	29 AU/mL or Less: Negative 30-40 AU/mL: Equivocal 41 AU/mL or greater: Positive
			SSA-60 (Ro60) (ENA) Antibody, IgG	29 AU/mL or Less: Negative 30-40 AU/mL: Equivocal 41 AU/mL or greater: Positive
0050692	SSB (La) (ENA) Antibody, IgG	29 AU/mL or less	Negative	
		30-40 AU/mL	Equivocal	
		41 AU/mL or greater	Positive	

**Interpretive Data:** Refer to report.

Quarterly HOTLINE: Effective November 12, 2018

**Note:** The Antinuclear Antibody (ANA), IgG by IFA with Reflex by IFA Pattern begins with Nuclear Antibody (ANA) by IFA, IgG. Depending on findings, one or more reflexive tests may be required. Tests added may include Double-Stranded DNA (dsDNA) Antibody, IgG by ELISA; Double-Stranded DNA (dsDNA) Antibody, IgG by IFA (using Crithidia luciliae); Chromatin Antibody, IgG; RNP (U1) (Ribonucleic Protein) (ENA) Antibody, IgG; Fibrillarin (U3 RNP) Antibody, IgG; Smith (ENA) Antibody, IgG; SSA 52 (Ro) (ENA) Antibody, IgG; SSA 60 (Ro) (ENA) Antibody, IgG; SSB (La) (ENA) Antibody, IgG; Scleroderma (Scl-70) (ENA) Antibody, IgG; PM/Scl-100 Antibody, IgG, by Immunoblot; and/or RNA Polymerase III Antibody, IgG. Additional charges apply.

ANA determined by indirect fluorescence assay (IFA) use HEp-2 substrate and IgG-specific conjugate at a screening dilution of 1:80. If positive, patterns reported include homogeneous, speckled, centromere, nucleolar, nuclear dots, or cytoplasmic. All positive results are reported with endpoint titers.

**CPT Code(s):** 86039; if homogenous or speckled pattern add 86235 x6, 86225, and 83516; if reflexed add 86256; If nucleolar pattern add 86235 x3 and 83516

New York DOH Approved.

**HOTLINE NOTE:** Refer to the Test Mix Addendum for interface build information.

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**2006540**      **Aortopathy Panel, Sequencing and Deletion/Duplication**      **AORT PANEL**

**Performed:** Varies  
**Reported:** 3-6 weeks

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.

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**0099045**      **Arsenic, Blood**      **ARS B**

**Specimen Required:** Patient Prep: Diet, medication, and nutritional supplements may introduce interfering substances. Patient should be encouraged to discontinue nutritional supplements, vitamins, minerals, and non-essential over-the-counter medications (upon the advice of their physician) and avoid shellfish and seafood for 48 to 72 hours.

Collect: Royal blue (K<sub>2</sub>EDTA or Na<sub>2</sub>EDTA).

Specimen Preparation: Transport 7 mL whole blood in the original collection tube. (Min: 0.5 mL)

Storage/Transport Temperature: Room temperature. Also acceptable: Refrigerated.

Remarks: Trace Elements requisition form may be required (ARUP form #32990).

Unacceptable Conditions: Specimens collected in tubes other than Royal Blue (EDTA). Specimens transported in containers other than Royal Blue (EDTA) tube or Trace Element-Free Transport Tube. Heparin anticoagulant. Clotted specimens.

Stability (collection to initiation of testing): Ambient: Indefinitely; Refrigerated: Indefinitely; Frozen: Unacceptable

**Reference Interval:**  
 Effective November 12, 2018  
 0.0-12.0 µg/L

**Interpretive Data:** Elevated results may be due to skin or collection-related contamination, including the use of a noncertified metal-free collection/transport tube. If contamination concerns exist due to elevated levels of blood arsenic, confirmation with a second specimen collected in a certified metal-free tube is recommended.

Potentially toxic ranges for blood arsenic: Greater than or equal to 600 µg/L.

Blood arsenic is for the detection of recent exposure poisoning only. Blood arsenic levels in healthy subjects vary considerably with exposure to arsenic in the diet and the environment. A 24-hour urine arsenic is useful for the detection of chronic exposure.

See Compliance Statement B: [www.aruplab.com/CS](http://www.aruplab.com/CS)

**HOTLINE NOTE:** Remove information found in the Note field.



Quarterly HOTLINE: Effective November 12, 2018

**New Test**     [3000876](#)  
[Click for Pricing](#)

*Aspergillus fumigatus* Antibody IgG

**ASPERF IGG**

**Methodology:** Quantitative ImmunoCAP Fluorescent Enzyme Immunoassay  
**Performed:** Sun  
**Reported:** 1-8 days

**Specimen Required:** Collect: Serum Separator Tube (SST).

Specimen Preparation: Separate from cells ASAP or within 2 hours of collection. Transfer 0.5 mL serum to an ARUP Standard Transport Tube. (Min: 0.2 mL)

Storage/Transport Temperature: Refrigerated.

Unacceptable Conditions: Hemolyzed, icteric, or lipemic specimens.

Stability (collection to initiation of testing): After separation from cells: Ambient: 48 hours; Refrigerated: 2 weeks; Frozen: 1 year

**Reference Interval:**

0.00-90.00 mcg/mL	Negative - No significant level of <i>A. fumigatus</i> IgG antibody detected.
90.01-99.99 mcg/mL	Equivocal - Questionable presence of <i>A. fumigatus</i> IgG antibody.
100.00 mcg/mL or greater	Positive - <i>A. fumigatus</i> IgG antibody detected. A positive result satisfies a single criterion in the determination of allergic bronchopulmonary aspergillosis (ABPA).

**Interpretive Data:** See Compliance Statement B: [www.aruplab.com/CS](http://www.aruplab.com/CS)

**CPT Code(s):** 86606

New York DOH Approved.

**HOTLINE NOTE:** Refer to the Test Mix Addendum for interface build information.

Quarterly HOTLINE: Effective **November 12, 2018**

**New Test**

[3000724](#)

**B-Cell Acute Lymphocytic Leukemia (B-ALL) Minimum Residual Disease Detection by Flow Cytometry (COG Protocol) B-ALL MRD**

[Click for Pricing](#)



Time Sensitive



Additional Technical Information

**Methodology:** Flow Cytometry  
**Performed:** Sun-Sat  
**Reported:** 1-2 days

**Specimen Required:** Collect: Bone marrow. Whole blood: Green (Sodium Heparin) or Lavender (EDTA).  
Specimen Preparation: Transport 2 mL heparinized bone marrow (Min: 1.0 mL\*) **OR** 3 mL whole blood (Min: 1mL\*)  
Storage/Transport Temperature: Room temperature. Also acceptable: Refrigerated. **Specimen should be received within 24 hours of collection for optimal cell viability.**  
Remarks: Provide specimen source, CBC, Wright stained smear (if available), clinical history, differential diagnosis.  
**Follow up:** If previous leukemia/lymphoma phenotyping was performed at another lab, the outside flow cytometry report and histograms (if possible) should accompany the specimen.  
Unacceptable Conditions: Clotted or hemolyzed specimens.  
Stability (collection to initiation of testing): Ambient: 48 hours; Refrigerated: 48 hours; Frozen: Unacceptable

**Reference Interval:** By Report

**Interpretive Data:** Refer to report.  
 See Compliance Statement A: [www.aruplab.com/CS](http://www.aruplab.com/CS)

**Note:** This assay is a minimal residual disease assessment of B-ALL by flow cytometry.

Available Markers\*: CD3, CD9, CD10, CD13, CD19, CD20, CD33, CD34, CD38, CD45, CD58, CD71, Syto 16

\*Not all markers will be reported in all cases.

DAY 8 Peripheral Blood sample will have CD10, CD19, CD20, CD34, CD45, and Syto 16 run and reported. (6 markers total).

Day 29 Bone Marrow sample will have CD3, CD9, CD10, CD13, CD19, CD20, CD33, CD34, CD38, CD45, CD58, CD71, Syto 16 run and reported. (13 markers total).

The report will include a pathologist interpretation and a marker interpretation range corresponding to CPT codes of 2-8 markers, 9-15 markers interpreted. Charges apply per marker.

**CPT Code(s):** 88184; 88185; each additional marker 88187 or 88188.

New York DOH approval pending. Call for status update.

**HOTLINE NOTE:** Refer to the Test Mix Addendum for interface build information.

[0060117](#)

***Bordetella pertussis Culture***

**MC PERT**

**Performed:** Sun-Sat  
**Reported:** Within 8 days  
 Preliminary: as soon as positive detected; Final: Negative at 7 days

**0025013**

**Cadmium Exposure Panel - OSHA**

**CD EXP**

**Specimen Required:** Patient Prep: To avoid contamination, please collect specimens at the beginning of work shift. Blood and urine should be collected the same day.

**Urine:** Diet, medication, and nutritional supplements may introduce interfering substances. Patients should be encouraged to discontinue nutritional supplements, vitamins, minerals, and non-essential over-the-counter medications (upon the advice of their physician). High concentrations of iodine may interfere with elemental testing. Collection of urine specimens from patients receiving iodinated or gadolinium-based contrast media should be avoided for a minimum of 72 hours post-exposure. Collection from patients with impaired kidney function should be avoided for a minimum of 14 days post contrast media exposure.

Collect: Royal blue (K<sub>2</sub>EDTA or Na<sub>2</sub>EDTA) **AND** minimum 40 mL urine using spot technique (single void) in an open-top urine collection cup.

Specimen Preparation: Transfer specimens to the appropriate transport device using the Cadmium exposure kit, ARUP supply #16450, available online through eSupply using ARUP Connect™ or by contacting ARUP Client Services at (800) 522-2787.

**Blood:** Transport 7 mL whole blood in the original collection tube. (Min: 0.5 mL)

**Urine for Beta-2-Microglobulin:** Transfer 3 mL aliquot from original urine collection to an ARUP Standard Transport Tube. Adjust the pH of this specimen immediately after pouring off collection, so the pH is between 6 and 8. Use 1M HCl or 5 percent NaOH to adjust the urine pH. Label tube as β2 Microglobulin. Freeze within one hour of collection.

**Urine for Cadmium:** Transfer 7 mL aliquot from original urine collection to ARUP Trace Element-Free Transport Tubes (ARUP supply #43116). Available online through eSupply using ARUP Connect™ or by contacting ARUP Client Services at (800) 522-2787. (Min: 0.5 mL) Label tube as Cadmium.

**Urine for Creatinine:** Transfer 2 mL aliquot from original urine collection to an ARUP Standard Transport Tube. (Min: 0.5 mL) Label tube as Creatinine.

Storage/Transport Temperature: **Blood:** Refrigerated.

**Urine for Beta-2-Microglobulin:** Frozen

**Urine for Cadmium:** Refrigerated.

**Urine for Creatinine:** Refrigerated.

Remarks: Trace Elements requisition form may be required (ARUP form #32990).

Unacceptable Conditions: **Blood:** Specimens collected in tubes other than Royal Blue (EDTA). Specimens transported in containers other than Royal Blue (EDTA) tube or Trace Element-Free Transport Tube. Heparin anticoagulant. Clotted specimens.

**Urine:** Specimens transported in non-trace element free transport tube (with the exception of the original device). Specimens collected within 72 hours after administration of iodinated or gadolinium-based contrast media. Specimens containing blood or fecal materials.

Stability (collection to initiation of testing): **Blood:** Ambient: Indefinitely; Refrigerated: Indefinitely; Frozen: **Unacceptable**

**Urine for Beta-2-Microglobulin:** Ambient: 8 hours; Refrigerated: 48 hours; Frozen: 2 months

**Urine for Cadmium:** Ambient: 1 week; Refrigerated: 2 weeks; Frozen: 1 year

**Urine for Creatinine:** Ambient: 2 days; Refrigerated: 1 month; Frozen: 6 months

**0099675**

**Cadmium, Blood**

**CADMIUM B**

**Specimen Required:** Patient Prep: Diet, medication, and nutritional supplements may introduce interfering substances. Patients should be encouraged to discontinue nutritional supplements, vitamins, minerals, non-essential over-the-counter medications (upon the advice of their physician).

Collect: Royal blue (K<sub>2</sub>EDTA or Na<sub>2</sub>EDTA).

Specimen Preparation: Transport 7 mL whole blood in the original collection tube. (Min: 0.5 mL)

Storage/Transport Temperature: Room temperature. Also acceptable: Refrigerated.

Remarks: Trace Elements requisition form may be required (ARUP form #32990).

Unacceptable Conditions: Specimens collected in tubes other than Royal Blue (EDTA). Specimens transported in containers other than Royal Blue (EDTA) tube or Trace Element-Free Transport Tube. Heparin anticoagulant. Clotted specimens.

Stability (collection to initiation of testing): **Ambient: Indefinitely; Refrigerated: Indefinitely; Frozen: Unacceptable**

**Interpretive Data:** Elevated results may be due to skin or collection-related contamination, including the use of a noncertified metal-free collection/transport tube. If contamination concerns exist due to elevated levels of blood cadmium, confirmation with a second specimen collected in a certified metal-free tube is recommended.

Blood cadmium levels can be used to monitor acute toxicity and in combination with cadmium urine and B-2 microglobulin is the preferred method for monitoring occupational exposure. Symptoms associated with cadmium toxicity vary based upon route of exposure and may include tubular proteinuria, fever, headache, dyspnea, chest pain, conjunctivitis, rhinitis, sore throat and cough. Ingestion of cadmium in high concentration may cause vomiting, diarrhea, salivation, cramps, and abdominal pain.

See Compliance Statement B: [www.aruplab.com/CS](http://www.aruplab.com/CS)

**HOTLINE NOTE:** Remove information found in the Note field.

**0092211**

**Carbamazepine Epoxide and Total**

**CARB EPOXT**

**Methodology:** Quantitative Liquid Chromatography-Tandem Mass Spectrometry  
**Performed:** Mon  
**Reported:** 1-8 days

**Specimen Required:** Patient Prep: Timing of specimen collection: Pre-dose (trough) draw - At steady state concentration.  
Collect: Plain red. Also acceptable: Lavender (K<sub>2</sub> or K<sub>3</sub>EDTA) or pink (K<sub>2</sub>EDTA).  
Specimen Preparation: Separate serum or plasma from cells within 2 hours of collection. Transfer 1 mL serum or plasma to an ARUP Standard Transport Tube. (Min: 0.5 mL)  
Storage/Transport Temperature: Frozen.  
Unacceptable Conditions: Whole blood. Gel separator tubes, light blue (citrate), or yellow (SPS or ACD solution).  
Stability (collection to initiation of testing): After separation from cells: Ambient: 48 hours; Refrigerated: 1 week; Frozen: 1 month

**Interpretive Data:** The therapeutic range is based on serum pre-dose (trough) draw at steady-state concentration. The carbamazepine metabolite, Carbamazepine-10, 11-Epoxide, has anticonvulsant activity and a proposed therapeutic range of 0.4-4 µg/mL.

A rare, adverse drug reaction to carbamazepine therapy includes Stevens-Johnson syndrome or toxic epidermal necrolysis. Patients of Asian ancestry with the presence of the *HLA-B\*15:02* have an increased risk for this carbamazepine-induced, life-threatening reaction. Pharmacogenetic testing for *HLA-B\*15:02* is recommended prior to treatment for patients at risk of carbamazepine hypersensitivity. This information has been included in the FDA-approved label for carbamazepine (<https://www.accessdata.fda.gov/scripts/cder/daf/index.cfm?event=overview.process&varAppID=016608>) and in the guideline from the Clinical Pharmacogenetics Implementation Consortium (<https://www.pharmgkb.org/guidelines>). [*HLA-B\*15:02* Genotyping, Carbamazepine Hypersensitivity, ARUP test code 2012049.]

A combination of therapeutic drug monitoring with *HLA-B\*15:02* pharmacogenetics genotyping may benefit patients at increased risk of developing carbamazepine-induced adverse events due to rare genotypes other than the *HLA-B\*15:02* variant allele.

See Compliance Statement B: [www.aruplab.com/CS](http://www.aruplab.com/CS)

**2010183**

**Cardiomyopathy and Arrhythmia Panel, Sequencing and Deletion/Duplication**

**CARDIACPAN**

**Performed:** Varies  
**Reported:** 3-6 weeks

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.

**2012151**

**Charcot-Marie-Tooth (CMT) and Related Hereditary Neuropathies Panel, Sequencing**

**CMT SEQ**

**Performed:** Varies  
**Reported:** 3-6 weeks

**Note:** Genes sequenced: AARS, AIFM1, ARHGEF10, ATLI, ATP7A, BAG3, BICD2, BSCL2, CCT5, DCTN1, DHTKD1, DNAJB2, DNM2, DNMT1, DYNC1H1, EGR2, FAM134B, FBLN5, FGD4, FIG4, GAN, GARS, GDAP1, GJB1, GNB4, HARS, HEXA, HINT1, HK1, HOXD10, HSPB1, HSPB3, HSPB8, IGHMBP2, IKBKAP, INF2, KARS, KIF1A, KIF1B, KIF5A, LAS1L, LITAF, LMNA, LRSAM1, MARS, MED25, MFN2, MPZ, MTMR2, MYH14, NDRG1, NEFL, NGF, NTRK1, PDK3, PLEKHG5, PMP22, PRNP, PRPS1, PRX, RAB7A, REEP1, SBF1, SBF2, SCN9A, SETX, SH3TC2, SLC12A6, SLC5A7, SOX10, SPTLC1, SPTLC2, TDPI, TFG, TRIM2, TRPV4, WNK1, YARS.

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.

Quarterly HOTLINE: Effective **November 12, 2018**

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**2012155**      **Charcot-Marie-Tooth (CMT) and Related Hereditary Neuropathies, PMP22 Deletion/Duplication with Reflex to Sequencing Panel**      **CMT REFLEX**

**Performed:**      Varies  
**Reported:**      Within 2 weeks, if reflexed add **3-6 weeks**

**Note:** Deletion/Duplication analysis is performed on all samples. If no large deletions or duplications are detected and/or results do not explain the clinical scenario, then sequencing of the Charcot-Marie-Tooth and Related Hereditary Neuropathy gene will be added. Additional charges apply. If reflexed, an additional 8-10 weeks is required to complete testing.

**Genes** sequenced: AARS, AIFM1, ARHGEF10, ATLL1, ATP7A, BAG3, BICD2, BSCL2, CCT5, DCTN1, DHTKD1, DNAJB2, DNM2, DNMT1, DYNC1H1, EGR2, FAM134B, FBLN5, FGD4, FIG4, GAN, GARS, GDAP1, GJB1, GNB4, HARS, HEXA, HINT1, HK1, HOXD10, HSPB1, HSPB3, HSPB8, IGHMBP2, IKBKAP, INF2, KARS, KIF1A, KIF1B, KIF5A, LAS1L, LITAF, LMNA, LRSAM1, MARS, MED25, MFN2, MPZ, MTMR2, MYH14, NDRG1, NEFL, NGF, NTRK1, PDK3, PLEKHG5, PMP22, PRNP, PRPS1, PRX, RAB7A, REEP1, SBF1, SBF2, SCN9A, SETX, SH3TC2, SLC12A6, SLC5A7, SOX10, SPTLC1, SPTLC2, TDP1, TFG, TRIM2, TRPV4, WNK1, YARS.

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**2001551**      **Chlamydia trachomatis and Neisseria gonorrhoeae by Transcription-Mediated Amplification (TMA), SurePath**      **CTNG SP**

**Specimen Required:** **Collect:** Cervical brush in SurePath liquid-based Pap test Media. Refer to "Sample Collection for the Diagnosis of STD" under Specimen Handling at www.aruplab.com for specific specimen collection and transport instructions.  
**Specimen Preparation:** Vortex SurePath media and transfer 1 mL to APTIMA Specimen Transfer Tube (ARUP supply #42711) within 24 hours of collection. Available online through eSupply using ARUP Connect™ or contact ARUP Client Services at (800) 522-2787. To reduce the potential for contamination, SurePath specimens should be poured off, using sterile technique, into the APTIMA Specimen Transfer Tube prior to Cytology Testing.  
**Storage/Transport Temperature:** Refrigerated.  
**Remarks:** Specimen source is required.  
**Unacceptable Conditions:** Specimens in any **container** other than **APTIMA Specimen Transfer Media**. Specimens from patients that are less than 16 years of age.  
**Stability (collection to initiation of testing):** **APTIMA Specimen Transfer Tube:** Ambient: 2 weeks; Refrigerated: 1 month; Frozen: 1 month

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**0097688**      **Chromosome Analysis - Breakage, Fanconi Anemia, Whole Blood**      **BREAKAGE**

**Methodology:**      **Stimulated Cell Culture with Clastogenic Stress/Unbanded Breakage Analysis**

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**0093399**      **Circulating Tumor Cell Count**      **CTC COUNT**

**Specimen Required:** **Patient Prep:** If the patient is on doxorubicin therapy, allow at least **1 week** following administration of a dose of doxorubicin before blood draw.  
**Collect:** 2 CellSave Preservative tubes (ARUP supply # 44867) available online through eSupply using ARUP Connect™ or contact ARUP Client Services at (800) 522-2787. (**Min: 8 mL per tube**)  
**Specimen Preparation:** Transport 20 mL whole blood. (**Min: 16 mL**)  
**Storage/Transport Temperature:** Room **temperature**.  
**Remarks:** **Submit with Order:** Source of metastatic cancer. This assay is FDA approved only for breast, colorectal, or prostate metastatic cancers; other types will not be tested.  
**Unacceptable Conditions:** **Specimens** not collected in the CellSave tube or collected in expired CellSave tubes. Short draws.  
**Stability (collection to initiation of testing):** Ambient: 4 days; Refrigerated: Unacceptable; Frozen: Unacceptable

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**0060140**      **Clostridium difficile Culture with Reflex to Cytotoxin Cell Assay**      **MC CDIF**

**Note:** For routine stool screening, refer to *Clostridium difficile* toxin B gene (tcdB) by PCR (ARUP test code 2002838). If *Clostridium difficile* culture is positive, then *Clostridium difficile* Cytotoxin Cell **Assay** will be added. Additional charges apply.

**CPT Code(s):**      87075; if **positive** add **87076**; if reflexed add 87230

Quarterly HOTLINE: Effective November 12, 2018

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**2011157**      **Cobalamin/Propionate/Homocysteine Metabolism Related Disorders Panel, Sequencing and Deletion/Duplication**      **VB12 PANEL**

**Performed:**      Varies  
**Reported:**      3-6 weeks

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.

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**0050588**      **Coccidioides Antibodies Panel, Serum by CF, ID, ELISA**      **COCCI PAN**

**Specimen Required:** Collect: Serum Separator Tube (SST).  
Specimen Preparation: Separate from cells ASAP or within 2 hours of collection. Transfer two 2 mL serum to an ARUP Standard Transport Tube. (Min: 0.6 mL) Parallel testing is preferred and convalescent specimens **must** be received within 30 days from receipt of the acute specimens.  
Storage/Transport Temperature: Refrigerated.  
Remarks: **Mark specimens plainly as "acute" or "convalescent."**  
Unacceptable Conditions: Other body fluids. **Hemolyzed, icteric, or lipemic** specimens.  
Stability (collection to initiation of testing): After separation from cells: Ambient: 48 hours; Refrigerated: 2 weeks; Frozen: 1 year (avoid repeated freeze/thaw cycles)

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**0050170**      **Coccidioides Antibody by CF**      **COCCI**

**Specimen Required:** Collect: Serum Separator Tube (SST).  
Specimen Preparation: Separate from cells ASAP or within 2 hours of collection. Transfer 1 mL serum to an ARUP Standard Transport Tube. (Min: 0.15 mL) Parallel testing is preferred and convalescent specimens **must** be received within 30 days from receipt of acute specimens.  
Storage/Transport Temperature: Refrigerated.  
Remarks: **Mark specimens plainly as "acute" or "convalescent."**  
Unacceptable Conditions: **Hemolyzed, icteric, or lipemic** specimens.  
Stability (collection to initiation of testing): After separation from cells: Ambient: 48 hours; Refrigerated: 2 weeks; Frozen: 1 year (avoid repeated freeze/thaw cycles)

**New Test**     [3000480](#)  
[Click for Pricing](#)

**Comprehensive Systemic Sclerosis Panel**

**SCL COMPRE**



**Additional Technical Information**

**Methodology:** Qualitative Immunoblot/Semi-Quantitative Indirect Fluorescent Antibody/Semi-Quantitative Multiplex Bead Assay/Semi-Quantitative Enzyme-Linked Immunosorbent Assay  
**Performed:** Thu  
**Reported:** 1-8 days

**Specimen Required:** Collect: Serum Separator Tube (SST).  
Specimen Preparation: Separate from cells ASAP or within 2 hours of collection. Transfer 3 mL serum to an ARUP Standard Transport Tube. (Min: 1.5 mL)  
Storage/Transport Temperature: Refrigerated. Also acceptable: Room temperature or frozen.  
Unacceptable Conditions: Hemolyzed, hyperlipemic, icteric, heat-treated or contaminated specimens  
Stability (collection to initiation of testing): Ambient: 48 hours; Refrigerated: 2 weeks; Frozen: 1 year

**Reference Interval:**

Test Number	Components	Reference Interval	
0050599	Scleroderma (Scl-70) (ENA) Antibody, IgG	29 AU/mL or less	Negative
		30-40 AU/mL	Equivocal
		41 AU/mL or greater	Positive
0050470	RNP (U1) (Ribonucleic Protein) (ENA) Antibody, IgG	29 AU/mL or less	Negative
		30-40 AU/mL	Equivocal
		41 AU/mL or greater	Positive
3000082	Antinuclear Antibody (ANA) with HEp-2 Substrate, IgG by IFA	Less than 1:80	
2012173	Fibrillarin (U3 RNP) Antibody, IgG	Negative	
2003040	PM/Scl-100 Antibody, IgG by Immunoblot	Negative	
2001601	RNA Polymerase III Antibody, IgG	19 Units or less	Negative
		20-39 Units	Weak Positive
		40-80 Units	Moderate Positive
		81 Units or greater	Strong Positive

**Interpretive Data:** Refer to report

**Note:** Panel includes: Anti-Nuclear Ab (ANA) Titer, Anti-Nuclear Ab (ANA) Pattern, Anti-Scl-70, Anti-RNA Polymerase III Ab, Anti-U1 RNP Ab, Anti-Fibrillarin (U3 RNP), Anti-PM/Scl-100 Ab

**CPT Code(s):** 86039; 86235 x4; 83516

New York DOH Approved.

**HOTLINE NOTE:** Refer to the Test Mix Addendum for interface build information.

**New Test**     [3000479](#)  
[Click for Pricing](#)

**Criteria Systemic Sclerosis Panel**

**SSC PANEL**



**Additional Technical Information**

**Methodology:** Semi-Quantitative Indirect Fluorescent Antibody/Semi-Quantitative Multiplex Bead Assay/Semi-Quantitative Enzyme-Linked Immunosorbent Assay

**Performed:** Sun, Tue, Thu

**Reported:** 1-3 days

**Specimen Required:** Collect: Serum Separator Tube (SST).

Specimen Preparation: Separate from cells ASAP or within 2 hours of collection. Transfer 3 mL serum to an ARUP Standard Transport Tube. (Min: 0.25 mL)

Storage/Transport Temperature: Refrigerated.

Unacceptable Conditions: Contaminated, hemolyzed, or severely lipemic specimens.

Stability (collection to initiation of testing): Ambient: 48 hours; Refrigerated: 2 weeks; Frozen: 1 year (avoid repeated freeze/thaw cycles)

**Reference Interval:**

Test Number	Components	Reference Interval	
3000082	Antinuclear Antibody (ANA), HEp-2, IgG	Less than 1:80	
0050599	Scleroderma (Scl-70) (ENA) Antibody, IgG	29 AU/mL or less	Negative
		30-40 AU/mL	Equivocal
		41 AU/mL or greater	Positive
2001601	RNA Polymerase III Antibody, IgG	19 Units or less	Negative
		20-39 Units	Weak Positive
		40-80 Units	Moderate Positive
		81 Units or greater	Strong Positive

**Interpretive Data:** Refer to report.

**CPT Code(s):** 86039; 86235; 83516

New York DOH Approved.

**HOTLINE NOTE:** Refer to the Test Mix Addendum for interface build information.

[2013991](#)

**Dermatomyositis Panel**

**DERM MYO**

**Performed:** Mon, Tue, Thu, Fri

**Reported:** 7-18 days

[2011241](#)

**Duchenne/Becker Muscular Dystrophy (DMD) Deletion/Duplication with Reflex to Sequencing**

**DMD REFLEX**

**Performed:** Varies

**Reported:** Within 2 weeks, if reflexed add 2-4 weeks

[2011153](#)

**Duchenne/Becker Muscular Dystrophy (DMD) Sequencing**

**DMD SEQ**

**Performed:** Varies

**Reported:** 2-4 weeks

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.



Quarterly HOTLINE: Effective November 12, 2018

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**New Test**    [2000537](#)    **Eosinophil Cationic Protein (ECP)**    **EC PROT**  
[Click for Pricing](#)

**Methodology:** Quantitative Fluorescent Enzyme Immunoassay  
**Performed:** Sunday  
**Reported:** 1-8 days

**Specimen Required:** Collect: Serum separator tube (SST).  
Specimen Preparation: Collect blood by venipuncture using Serum separator tube (SST). Gently invert the tube several times. Do not shake or vortex the tube. Release ECP by clotting for 60-120 minutes at room temperature (20-24° C). Centrifuge at 1000-1300 x g for 10 minutes at room temperature. Transfer 1ml of serum to an ARUP Standard Transport Tube (Min: 0.25 mL)  
Storage/Transport Temperature: Frozen, Also acceptable; Refrigerated  
Unacceptable Conditions: Plasma and hemolyzed serum cannot be used  
Stability (collection to initiation of testing):  
 After separation from cells; Ambient: 48 hours, Refrigerated: 5 Days, Frozen: 30 Days

**Reference Interval:** Less than 17.8 ug/L

**Interpretive Data:** Test developed and characteristics determined by ARUP Laboratories. See Compliance Statement B: aruplab.com/CS

**CPT Code(s):** 83520

New York DOH approval pending. Call for status update.

**HOTLINE NOTE:** Refer to the Test Mix Addendum for interface build information.

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[2006336](#)    **Exome Sequencing, Proband**    **EXOSEQ PRO**

**Performed:** Varies  
**Reported:** 4-8 weeks

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.

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[2006332](#)    **Exome Sequencing, Trio**    **EXOME SEQ**

**Performed:** Varies  
**Reported:** 4-8 weeks

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.

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[2008803](#)    **Expanded Hearing Loss Panel, Sequencing and Deletion/Duplication**    **EHL PANEL**

**Performed:** Varies  
**Reported:** 3-6 weeks

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.

**3000235**

**Fungal Antibodies with Reflex to *Blastomyces dermatitidis* Antibodies by Immunodiffusion**

**FUNG R SER**

**Specimen Required:** Collect: Serum Separator Tube (SST).

Specimen Preparation: Separate from cells ASAP or within 2 hours of collection. Transfer 1 mL serum to an ARUP Standard Transport Tube. (Min: 0.4 mL) Parallel testing is preferred and convalescent specimens **must** be received within 30 days from receipt of the acute specimens.

Storage/Transport Temperature: Refrigerated.

Remarks: **Mark specimens plainly as acute or convalescent.**

Unacceptable Conditions: **Hemolyzed, icteric, or lipemic** specimens.

Stability (collection to initiation of testing): After separation from cells: Ambient: 48 hours; Refrigerated: 2 weeks; Frozen: 1 year (avoid repeated freeze/thaw cycles)

**2007138**

**Galectin-3, Serum**

**GALECTIN**

**Specimen Required:** Collect: **Plain red**

Specimen Preparation: Allow serum specimen to clot completely at room temperature. Separate serum from cells ASAP or within 2 hours of collection. Transport 1 mL serum. (Min: 0.2 mL)

Storage/Transport Temperature: Frozen

Unacceptable Conditions: Plasma. Specimens stored or transported at room temperature for more than 48 hours. **Visibly** hemolyzed specimens.

Stability (collection to initiation of testing): After separation from cells: Ambient: 48 hours; Refrigerated: 2 weeks; Frozen: 4 months (Avoid repeated freeze/thaw cycles)

**0099470**

**Heavy Metals Panel 3, Blood**

**HY MET B**

**Specimen Required:** Patient Prep: **Diet, medication, and nutritional supplements may introduce interfering substances. Patients should be encouraged to discontinue nutritional supplements, vitamins, minerals, non-essential over-the-counter medications (upon the advice of their physician), and avoid shellfish and seafood for 48 to 72 hours.**

Collect: Royal blue (K<sub>2</sub>EDTA or Na<sub>2</sub>EDTA).

Specimen Preparation: Transport 7 mL whole blood in the original collection tube. (Min: **0.5 mL**)

Storage/Transport Temperature: Room temperature. Also acceptable: Refrigerated.

Remarks: Trace Elements requisition form may be required (ARUP form #32990).

Unacceptable Conditions: **Specimens collected in tubes other than Royal Blue (EDTA). Specimens transported in containers other than Royal Blue (EDTA) tube or Trace Element-Free Transport Tube. Heparin anticoagulant. Clotted specimens.**

Stability (collection to initiation of testing): Ambient: 1 week; Refrigerated: 1 week; Frozen: Unacceptable

**Reference Interval:**

**Effective November 12, 2018**

Test Number	Components	Reference Interval
0099045	Arsenic, Blood	0.0- <del>12.0</del> µg/L
0099305	Mercury, Whole Blood	<del>0.0-10.0</del> µg/L
0020098	Lead, Blood (Venous)	0.0-4.9 µg/dL

**Note:** Mercury is volatile; concentration may decrease over time. If the specimen is drawn and stored in the appropriate container, the arsenic and lead values do not change with time.

**HOTLINE NOTE:** There is a numeric map change associated with this test.

Change the numeric map for component 0099305, Mercury, Whole Blood from XXXXX to **XXX.X**.

Quarterly HOTLINE: Effective November 12, 2018

**2011304**

**Heavy Metals Panel 3, Random Urine with Reflex to Arsenic Fractionated**

**HYMETU RND**

**Performed:** Sun-Sat  
**Reported:** 1-3 days

**Specimen Required:** Patient Prep: Diet, medication, and nutritional supplements may introduce interfering substances. Patients should be encouraged to discontinue nutritional supplements, vitamins, minerals, non-essential over-the-counter medications (upon the advice of their physician), and avoid shellfish and seafood for 48 to 72 hours. High concentrations of iodine may interfere with elemental testing. **Collection of urine specimens from patients receiving iodinated or gadolinium-based contrast media should be avoided for a minimum of 72 hours post-exposure. Collection from patients with impaired kidney function should be avoided for a minimum of 14 days post-contrast media exposure.**

Collect: Random urine.

Specimen Preparation: Transfer an 8 mL aliquot from a well-mixed collection to ARUP Trace Element-Free Transport Tubes (ARUP supply #43116), available online through eSupply using ARUP Connector contact ARUP Client Services at (800) 522-2787. (Min: 2 mL)

Storage/Transport Temperature: Refrigerated. Also acceptable: Room temperature or frozen.

Unacceptable Conditions: Urine collected within 72 hours after administration of iodinated or gadolinium-based contrast media.. Acid preserved urine. Specimens contaminated with blood or fecal material. Specimens transported in non-trace element-free transport tube (with the exception of the original device).

Stability (collection to initiation of testing): Ambient: 1 week; Refrigerated: 2 weeks; Frozen: 1 year

**Reference Interval:**

Test Number	Components	Reference Interval
	Arsenic Urine - per volume	Effective November 13, 2017 0.0-34.9 µg/L (based on Biological Exposure Index)
	Arsenic, Urine - ratio to CRT	Effective November 13, 2017 0.0-29.9 ug/gCRT
0020734	Arsenic, Fractionated, Urine	<b>Test Number</b>
		<b>Components</b>
		<b>Reference Interval</b>
		As Organic
	Arsenic Total Inorganic	Refer to report
	Arsenic, Methylated	Refer to report
	Lead, Urine - per volume	Effective November 12, 2018 0.0-5.0 µg/L
	Lead, Urine - ratio to CRT	Effective November 12, 2018 0.0-5.0 ug/gCRT
	Mercury, Urine - per volume	Effective November 12, 2018 0.0-5.0 µg/L
	Mercury, Urine - ratio to CRT	Effective November 13, 2017 0.0-20.0 µg/gCRT

**0099475**

**Heavy Metals Panel 3, Urine with Reflex to Arsenic Fractionated**

**HY MET U**

**Performed:** Sun-Sat  
**Reported:** 1-3 days

**Specimen Required:** Patient Prep: Diet, medication, and nutritional supplements may introduce interfering substances. Patients should be encouraged to discontinue nutritional supplements, vitamins, minerals, non-essential over-the-counter medications (upon the advice of their physician), and avoid shellfish and seafood for 48 to 72 hours. High concentrations of iodine may interfere with elemental testing. **Collection of urine specimens from patients receiving iodinated or gadolinium-based contrast media should be avoided for a minimum of 72 hours post-exposure. Collection from patients with impaired kidney function should be avoided for a minimum of 14 days post-contrast media exposure.**

Collect: 24-hour or random urine collection. Specimen must be collected in a plastic container and should be refrigerated during collection. **ARUP studies indicate that refrigeration of urine alone, during and after collection, preserves specimens adequately if tested within 14 days of collection.**

Specimen Preparation: Transfer 8 mL aliquot from a well-mixed collection to ARUP Trace Element-Free Transport Tubes (ARUP supply #43116). Available online through eSupply using ARUP Connect™ or contact ARUP Client Services at (800) 522-2787. (Min: 2 mL)

Storage/Transport Temperature: Refrigerated. Also acceptable: Room temperature or frozen.

Remarks: Trace Elements requisition form may be required (ARUP form #32990-Barcode; #32991-No Barcode). Record total volume and collection time interval on transport tube and on test request form.

Unacceptable Conditions: **Urine collected within 72 hours after administration of iodinated or gadolinium-based contrast media.** Acid preserved urine. Specimens contaminated with blood or fecal material. Specimens transported in non-trace element-free transport tube (with the exception of the original device).

Stability (collection to initiation of testing): Ambient: 1 week; Refrigerated: 2 weeks; Frozen: 1 year

**Reference Interval:**

Test Number	Components	Reference Interval
0025000	Arsenic, Urine with Reflex to Fractionated	Effective November 13, 2017
		<b>Test Number</b>   <b>Components</b>   <b>Reference Interval</b>
		Arsenic, Urine - per volume   0-34.9 µg/L (based on Biological Exposure Index)
		Arsenic, Urine - per 24h   0-49.9 µg/d
		Arsenic, Urine - ratio to CRT   0.0-29.9 µg/gCRT
		0020734   Arsenic, Fractionated, Urine   Refer to report
		Creatinine, Urine - per 24h   Refer to report
0025060	Lead, Urine	Effective November 12, 2018
		<b>Test Number</b>   <b>Components</b>   <b>Reference Interval</b>
		Lead, Urine - per volume   0.0-5.0 µg/L
		Lead, Urine - per 24h   0.0-8.1 µg/d
		Lead Urine-ratio to CRT   0.0-5.0 ug/gCRT
		Creatinine, Urine - per 24h   Refer to report
0025050	Mercury, Urine	Effective November 12, 2018
		<b>Test Number</b>   <b>Components</b>   <b>Reference Interval</b>
		Mercury, Urine - per volume   0.0-5.0 µg/L
		Mercury, Urine - per 24h   0.0-20.0 µg/d
		Mercury, Urine - ratio to CRT   0.0-20.0 µg/gCRT
		Creatinine, Urine - per 24h   Refer to report

**0020584**

**Heavy Metals Panel 4, Blood**

**HY MET B4**

**Specimen Required:** Patient Prep: Diet, medication, and nutritional supplements may introduce interfering substances. Patients should be encouraged to discontinue nutritional supplements, vitamins, minerals, non-essential over-the-counter medications (upon the advice of their physician), and avoid shellfish and seafood for 48 to 72 hours.

Collect: Royal blue (K<sub>2</sub>EDTA or Na<sub>2</sub>EDTA).

Specimen Preparation: Transport 7 mL whole blood. (Min: 0.5 mL)

Storage/Transport Temperature: Room temperature. Also acceptable: Refrigerated.

Remarks: Trace Elements requisition form may be required (ARUP form #32990).

Unacceptable Conditions: Specimens collected in tubes other than Royal Blue (EDTA). Specimens transported in containers other than Royal Blue (EDTA) tube or Trace Element-Free Transport Tube. Heparin anticoagulant. Clotted specimens.

Stability (collection to initiation of testing): Ambient: 1 week; Refrigerated: 1 week; Frozen: Unacceptable

**Reference Interval:**

Effective November 12, 2018

Test Number	Components	Reference Interval
0099045	Arsenic, Blood	0.0-12.0 µg/L
0099675	Cadmium, Blood	0.0-5.0 µg/L
0099305	Mercury, Whole Blood	0.0-10.0 µg/L
0020098	Lead, Blood (Venous)	0.0-4.9 µg/dL

**Note:** Mercury is volatile; concentration may decrease over time. If the specimen is drawn and stored in the appropriate container, the arsenic, cadmium, and lead values do not change with time.

**HOTLINE NOTE:** There is a numeric map change associated with this test.

Change the numeric map for component 0099305, Mercury, Whole Blood from XXXXX to XXX.X.

**0020572**

**Heavy Metals Panel 4, Urine with Reflex to Arsenic Fractionated**

**HY MET U4**

**Performed:** Sun-Sat  
**Reported:** 1-3 days

**Specimen Required:** Patient Prep: Diet, medication, and nutritional supplements may introduce interfering substances. Patients should be encouraged to discontinue nutritional supplements, vitamins, minerals, non-essential over-the-counter medications (upon the advice of their physician), and avoid shellfish and seafood for 48 to 72 hours. High concentrations of iodine may interfere with elemental testing. **Collection of urine specimens from patients receiving iodinated or gadolinium-based contrast media should be avoided for a minimum of 72 hours post-exposure. Collection from patients with impaired kidney function should be avoided for a minimum of 14 days post-contrast media exposure.**

Collect: 24-hour or random urine collection. Specimen must be collected in a plastic container and should be refrigerated during collection. **ARUP studies indicate that refrigeration of urine alone, during and after collection, preserves specimens adequately if tested within 14 days of collection.**

Specimen Preparation: Transfer 8 mL aliquot from a well-mixed collection to ARUP Trace Element-Free Transport Tubes (ARUP supply #43116). Available online through eSupply using ARUP Connect™ or contact ARUP Client Services at (800) 522-2787. (Min: 2 mL)

Storage/Transport Temperature: Refrigerated. Also acceptable: Room temperature or frozen.

Remarks: Trace Elements requisition form may be required (ARUP form #32990-Barcode; #32991-No Barcode). Record total volume and collection time interval on transport tube and on test request form.

Unacceptable Conditions: **Urine collected within 72 hours after administration of iodinated or gadolinium-based contrast media.** Acid preserved urine. Specimens contaminated with blood or fecal material. Specimen transported in non-trace element-free transport tube (with the exception of the original device).

Stability (collection to initiation of testing): Ambient: 1 week; Refrigerated: 2 weeks; Frozen: 1 year

**Reference Interval:**

Test Number	Components	Reference Interval
0025000	Arsenic, Urine with Reflex to Fractionated	Effective November 13, 2017
		<b>Test Number</b>   <b>Components</b>   <b>Reference Interval</b>
		Arsenic, Urine - per volume   0-34.9 µg/L (based on Biological Exposure Index)
		Arsenic, Urine - per 24h   0-49.9 µg/d
		Arsenic, Urine- ratio to CRT   0.0-29.9 µg/gCRT
		0020734   Arsenic, Fractionated, Urine   Refer to report
0025060	Lead, Urine	Effective November 12, 2018
		<b>Test Number</b>   <b>Components</b>   <b>Reference Interval</b>
		Lead, Urine - per volume   0.0-5.0 µg/L
		Lead, Urine - per 24h   0.0-8.1 µg/d
		Lead Urine-ratio to CRT   0.0-5.0 ug/gCRT
		Creatinine, Urine - per 24h   Refer to report
0025050	Mercury, Urine	Effective November 12, 2018
		<b>Test Number</b>   <b>Components</b>   <b>Reference Interval</b>
		Mercury, Urine - per volume   0.0-5.0 µg/L
		Mercury, Urine - per 24h   0.0-20.0 µg/d
		Mercury, Urine - ratio to CRT   0.0-20.0 µg/gCRT
		Creatinine, Urine - per 24h   Refer to report
0025040	Cadmium, Urine	Effective November 13, 2017
		<b>Test Number</b>   <b>Components</b>   <b>Reference Interval</b>
		Cadmium, Urine - per volume   0.0-1.0 µg/L
		Cadmium, Urine - per 24h   0.0-3.2 µg/d
		Cadmium, Urine - ratio to CRT   0.0-3.2 µg/g crt
		Creatinine, Urine - per 24h   Refer to report

**0025055**

**Heavy Metals Panel 6, Urine with Reflex to Arsenic Fractionated**

**HYMET 6**

**Performed:** Sun-Sat  
**Reported:** 1-3 days

**Specimen Required:** Patient Prep: Diet, medication, and nutritional supplements may introduce interfering substances. Patients should be encouraged to discontinue nutritional supplements, vitamins, minerals, non-essential over-the-counter medications (upon the advice of their physician), and avoid shellfish and seafood for 48 to 72 hours. High concentrations of iodine may interfere with elemental testing. **Collection of urine specimens from patients receiving iodinated or gadolinium-based contrast media should be avoided for a minimum of 72 hours post-exposure. Collection from patients with impaired kidney function should be avoided for a minimum of 14 days post-contrast media exposure.**

Collect: 24-hour or random urine collection. Specimen must be collected in a plastic container and should be refrigerated during collection. **ARUP studies indicate that refrigeration of urine alone, during and after collection, preserves specimens adequately if tested within 14 days of collection.**

Specimen Preparation: Transfer 8 mL aliquot from a well-mixed collection to ARUP Trace Element-Free Transport Tubes (ARUP supply #43116). Available online through eSupply using ARUP Connect™ or contact ARUP Client Services at (800) 522-2787. (Min: 2 mL)

Storage/Transport Temperature: Refrigerated. Also acceptable: Room temperature or frozen.

Remarks: Trace Elements requisition form may be required (ARUP form #32990-Barcode; #32991-No Barcode). Record total volume and collection time interval on transport tube and on test request form.

Unacceptable Conditions: **Urine collected within 72 hours after administration of iodinated or gadolinium-based contrast media.** Acid preserved urine. Specimens contaminated with blood or fecal material. Specimen transported in non-trace element free transport tube (with the exception of the original device).

Stability (collection to initiation of testing): Ambient: 1 week; Refrigerated: 2 weeks; Frozen: 1 year

**Reference Interval:**

Test Number	Components	Reference Interval
0025000	Arsenic, Urine with Reflex to Fractionated	Effective November 13, 2017
		<b>Test Number</b>   <b>Components</b>   <b>Reference Interval</b>
		Arsenic, Urine - per volume   0-34.9 µg/L (based on Biological Exposure Index)
		Arsenic, Urine - per 24h   0-49.9 µg/d
		Arsenic, Urine - ratio to CRT   0.0-29.9 µg/gCRT
		0020734   Arsenic, Fractionated, Urine   Refer to report
0025040	Cadmium, Urine	Effective November 13, 2017
		<b>Test Number</b>   <b>Components</b>   <b>Reference Interval</b>
		Cadmium, Urine - per volume   0.0-1.0 µg/L
		Cadmium, Urine - per 24h   0.0-3.2 µg/d
		Cadmium, Urine - ratio to CRT   0.0-3.2 µg/g crt
		Creatinine, Urine - per 24h   Refer to report
0020461	Copper, Urine	Effective November 13, 2017
		<b>Test Number</b>   <b>Components</b>   <b>Reference Interval</b>
		Copper, Urine-per volume   0.3-3.2 µg/dL
		Copper, Urine-per 24h   3.0-45.0 µg/d
		Creatinine, Urine - per 24h   Refer to report
		Copper, Urine-ratio to CRT   10.0-45.0 µg/gCRT
0025060	Lead, Urine	Effective November 12, 2018
		<b>Test Number</b>   <b>Components</b>   <b>Reference Interval</b>
		Lead, Urine - per volume   0.0-5.0 µg/L
		Lead, Urine - per 24h   0.0-8.1 µg/d
		Lead Urine-ratio to CRT   0.0-5.0 ug/gCRT
		Creatinine, Urine - per 24h   Refer to report
0025050	Mercury, Urine	Effective November 12, 2018
		<b>Test Number</b>   <b>Components</b>   <b>Reference Interval</b>
		Mercury, Urine - per volume   0.0-5.0 µg/L
		Mercury, Urine - per 24h   0.0-20.0 µg/d
		Mercury, Urine - ratio to CRT   0.0-20.0 µg/gCRT
		Creatinine, Urine - per 24h   Refer to report
0020462	Zinc, Urine	Effective November 13, 2017
		<b>Test Number</b>   <b>Components</b>   <b>Reference Interval</b>
		Zinc, Urine   15.0-120.0 µg/dL
		Zinc, Urine-per 24h   150.0-1200.0 µg/d
		Zinc, Urine-ratio to CRT   110.0-750.0 µg/gCRT
		Creatinine, Urine - per 24h   Refer to report

Quarterly HOTLINE: Effective November 12, 2018

[0020221](#)

**Hemoglobin, Urine**

**HGBU**

**Specimen Required:** Collect: Random urine.

Specimen Preparation: Centrifuge and separate urine from cells and other sediment. Transfer 4 mL aliquot of supernatant to an ARUP Standard Transport Tube. (Min: 0.7 mL)

Storage/Transport Temperature: **Frozen.**

Stability (collection to initiation of testing): Ambient: Unacceptable; Refrigerated: 8 hours; Frozen: 1 month

**New Test**

[3000863](#)

**Hepatitis B Virus (HBV) by Quantitative NAAT**

**HBV QNT**

[Click for Pricing](#)

**Methodology:** Quantitative Transcription-Mediated Amplification

**Performed:** Sun-Sat

**Reported:** 2-4 days

**Specimen Required:** Collect: Lavender (EDTA), Pink (K<sub>2</sub>EDTA), Yellow (ACD), Plasma Preparation Tube (PPT), or Serum Separator Tube (SST).

Specimen Preparation: Separate from cells within 24 hours. Transfer 2 mL serum or plasma to an ARUP Standard Transport Tube. (Min: 0.8 mL)

Storage/Transport Temperature: Frozen.

Unacceptable Conditions: Heparinized specimens.

Stability (collection to initiation of testing): After separation from cells: Ambient: Unacceptable; Refrigerated: 5 days; Frozen: 2 months

**Reference Interval:** Not detected

**Interpretive Data:** Normal range for this assay is "Not Detected".

The quantitative range of this assay is 1.00-9.00 log IU/mL (10-1,000,000,000 IU/mL).

An interpretation of "Not Detected" does not rule out the presence of inhibitors in the patient specimen or HBV DNA concentration below the level of detection of the test. Care should be taken when interpreting any single viral load determination.

**This assay should not be used for blood donor screening, associated re-entry protocols, or for screening Human Cell, Tissues and Cellular Tissue-Based Products (HCT/P).**

**Note:** The limit of quantification for this DNA assay is 1.00 log IU/mL (10 IU/mL). If the assay DID NOT DETECT the virus, the test result will be reported as "Not Detected". If the assay DETECTED the presence of the virus but was not able to accurately quantify the viral load, the test result will be reported as "< 10 Detected".

Specimens received with less than minimum volume for testing will automatically be run with a dilution.

-Specimens with 240-700 µL will be diluted resulting in a modification of the quantitative range of the assay to 1.48-9.48 log IU/mL (30-3,000,000,000 IU/mL).

This test is intended for use in conjunction with clinical presentation and other laboratory markers as an indicator of disease prognosis. This test is also used as an aid in assessing viral response to treatment as measured by changes in HBV DNA concentration.

**CPT Code(s):** 87517

New York DOH Approved.

**HOTLINE NOTE:** Refer to the Test Mix Addendum for interface build information.



Quarterly HOTLINE: Effective **November 12, 2018**

**New Test**     [3000866](#)     **Hepatitis B Virus (HBV) by Quantitative NAAT with Reflex to HBV Genotype by Sequencing**     **HBV QNT GR**

[Click for Pricing](#)

**Methodology:** Quantitative Transcription-Mediated Amplification/Sequencing  
**Performed:** Sun-Sat  
**Reported:** 2-14 days

**Specimen Required:** Collect: Lavender (EDTA), Pink (K<sub>2</sub>EDTA), Plasma Preparation Tube (PPT), or Serum Separator Tube (SST).  
Specimen Preparation: Separate from cells within 24 hours. Transfer 3.5 mL serum or plasma to an ARUP Standard Transport Tube. (Min: 1.5 mL)  
Storage/Transport Temperature: Frozen.  
Unacceptable Conditions: Heparinized specimens.  
Stability (collection to initiation of testing): After separation from cells: Ambient: Unacceptable; Refrigerated: 5 days; Frozen: 6 weeks

**Reference Interval:**

Available Separately	Components	Reference Interval
3000863	Hepatitis B Virus (HBV) by Quantitative NAAT	Not Detected
2001567	Hepatitis B Virus Genotype by Sequencing	By report

**Interpretive Data:** Refer to report.

**Note:** If Hepatitis B Virus by Quantitative NAAT result is greater than or equal to 3.00 log IU/mL (1000 IU/mL), then Hepatitis B Virus Genotype by Sequencing will be added. Additional charges apply.

**CPT Code(s):** 87517; if reflexed, add 87912

New York DOH Approved.

**HOTLINE NOTE:** Refer to the Test Mix Addendum for interface build information.

[2012026](#)     **Hereditary Breast and Ovarian Cancer Panel, Sequencing and Deletion/Duplication**     **BOCAPAN**

**Performed:** Varies  
**Reported:** 3-6 weeks

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.

[2012032](#)     **Hereditary Cancer Panel, Sequencing and Deletion/Duplication**     **CANCERPAN**

**Performed:** Varies  
**Reported:** 3-6 weeks

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.

[2013449](#)     **Hereditary Gastrointestinal Cancer Panel, Sequencing and Deletion/Duplication**     **GICAN PAN**

**Performed:** Varies  
**Reported:** 3-6 weeks

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.

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**2012052 Hereditary Hemolytic Anemia Panel Sequencing HHA SEQ**

**Performed:** Varies  
**Reported:** 3-6 weeks

**Note:** Recent CBC result is required. Genes tested: *ADA, AK1, ALDOA, ANK1, CYB5R3, EPB41, EPB42, G6PD, GCLC, GPI, GSR, GSS, HK1, NT5C3A, PFKL, PGK1, PFKM, PIEZO1, PKLR, SLC4A1, SLCO1B1, SLCO1B3, SPTA1, SPTB, TPI1, UGT1A1, UGT1A6, UGT1A7*

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.

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**2009337 Hereditary Hemorrhagic Telangiectasia (HHT) Panel, Sequencing and Deletion/Duplication HHT PANEL**

**Performed:** Varies  
**Reported:** 3-6 weeks

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.

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**2010214 Hereditary Renal Cancer Panel, Sequencing and Deletion/Duplication RENCAPAN**

**Performed:** Varies  
**Reported:** 3-6 weeks

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.

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**0050641 Herpes Simplex Virus Type 1 and/or 2 Antibodies, IgM by ELISA HSV MC**

**Performed:** Sun-Sat  
**Reported:** 1-2 days

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**0050408 Herpes Simplex Virus Type 1 and/or 2 Antibodies, IgM by ELISA, CSF HSVMCCSF**

**Performed:** Sun-Sat  
**Reported:** 1-2 days

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**2008848 Holoprosencephaly Panel, Sequencing and Deletion/Duplication HPE PAN**

**Performed:** Varies  
**Reported:** 3-6 weeks

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.

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**2008863 Holoprosencephaly Panel, Sequencing and Deletion/Duplication, Fetal HPE PAN FE**

**Performed:** Varies  
**Reported:** 2-4 weeks, if culture is required, an additional 1 to 2 weeks is required for processing time.

**Note:** Reported times are based on receiving the four T-25 flasks at 80 percent confluent. Cell culture time is independent of testing turn-around time. Maternal specimen is recommended for proper test interpretation. Order Maternal Cell Contamination.

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.

Quarterly HOTLINE: Effective **November 12, 2018**

**2012674 Human Immunodeficiency Virus (HIV) Combo Antigen/Antibody (HIV-1/O/2) by HIV PANEL  
CIA, Reflexive Panel**

**Methodology:** Qualitative Chemiluminescent Immunoassay/Qualitative Immunoassay/Quantitative **Transcription-Mediated Amplification**  
**Performed:** Sun-Sat  
**Reported:** 1-2 days

**Specimen Required:** Collect: Lavender (EDTA) or Pink (K<sub>2</sub>EDTA).  
Specimen Preparation: Separate from **cells within 24** hours of collection. Transfer 3 mL plasma into an ARUP Standard Transport Tube. (Min: 2 mL) Remove particulate material. This test requires a dedicated transport tube submitted only for HIV testing.  
Storage/Transport Temperature: Frozen.  
Unacceptable Conditions: Serum. Heparinized or citrated plasma specimens. Plasma preparation tube. Specimens containing particulate material. Severely hemolyzed or heat-inactivated specimens.  
Stability (collection to initiation of testing): After separation from cells: Ambient: Unacceptable; Refrigerated: **72 hours**; Frozen: **3 months** (avoid repeated freeze/thaw cycles)

**Reference Interval:**  
**Effective November 12, 2018**

Test Number	Components	Reference Interval		
	HIV 1,2 Combo Antigen/Antibody	Negative		
2012669	Human Immunodeficiency Virus Types 1 and 2 (HIV-1/2) Antibody Differentiation, Supplemental, with Reflex to HIV-1 Quantitative <b>NAAT, Plasma</b>	Test Number	Components	Reference Interval
			HIV-1 Antibody	Negative
			HIV-2 Antibody	Negative
		3000867	Human Immunodeficiency Virus 1 (HIV-1) by Quantitative <b>NAAT, Plasma</b>	Not detected

**Note:** The fourth-generation screen test is for the simultaneous qualitative detection of Human Immunodeficiency Virus Type 1 (HIV-1) p24 antigen and antibodies to HIV Type 1 (HIV-1 groups M and O) and HIV Type 2 (HIV-2). Results of the screen cannot be used to distinguish between the presence of HIV-1 p24 antigen, HIV-1 antibody, or HIV-2 antibody.

If the HIV-1,2 Combo Antigen/Antibody screen is repeatedly reactive, then the HIV-1/2 Ab Differentiation Immunoassay will be performed. Additional charges apply. The HIV-1/2 Ab Differentiation Immunoassay confirms and discriminates between HIV-1 and HIV-2 antibodies. Results for each type are reported.

If the HIV-1/2 Ab Differentiation Immunoassay is Negative or Indeterminate, then the Human Immunodeficiency Virus 1 (**HIV-1**) by Quantitative **NAAT, Plasma** will be added. Additional charges apply.

This multi-test algorithm is recommended by the Centers for Disease Control and Prevention (CDC) and was adopted by the Clinical Laboratory Standards Institute (CLSI) for the diagnosis of HIV (refer to <http://www.arupconsult.com/Topics/HIV.html>).

Refer to the following tests for additional information regarding Performed or Reported times, Interpretive Data and Notes for the reflex tests of this panel: Human Immunodeficiency Virus Types 1 and 2 (HIV-1/2) Antibody Differentiation, Supplemental with Reflex to HIV-1 Quantitative **NAAT, Plasma** (ARUP test code 2012669); Human Immunodeficiency Virus 1 (**HIV-1**) by Quantitative **NAAT, Plasma** (ARUP test code 3000867).

**HOTLINE NOTE:** There is a reflexive pattern change associated with this test.  
 Add reflex to 3000867, HIV-1 by Quantitative NAAT, Plasma to reflexive orderable 2012669  
 Remove reflex to 0055598, HIV-1 by Quantitative PCR from reflexive orderable 2012669

Quarterly HOTLINE: Effective **November 12, 2018**

**New Test**     [3000871](#)     **Human Immunodeficiency Virus 1 (HIV-1) by Quantitative NAAT with Reflex to HIV PhenoSense GT**     **HIV QT PHR**

[Click for Pricing](#)

**Methodology:** Quantitative Transcription-Mediated Amplification/Sequencing/Culture  
**Performed:** Sun-Sat  
**Reported:** 2-26 days

**Specimen Required:** Collect: Two Lavender (EDTA). Also acceptable: Two Plasma Preparation Tubes (PPT).  
Specimen Preparation: Separate from cells within 6 hours of collection. Transfer two 3 mL aliquots (6 mL total) of plasma into individual ARUP Standard Transport Tubes and freeze. (Min: 4.5 mL total) Two tubes are required. Quantitative assay will be performed on one tube; if reflexed, the other tube will be tested by HIV PhenoSense GT.  
Storage/Transport Temperature: **CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.**  
Unacceptable Conditions: Serum. Heparinized specimens.  
Stability (collection to initiation of testing): After separation from cells: Ambient: Unacceptable; Refrigerated: Unacceptable; Frozen: 2 weeks

**Reference Interval:**

Available Separately	Components	Reference Interval
3000867	Human Immunodeficiency Virus 1 (HIV-1) by Quantitative NAAT, Plasma	Not Detected
0092399	HIV PhenoSense GT	By report

**Interpretive Data:** Refer to report.

**Note:** If Human Immunodeficiency Virus 1 by Quantitative NAAT result is greater than or equal to 2.69 log copies/mL, then HIV-1 PhenoSense GT will be added. Additional charges apply.

**CPT Code(s):** 87536; if reflexed add 87900; 87901; 87903; 87904 x 11

New York DOH Approved.

**HOTLINE NOTE:** Refer to the Test Mix Addendum for interface build information.

Quarterly HOTLINE: Effective **November 12, 2018**

**New Test**     [3000870](#)

**Human Immunodeficiency Virus 1 (HIV-1) by Quantitative NAAT with Reflex to HIV-1 Genotype by Sequencing**

**HIV QT GR**

[Click for Pricing](#)

**Methodology:** Quantitative Transcription-Mediated Amplification/Sequencing  
**Performed:** Sun-Sat  
**Reported:** 2-13 days

**Specimen Required:** Collect: Lavender (EDTA), Pink (K<sub>2</sub>EDTA), or Plasma Preparation Tube (PPT).  
Specimen Preparation: Separate from cells within 24 hours of collection. Transfer 4 mL plasma to an ARUP Standard Transport Tube and freeze. (Min: 2.5 mL)  
Storage/Transport Temperature: Frozen.  
Unacceptable Conditions: Serum. Heparinized specimens.  
Stability (collection to initiation of testing): After separation from cells: Ambient: Unacceptable; Refrigerated: 72 hours; Frozen: 3 months

**Reference Interval:**

Available Separately	Components	Reference Interval
3000867	Human Immunodeficiency Virus 1 (HIV-1) by Quantitative NAAT, Plasma	Not Detected
0055670	Human Immunodeficiency Virus 1, Genotype by Sequencing	By report

**Interpretive Data:** Refer to report.

**Note:** If Human Immunodeficiency Virus 1 by Quantitative NAAT result is greater than or equal to 3.00 log copies/mL, then HIV-1 Genotype by Sequencing will be added. Additional charges apply.

**CPT Code(s):** 87536; if reflexed add 87901

New York DOH Approved.

**HOTLINE NOTE:** Refer to the [Test Mix Addendum](#) for interface build information.

Quarterly HOTLINE: Effective **November 12, 2018**

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**New Test**     [3000872](#)     **Human Immunodeficiency Virus 1 (HIV-1) by Quantitative NAAT, CSF**     **HIVCSF QNT**

[Click for Pricing](#)

**Methodology:** Quantitative Transcription-Mediated Amplification  
**Performed:** Sun-Sat  
**Reported:** 1-4 days

**Specimen Required:** Collect: Cerebral spinal fluid.  
Specimen Preparation: Transfer 2 mL CSF to an ARUP Standard Transport Tube and freeze. (Min: 0.8 mL)  
Storage/Transport Temperature: Frozen.  
Unacceptable Conditions: Plasma (refer to Human Immunodeficiency Virus 1 (HIV-1) by Quantitative NAAT, Plasma, ARUP test code 3000867).  
Stability (collection to initiation of testing): Ambient: Unacceptable; Refrigerated: 5 days; Frozen: 1 month

**Reference Interval:** Not detected

**Interpretive Data:** Normal range for this assay is "Not Detected".  
The quantitative range of this assay is 1.47-7.00 log copies/mL (30-10,000,000 copies/mL).

An interpretation of "Not Detected" does not rule out the presence of inhibitors or HIV-1 RNA concentration below the level of detection of the assay. Care should be taken in the interpretation of any single viral load determination.  
The clinical significance of changes in HIV-1 RNA concentration has not been fully established; however, a change of 0.5 log copies/mL may be significant.

This assay should not be used for blood donor screening, associated re-entry protocols, or for screening Human Cell, Tissues and Cellular Tissue-Based Products (HCT/P).

See Compliance Statement B: [www.aruplab.com/CS](http://www.aruplab.com/CS)

**Note:** The limit of quantification for this RNA assay is 1.47 log copies/mL (30 copies/mL). If the assay DETECTED the presence of the virus but was not able to accurately quantify the viral load, the test result will be reported as "<30 Detected".

This test is intended for use in conjunction with clinical presentation and other laboratory markers as an indicator of disease prognosis. This test is also used as an aid in assessing viral response to antiretroviral treatment as measured by changes in HIV-1 RNA concentration.

**CPT Code(s):** 87536

New York DOH approval pending. Call for status update.

**HOTLINE NOTE:** Refer to the [Test Mix Addendum](#) for interface build information.

Quarterly HOTLINE: Effective **November 12, 2018**

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**New Test**     [3000867](#)     **Human Immunodeficiency Virus 1 (HIV-1) by Quantitative NAAT, Plasma**     **HIV QNT**

[Click for Pricing](#)

**Methodology:** Quantitative Transcription-Mediated Amplification  
**Performed:** Sun-Sat  
**Reported:** 1-4 days

**Specimen Required:** Collect: Lavender (EDTA), Pink (K<sub>2</sub>EDTA), Yellow (ACD), or Plasma Preparation Tube (PPT).  
Specimen Preparation: Separate from cells within 24 hours of collection. Transfer 2 mL plasma to an ARUP Standard Transport Tube and freeze. (Min: 0.8 mL)  
Storage/Transport Temperature: Frozen.  
Unacceptable Conditions: Serum, CSF (refer to Human Immunodeficiency Virus 1 (HIV-1) by Quantitative NAAT, CSF, ARUP test code 3000872). Heparinized specimens.  
Stability (collection to initiation of testing): After separation from cells: Ambient: Unacceptable; Refrigerated: 72 hours; Frozen: 3 months

**Reference Interval:** Not detected

**Interpretive Data:** Normal range for this assay is "Not Detected".  
The quantitative range of this assay is 1.47-7.00 log copies/mL (30-10,000,000 copies/mL).

An interpretation of "Not Detected" does not rule out the presence of inhibitors or HIV-1 RNA concentration below the level of detection of the assay. Care should be taken in the interpretation of any single viral load determination.  
The clinical significance of changes in HIV-1 RNA concentration has not been fully established; however, a change of 0.5 log copies/mL may be significant.

This assay should not be used for blood donor screening, associated re-entry protocols, or for screening Human Cell, Tissues and Cellular Tissue-Based Products (HCT/P).

**Note:** The limit of quantification for this RNA assay is 1.47 log copies/mL (30 copies/mL). If the assay DETECTED the presence of the virus but was not able to accurately quantify the viral load, the test result will be reported as "< 30 Detected".

Specimens received with less than minimum volume for testing will automatically be run with a dilution according to the guidelines below:  
--Specimens with 240-700 µL will be diluted resulting in a modification of the quantitative range of the assay to 1.95-7.48 log copies/mL (90-30,000,000 copies/mL).

This test is intended for use in conjunction with clinical presentation and other laboratory markers as an indicator of disease prognosis. This test is also used as an aid in assessing viral response to antiretroviral treatment as measured by changes in HIV-1 RNA concentration.

**CPT Code(s):** 87536

New York DOH Approved.

**HOTLINE NOTE:** Refer to the Test Mix Addendum for interface build information.

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[0020284](#)     **Human Immunodeficiency Virus Type 1 (HIV-1) Antibody Confirmation by Western Blot**     **HIV WBLOT**

**Performed:** Varies  
**Reported:** 1-5 days

**2012669**

**Human Immunodeficiency Virus Types 1 and 2 (HIV-1/2) Antibody Differentiation, Supplemental, with Reflex to HIV-1 Quantitative NAAT, Plasma**

**HIV AB DIF**

**Methodology:** Qualitative Immunoassay/Quantitative **Transcription-Mediated Amplification**

**Specimen Required:** Collect: Lavender (EDTA), or Pink (K<sub>2</sub>EDTA).

Specimen Preparation: **Separate from cells within 24** hours of collection. Transfer 3 mL plasma into an ARUP Standard Transport Tube dedicated only for HIV testing. (Min: 1 mL) Remove particulate material.

Storage/Transport Temperature: Frozen.

Unacceptable Conditions: Serum. Heparinized or citrated plasma specimens. Specimens submitted in plasma preparation tube.

Specimens containing particulate material. Severely hemolyzed or heat-inactivated specimens.

Stability (collection to initiation of testing): After separation from cells: Ambient: Unacceptable; Refrigerated: **72 hours**; Frozen: **3 months** (avoid repeated freeze/thaw cycles)

**Reference Interval:**

Effective November 12, 2018

Test Number	Components	Reference Interval
	HIV-1 Antibody	Negative
	HIV-2 Antibody	Negative
3000867	Human Immunodeficiency Virus 1 (HIV-1) by Quantitative NAAT, Plasma	Not detected

**Note:** For use only when patient has a repeatedly reactive third or fourth generation HIV screen test result. This test discriminates between HIV-1 and HIV-2 antibodies. Results for each type are reported. This test is for use as the antibody differentiation test in the specific multi-test algorithm. It is not to be ordered as a rapid screen test and cannot be used as a supplemental test if the initial screen test was a rapid test.

If the HIV-1/2 Antibody Differentiation Immunoassay is Negative or Indeterminate, then the Human Immunodeficiency Virus 1 (HIV-1) by Quantitative NAAT, Plasma, will be added. Additional charges apply. Refer to Human Immunodeficiency Virus 1 (HIV-1) by Quantitative NAAT, Plasma (ARUP test code 3000867) for additional information regarding Performed or Reported times, Interpretive Data and Notes for the reflex test.

The multi-test algorithm is recommended by the Centers for Disease Control and Prevention (CDC) and the Clinical Laboratory Standards Institute (CLSI) for the diagnosis of HIV (refer to <http://www.arupconsult.com/Topics/HIV.html>).

**HOTLINE NOTE:** Remove information found in the Specimen Required Remarks field.

There is a reflexive pattern change associated with this test.

Add reflex to 3000867, HIV-1 by Quantitative NAAT, Plasma

Remove reflex to 0055598, HIV-1 by Quantitative PCR



Quarterly HOTLINE: Effective November 12, 2018

**New Test**     [3000462](#)  
[Click for Pricing](#)

**Immature PLT Fraction**

**IMM PLT**

**Methodology:** Automated Cell Count  
**Performed:** Sun-Sat  
**Reported:** Within 24 hours

**Specimen Required:** Collect: Lavender (EDTA) or Pink (K<sub>2</sub>EDTA).  
Specimen Preparation: Transport 3 mL whole blood. (Min: 0.5 mL)  
Storage/Transport Temperature: Refrigerated.  
Unacceptable Conditions: Clotted or hemolyzed specimens.  
Stability (collection to initiation of testing): Ambient: 8 hours; Refrigerated: 48 hours; Frozen: Unacceptable

**Reference Interval:**

Age	Male (%)	Female (%)
0-180 days	2.3-7.1	1.6-7.1
6-23 months	1.7-4.1	1.7-4.8
2-5 years	1.4-3.9	1.3-3.9
6-11 years	1.3-5.2	1.3-5.0
12-17 years	1.9-6.4	1.7-6.7
18 years and older	1.0-11.4	1.0-11.4

**CPT Code(s):** 85055

New York DOH approval pending. Call for status update.

**HOTLINE NOTE:** Refer to the Test Mix Addendum for interface build information.

[2008320](#)

**Infliximab or Biosimilar Activity and Neutralizing Antibody**

**IFX NAB**

**Specimen Required:** Patient Prep: Collect specimens before infliximab or biosimilar treatment.  
Collect: Serum separator tube.  
Specimen Preparation: Separate serum from cells ASAP or within 2 hours of collection. Transfer 1 mL serum to an ARUP Standard Transport Tube. (Min: 0.5 mL)  
Storage/Transport Temperature: Refrigerated.  
Unacceptable Conditions: Contaminated, hemolyzed, icteric, or lipemic specimens.  
Stability (collection to initiation of testing): After separation from cells: Ambient: 48 hours; Refrigerated: 4 weeks; Frozen: 1 year (avoid repeated freeze/thaw cycles)

[2013612](#)

**Infliximab or Biosimilar Activity with Reflex to Antibody**

**IFX DL R**

**Specimen Required:** Patient Prep: Collect specimens before infliximab or biosimilar treatment.  
Collect: Serum Separator Tube (SST).  
Specimen Preparation: Separate from cells ASAP or within 2 hours of collection. Transfer 1 mL serum to an ARUP Standard Transport Tube. (Min: 0.5 mL)  
Storage/Transport Temperature: Refrigerated.  
Unacceptable Conditions: Contaminated, hemolyzed, icteric, or lipemic specimens.  
Stability (collection to initiation of testing): After separation from cells: Ambient: 48 hours; Refrigerated: 4 weeks; Frozen: 1 year (avoid repeated freeze/thaw cycles)

**Reference Interval:**

Components	Reference Interval
Infliximab Activity w/Rflx to Ab	Not Detected
Infliximab Neutralizing Antibody Titer	Not Detected

Quarterly HOTLINE: Effective November 12, 2018

**2013993**

**Interstitial Lung Disease Panel**

**ILD PAN**

**Performed:** Mon, Tue, Thu, Fri  
**Reported:** 7-18 days

**Reference Interval:**  
 Effective November 12, 2018

Test Number	Components	Reference Interval	
		Test Number	Reference Interval
2012074	SSA 52 and 60 (Ro) (ENA) Antibodies, IgG		
			29 AU/mL or Less: Negative 30-40 AU/mL: Equivocal 41 AU/mL or greater: Positive
			29 AU/mL or Less: Negative 30-40 AU/mL: Equivocal 41 AU/mL or greater: Positive
0050599	Scleroderma (Scl-70) (ENA) Antibody, IgG		Negative
			Equivocal
			Positive
0099592	Jo-1 Antibody, IgG		Negative
			Equivocal
			Positive
	PL-7 (threonyl-tRNA synthetase) Antibody		Negative
	PL-12 (alanyl-tRNA synthetase) Antibody		Negative
	EJ (glycyl-tRNA synthetase) Antibody		Negative
	Ku Antibody		Negative
	SRP (Signal Recognition Particle) Ab		Negative
	OJ (isoleucyl-tRNA synthetase) Antibody		Negative
2003040	PM/Scl-100 Antibody, IgG by Immunoblot		Negative
			Negative
			Negative
	NXP-2 (Nuclear matrix protein-2) Ab		Negative
	Rheumatoid Factor		0-14 IU/mL
0055256	Cyclic Citrullinated Peptide (CCP) Antibody, IgG		Negative
			Weak positive
			Moderate positive
			Strong positive
3000082	Antinuclear Antibody (ANA), HEp-2, IgG		Less than 1:80
2001601	RNA Polymerase III Antibody, IgG		Negative
			Weak positive
			Moderate positive
			Strong positive

**Note:** Antibodies: Ro52, Ro60, Jo-1, PL-7, PL12, EJ, Ku, SRP, OJ, PM/Scl-100, MDA5, CCP, Scl-70, RA, ANA, NXP-2, RNA Polymerase III

**CPT Code(s):** 83516 x9; 86235 x5; 86200; 86431; 86039

**HOTLINE NOTE:** There is a component change associated with this test.

Add component 2001602, RNA Polymerase III Antibody, IgG

Add component 3000090, Antinuclear Antibody (ANA), HEp-2, IgG

Add component 3000096, ANA Interpretive Comment

Remove component 0050639, Anti-Nuclear Antibody (ANA), IgG by IFA

**0020745**

**Lead, Blood (Capillary)**

**LEAD CAP**

**Specimen Required:** Patient Prep: Clean puncture site well with soap and water before collection procedure begins.  
Collect: Lavender **Pediatric** (EDTA).  
Specimen Preparation: Invert specimen 10 times to prevent clot formation. Transport 0.5 mL whole blood. (Min: 0.3 mL)  
Storage/Transport Temperature: Room temperature. Also acceptable: Refrigerated.  
Remarks: Trace Elements requisition form may be required (ARUP form #32990).  
Unacceptable Conditions: **Specimens collected in tubes other than Lavender Pediatric (EDTA). Specimens transported in tubes other than trace-element free transport tubes or Lavender Pediatric (EDTA) tubes. Heparin anticoagulant. Clotted specimens. Venous whole blood, refer to Lead, Blood (Venous) 0020098.**  
Stability (collection to initiation of testing): **Ambient: Indefinitely; Refrigerated: Indefinitely; Frozen: Unacceptable**

**Interpretive Data:** Elevated results may be due to skin or collection-related contamination, including the use of a noncertified lead-free collection/transport tube. **If contamination concerns exist due to elevated levels of blood lead, confirmation with a venous specimen collected in a certified lead-free tube is recommended.**

Repeat testing is recommended prior to initiating chelation therapy or conducting environmental investigations of potential lead sources. **Repeat testing collections should be performed using a venous specimen collected in a certified lead-free collection tube.**

Information sources for reference intervals and interpretive comments include the "CDC Response to the 2012 Advisory Committee on Childhood Lead Poisoning Prevention Report" and the "Recommendations for Medical Management of Adult Lead Exposure, Environmental Health Perspectives, 2007." Thresholds and time intervals for retesting, medical evaluation, and response vary by state and regulatory body. Contact your State Department of Health and/or applicable regulatory agency for specific guidance on medical management recommendations.

Age	Concentration	Comment
All ages	5-9.9 µg/dL	Adverse health effects are possible, particularly in children under 6 years of age and pregnant women. Discuss health risks associated with continued lead exposure. For children and women who are or may become pregnant, reduce lead exposure.
All ages	10-19.9 µg/dL	Reduced lead exposure and increased biological monitoring are recommended.
All ages	20-69.9 µg/dL	Removal from lead exposure and prompt medical evaluation are recommended. Consider chelation therapy when concentrations exceed 50 µg/dL and symptoms of lead toxicity are present.
Less than 19 years of age	Greater than 44.9 µg/dL	Critical. Immediate medical evaluation is recommended. Consider chelation therapy when symptoms of lead toxicity are present.
Greater than 19 years of age	Greater than 69.9 µg/dL	Critical. Immediate medical evaluation is recommended. Consider chelation therapy when symptoms of lead toxicity are present.

See Compliance Statement B: [www.aruplab.com/CS](http://www.aruplab.com/CS)

**0020098**

**Lead, Blood (Venous)**

**LEAD-WB**

**Specimen Required:** Collect: Royal blue (K<sub>2</sub>EDTA or Na<sub>2</sub>EDTA) or tan (K<sub>2</sub>EDTA).

Specimen Preparation: Transport 7 mL whole blood (royal blue). (Min: 0.5 mL) **OR** Transport 3 mL whole blood (tan). (Min: 0.5 mL)

Storage/Transport Temperature: Room temperature. Also acceptable: Refrigerated.

Remarks: Trace Elements requisition form may be required (ARUP form #32990).

Unacceptable Conditions: Serum. **Specimens collected in tubes other than Royal Blue (K<sub>2</sub>EDTA or Na<sub>2</sub>EDTA) or tan (K<sub>2</sub>EDTA).**

Heparinized or clotted specimens. **Capillary pediatric EDTA collection tubes, refer to Lead, Blood (Capillary) 0020745.**

Stability (collection to initiation of testing): **Ambient:** Indefinitely; **Refrigerated:** Indefinitely; **Frozen:** Unacceptable

**Interpretive Data:** Elevated results may be due to skin or collection-related contamination, including the use of a noncertified lead-free tube. **If contamination concerns exist due to elevated levels of blood lead, confirmation with a second specimen collected in a certified lead-free tube is recommended.**

Information sources for reference intervals and interpretive comments include the "CDC Response to the 2012 Advisory Committee on Childhood Lead Poisoning Prevention Report" and the "Recommendations for Medical Management of Adult Lead Exposure, Environmental Health Perspectives, 2007." Thresholds and time intervals for retesting, medical evaluation, and response vary by state and regulatory body. Contact your State Department of Health and/or applicable regulatory agency for specific guidance on medical management recommendations.

Age	Concentration	Comment
All ages	5-9.9 µg/dL	Adverse health effects are possible, particularly in children under 6 years of age and pregnant women. Discuss health risks associated with continued lead exposure. For children and women who are or may become pregnant, reduce lead exposure.
All ages	10-19.9 µg/dL	Reduced lead exposure and increased biological monitoring are recommended.
All ages	20-69.9 µg/dL	Removal from lead exposure and prompt medical evaluation are recommended. Consider chelation therapy when concentrations exceed 50 µg/dL and symptoms of lead toxicity are present.
Less than 19 years of age	Greater than 44.9 µg/dL	Critical. Immediate medical evaluation is recommended. Consider chelation therapy when symptoms of lead toxicity are present.
Greater than 19 years of age	Greater than 69.9 µg/dL	Critical. Immediate medical evaluation is recommended. Consider chelation therapy when symptoms of lead toxicity are present.

See Compliance Statement B: [www.aruplab.com/CS](http://www.aruplab.com/CS)

**0025016**

**Lead, Industrial Exposure Panel, Adults**

**LEAD-IND**

**Specimen Required:** Patient Prep: Collect from patient aged 16 years or older.

Collect: Royal blue (K<sub>2</sub>EDTA or Na<sub>2</sub>EDTA) or tan (K<sub>2</sub>EDTA).

Specimen Preparation: Transport 7 mL whole blood (royal blue). (Min: 2 mL) **OR** Transport 3 mL whole blood (tan). (Min: 2 mL)

Storage/Transport Temperature: Refrigerated.

Remarks: Trace Elements requisition form may be required (ARUP form #32990).

Unacceptable Conditions: Serum. **Specimens collected in tubes other than Royal Blue (K<sub>2</sub>EDTA or Na<sub>2</sub>EDTA) or tan (K<sub>2</sub>EDTA).**

Heparinized, hemolyzed or clotted specimens.

Stability (collection to initiation of testing): Ambient: 30 hours; Refrigerated: 5 weeks; Frozen: Unacceptable

**Interpretive Data:** Elevated results may be due to skin or collection-related contamination, including the use of a noncertified lead-free collection/transport tube. **If contamination concerns exist due to elevated levels of blood lead, confirmation with a second specimen collected in a certified lead-free tube is recommended.**

Reference interval and interpretive comments are based on the "Recommendations for Medical Management of Adult Lead Exposure, Environmental Health Perspectives, 2007." Thresholds and time intervals for retesting, medical evaluation, and response vary by state and regulatory body. Actions described by OSHA in 1978 and finalized in 1983 are shown below. Contact your State Department of Health and/or applicable regulatory agency for specific guidance on medical management recommendations.

"Occupational Safety and Health Standards: Lead (1983). 29 CFR Part 1910.1025 App C"

Action required for workers with Elevated Lead Values OSHA, Occupational Exposure to Lead, 1978

No. of Tests	Lead	Action Required
1	Greater than or equal to 40.0 µg/dL	Notification of worker in writing; medical examination of worker and consultation.
3 (average)	Greater than or equal to 50.0 µg/dL	Removal of worker from job with potential lead exposure.
1	Greater than or equal to 60.0 µg/dL	Removal of worker from job with potential lead exposure.
2	Less than 40.0 µg/dL	Reinstatement of worker in job with potential lead exposure is based upon symptoms and medical evaluation.
		OSHA requirements in effect since 1978 call for the measurement of whole blood lead and zinc protoporphyrins (ZPP) (NCCLS document C42-A, Nov. 1996) to evaluate the occupational exposure to lead. OSHA requires ZPP whole blood testing to be reported in units of µg/dL. For adults, conversion of ZPP units of µg/dL whole blood assumes a hematocrit of 45 percent. Conversion factor: µmol/mol heme x 0.584= µg/dL.
		Information sources for reference intervals and interpretive comments provided below include the "CDC Response to the 2012 Advisory Committee on Childhood Lead Poisoning Prevention Report" and the "Recommendations for Medical Management of Adult Lead Exposure, Environmental Health Perspectives, 2007." Thresholds and time intervals for retesting, medical evaluation, and response vary by state and regulatory body. Contact your State Department of Health and/or applicable regulatory agency for specific guidance on medical management recommendations.

Age	Concentration	Comment
All ages	5-9.9 µg/dL	Adverse health effects are possible, particularly in children under 6 years of age pregnant women. Discuss health risks associated with continued lead exposure. For children and women who are or may become pregnant, reduce lead exposure.
All ages	10-19.9 µg/dL	Reduced lead exposure and increased biological monitoring are recommended.
All ages	20-69.9 µg/dL	Removal from lead exposure and prompt medical evaluation are recommended. Consider chelation therapy when concentrations exceed 50 µg/dL and symptoms of lead toxicity are present.
<19 years of age	Greater than 44.9 µg/dL	Critical. Immediate medical evaluation is recommended. Consider chelation therapy when symptoms of lead toxicity are present.
≥19 years of age	Greater than 69.9 µg/dL	Critical. Immediate medical evaluation is recommended. Consider chelation therapy when symptoms of lead toxicity are present.

See Compliance Statement B: [www.aruplab.com/CS](http://www.aruplab.com/CS)

**2011482**

**Lead, Random Urine**

**U LEADRAN**

**Specimen Required:** Patient Prep: Diet, medication, and nutritional supplements may introduce interfering substances. Patients should be encouraged to discontinue nutritional supplements, vitamins, minerals, and non-essential over-the-counter medications (upon the advice of their physician). High concentrations of iodine may interfere with elemental testing. **Collection of urine specimens from patients receiving iodinated or gadolinium-based contrast media should be avoided for a minimum of 72 hours post-exposure. Collection from patients with impaired kidney function should be avoided for a minimum of 14 days post-contrast media exposure.**

Collect: Random urine.

Specimen Preparation: Transfer an 8 mL aliquot from a well-mixed collection to ARUP Trace Element-Free Transport Tubes (ARUP supply #43116), available online through eSupply using ARUP Connector contact ARUP Client Services at (800) 522-2787. (Min: 1 mL)

Storage/Transport Temperature: Refrigerated. Also acceptable: Room temperature or frozen.

Unacceptable Conditions: **Urine collected within 72 hours after administration of iodinated or gadolinium-based contrast media.**

Stability (collection to initiation of testing): Ambient: 1 week; Refrigerated: 2 weeks; Frozen: 1 year

**Reference Interval:**

Effective November 12, 2018

Components	Reference Interval
Lead, Urine - per volume	0.0-5.0 µg/L
Lead, Urine - ratio to CRT	0.0-5.0 ug/gCRT

**Interpretive Data:** Quantification of urine excretion rates before or after chelation therapy has been used as an indicator of lead exposure. Urinary excretion of >125 mg of lead per 24 hours is usually associated with related evidence of lead toxicity.

See Compliance Statement B: [www.aruplab.com/CS](http://www.aruplab.com/CS)

**0025060**

**Lead, Urine**

**LEAD U**

**Specimen Required:** Patient Prep: Diet, medication, and nutritional supplements may introduce interfering substances. Patients should be encouraged to discontinue nutritional supplements, vitamins, minerals, and non-essential over-the-counter medications (upon the advice of their physician). High concentrations of iodine may interfere with elemental testing. **Collection of urine specimens from patients receiving iodinated or gadolinium-based contrast media should be avoided for a minimum of 72 hours post-exposure. Collection from patients with impaired kidney function should be avoided for a minimum of 14 days post-contrast media exposure.**

Collect: 24-hour or random urine collection. Specimen must be collected in a plastic container. **ARUP studies indicate that refrigeration of urine alone, during and after collection, preserves specimens adequately, if tested within 14 days of collection.**

Specimen Preparation: Transfer an 8 mL aliquot from a well-mixed collection to ARUP Trace Element-Free Transport Tubes (ARUP supply #43116). Available online through eSupply using ARUP Connect™ or contact ARUP Client Services at (800) 522-2787. (Min: 1 mL)

Storage/Transport Temperature: Refrigerated. Also acceptable: Room temperature or frozen.

Remarks: Trace Elements requisition form may be required (ARUP form #32990-Barcode; #32991-No Barcode). Record total volume and collection time interval on transport tube and on test request form.

Unacceptable Conditions: **Urine collected within 72 hours after administration of iodinated or gadolinium-based contrast media.** Acid preserved urine. Specimens contaminated with blood or fecal material. Specimens transported in non-trace element free transport tube (with the exception of the original device).

Stability (collection to initiation of testing): Ambient: 1 week; Refrigerated: 2 weeks; Frozen: 1 year

**Reference Interval:**

Test Number	Components	Reference Interval		
	Lead, Urine- per Volume	Effective November 12, 2018 0-5.0 ug/L		
	Lead, Urine - per 24h	0-8.1 µg/d		
	Lead Urine-ratio to CRT	Effective November 12, 2018 0.0-5.0 ug/gCRT		
	Creatinine, Urine - per 24h	Age	Male	Female
		3-8 years	140-700 mg/d	140-700 mg/d
		9-12 years	300-1300 mg/d	300-1300 mg/d
		13-17 years	500-2300 mg/d	400-1600 mg/d
		18-50 years	1000-2500 mg/d	700-1600 mg/d
		51-80 years	800-2100 mg/d	500-1400 mg/d
		81 years and older	600-2000 mg/d	400-1300 mg/d

Quarterly HOTLINE: Effective November 12, 2018

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**0060113**      ***Legionella* Species, Culture**      **MC LEGION**

**Performed:** Sun-Sat  
**Reported:** Within 8 days  
 Positives are reported as soon as detected  
 Final: Negative at 7 days

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**0060158**      ***Leptospira* Culture**      **MC LEPTO**

**Performed:** Sun-Sat  
**Reported:** Within 43 days  
 Positives are reported as soon as detected.  
 Final: Negative at 6 weeks

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**0080503**      **Lipoprotein Electrophoresis**      **LIPOELECT**

**CPT Code(s):** 83700, 80061

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**0050119**      **Lupus Comprehensive Reflexive Panel**      **LUPUS COMP**

**HOTLINE NOTE:** There is a reflexive pattern change associated with this test.  
 Add reflex to 3000082, Antinuclear Antibody (ANA), HEp-2, IgG  
 Remove reflex to 0050639, ANA by IFA, IgG

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**0051205**      **Medium Chain Acyl-CoA Dehydrogenase (ACADM) 2 Mutations**      **MCADPCR**

**Performed:** DNA isolation: Sun-Sat; Assay: Sun-Sat  
**Reported:** 3-5 days

2011481

**Mercury, Random Urine**

**U MERCRAND**

**Performed:** Sun-Sat  
**Reported:** 1-3 days

**Specimen Required:** Patient Prep: Diet, medication, and nutritional supplements may introduce interfering substances. Patients should be encouraged to discontinue nutritional supplements, vitamins, minerals, and non-essential over-the-counter medications (upon the advice of their physician), and avoid shellfish and seafood for 48 to 72 hours. High concentrations of iodine may interfere with elemental testing. Collection of urine specimens from patients receiving iodinated or gadolinium-based contrast media should be avoided for a minimum of 72 hours post-exposure. Collection from patients with impaired kidney function should be avoided for a minimum of 14 days post-contrast media exposure.

Collect: Random urine.

Specimen Preparation: Transfer an 8 mL aliquot from a well-mixed collection to ARUP Trace Element-Free Transport Tubes (ARUP supply #43116), available online through eSupply using ARUP Connector contact ARUP Client Services at (800) 522-2787. (Min: 1 mL).

Storage/Transport Temperature: Refrigerated. Also acceptable: Room temperature or frozen.

Unacceptable Conditions: Urine collected within 72 hours after administration of iodinated or gadolinium-based contrast media. Acid preserved urine. Specimens contaminated with blood or fecal material. Specimens transported in non-trace element free transport tube (with the exception of the original device).

Stability (collection to initiation of testing): Ambient: 1 week; Refrigerated: 2 weeks; Frozen: 1 year

**Reference Interval:**

Effective November 12, 2018

Components	Reference Interval
Mercury, Urine - per volume	0-5.0 µg/L
Mercury, Urine - ratio to CRT	0.0-20.0 µg/gCRT

**Interpretive Data:** Urinary mercury levels predominantly reflect acute or chronic elemental or inorganic mercury exposure. Urine concentrations in unexposed individuals are typically less than 10 µg/L. 24-hour urine concentrations of 30 to 100 µg/L may be associated with subclinical neuropsychiatric symptoms and tremors. Concentrations greater than 100 µg/L can be associated with overt neuropsychiatric disturbances and tremors. Urine mercury levels may be useful in monitoring chelation therapy.

See Compliance Statement B: [www.aruplab.com/CS](http://www.aruplab.com/CS)



**0025050**

**Mercury, Urine**

**MERCURY U**

**Performed:** Sun-Sat  
**Reported:** 1-3 days

**Specimen Required:** Patient Prep: Diet, medication, and nutritional supplements may introduce interfering substances. Patients should be encouraged to discontinue nutritional supplements, vitamins, minerals, and non-essential over-the-counter medications (upon the advice of their physician), and avoid shellfish and seafood for 48 to 72 hours. High concentrations of iodine may interfere with elemental testing. Collection of urine specimens from patients receiving iodinated or gadolinium-based contrast media should be avoided for a minimum of 72 hours post-exposure. Collection from patients with impaired kidney function should be avoided for a minimum of 14 days post-contrast media exposure.

Collect: 24-hour or random urine collection. Specimen must be collected in a plastic container. **ARUP studies indicate that refrigeration of urine alone, during and after collection, preserves specimens adequately, if tested within 14 days of collection.**  
Specimen Preparation: Transfer an 8 mL aliquot from a well-mixed collection to ARUP Trace Element-Free Transport Tubes (ARUP supply #43116). Available online through eSupply using ARUP Connect™ or contact ARUP Client Services at (800) 522-2787. (Min: 1 mL)

Storage/Transport Temperature: Refrigerated. Also acceptable: Room temperature or frozen.

Remarks: Trace Elements requisition form may be required (ARUP form #32990-Barcode; #32991-No Barcode). Record total volume and collection time interval on transport tube and on test request form.

Unacceptable Conditions: Urine collected within 72 hours after administration of iodinated or gadolinium-based contrast media. Acid preserved urine. Specimens contaminated with blood or fecal material. Specimens transported in non-trace element free transport tube (with the exception of the original device).

Stability (collection to initiation of testing): Ambient: 1 week; Refrigerated: 2 weeks; Frozen: 1 year

**Reference Interval:**

Test Number	Components	Reference Interval		
	Mercury, Urine - per volume	Effective November 12, 2018 0.0-5.0 µg/L		
	Mercury, Urine - per 24h	Effective November 12, 2018 0.0-20.0 µg/d		
	Mercury, Urine - ratio to CRT	0.0-20.0 µg/gCRT		
	Creatinine, Urine - per 24h	<b>Age</b>	<b>Male</b>	<b>Female</b>
		3-8 years	140-700 mg/d	140-700 mg/d
		9-12 years	300-1300 mg/d	300-1300 mg/d
		13-17 years	500-2300 mg/d	400-1600 mg/d
		18-50 years	1000-2500 mg/d	700-1600 mg/d
		51-80 years	800-2100 mg/d	500-1400 mg/d
		81 years and older	600-2000 mg/d	400-1300 mg/d

**0099305**

**Mercury, Whole Blood**

**HG B**

**Performed:** Sun-Sat  
**Reported:** 1-3 days

**Specimen Required:** Patient Prep: Diet, medication, and nutritional supplements may introduce interfering substances. Patient should be encouraged to discontinue nutritional supplements, vitamins, minerals, and non-essential over-the-counter medications (upon the advice of their physician), and avoid shellfish and seafood for 48 to 72 hours.  
Collect: Royal blue (K<sub>2</sub>EDTA or Na<sub>2</sub>EDTA).  
Specimen Preparation: Transport 7 mL whole blood in the original collection tube. (Min: 0.5 mL)  
Storage/Transport Temperature: Room temperature. Also acceptable: Refrigerated.  
Remarks: Trace Elements requisition form may be required (ARUP form #32990).  
Unacceptable Conditions: Specimens collected in tubes other than Royal Blue (EDTA). Specimens transported in containers other than Royal Blue (EDTA) tube or Trace Element-Free Transport Tube. Heparin anticoagulant. Clotted specimens.  
Stability (collection to initiation of testing): Ambient: 1 week; Refrigerated: 1 week; Frozen: Unacceptable

**Reference Interval:** Effective November 12, 2018  
 0.0-10.0 µg/L

**Interpretive Data:** Elevated results may be due to skin or collection-related contamination, including the use of a noncertified metal-free collection/transport tube. If contamination concerns exist due to elevated levels of blood mercury, confirmation with a second specimen collected in a certified metal-free tube is recommended.

Blood mercury levels predominantly reflect recent exposure and are most useful in the diagnosis of acute poisoning as blood mercury concentrations rise sharply and fall quickly over several days after ingestion. Blood concentrations in unexposed individuals rarely exceed 20 µg/L. The provided reference interval relates to inorganic mercury concentrations. Dietary and non-occupational exposure to organic mercury forms may contribute to an elevated total mercury result. Clinical presentation after toxic exposure to organic mercury may include dysarthria, ataxia and constricted vision fields with mercury blood concentrations from 20 to 50 µg/L.

See Compliance Statement B: [www.aruplab.com/CS](http://www.aruplab.com/CS)

**Note:** Mercury is volatile; concentration may decrease over time.

**HOTLINE NOTE:** There is a numeric map change associated with this test.  
 Change the numeric map for component 0099305, Mercury, Whole Blood from XXXXX to XXX.X.

**2011539**

**Mexiletine, Serum or Plasma**

**MEXILE**

**Reference Interval:**  
 Effective November 12, 2018

Therapeutic Range	0.5-2.0 µg/mL
Toxic Level	Greater than 2.0 µg/mL

**Interpretive Data:** The therapeutic range is based on serum pre-dose (trough) draw at steady-state concentration. Toxic concentrations may cause hypotension, tremor and cardiac abnormalities.

See Compliance Statement B: [www.aruplab.com/CS](http://www.aruplab.com/CS)

**2006065**

**Mitochondrial Disorders (mtDNA) Sequencing**

**MT SEQ**

**Performed:** Varies  
**Reported:** 3-6 weeks

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.

**2006054 Mitochondrial Disorders Panel (mtDNA Sequencing, Nuclear Genes Sequencing, and Deletion/Duplication) MT PANEL**

**Performed:** Varies  
**Reported:** 3-6 weeks

**Note:** *Genes tested by Sequencing: MT-ATP6, MT-ATP8, MT-CO1, MT-CO2, MT-CO3, MT-CYB, MT-ND1, MT-ND2, MT-ND3, MT-ND4, MT-ND4L, MT-ND5, MT-ND6, MT-RNR1, MT-RNR2, MT-TA, MT-TC, MT-TD, MT-TE, MT-TF, MT-TG, MT-TH, MT-TI, MT-TK, MT-TL1, MT-TL2, MT-TM, MT-TN, MT-TP, MT-TQ, MT-TR, MT-TS1, MT-TS2, MT-TT, MT-TV, MT-TW, MT-TY, ABCB7, ACAD9, ACADL, ACADM, ACADS, ACADVL, ACAT1, ADCK3, APTX, ASS1, ATPAF2, BCKDHA, BCKDHB, BCS1L, C10orf2, COQ2, COQ9, COX10, COX15, COX4I2, COX6B1, CPT1A, CPT2, CYCS, DARS2, DBT, DGUOK, DLAT, DLD, DNAJC19, DNMI1, ETFA, ETFB, ETFDH, ETHE1, FASTKD2, FH, FXN, GFER, GFM1, HADH, HADHA, HADHB, HMGCL, HMGCS2, HSPD1, ISCU, LARS2, LRPPRC, MCCC2, MFN2, MPV17, MRPS16, MRPS22, NDUFA1, NDUFA11, NDUFA2, NDUFAF1, NDUFAF2, NDUFAF3, NDUFAF4, NDUFAF5, NDUFAF5, NDUFS1, NDUFS2, NDUFS3, NDUFS4, NDUFS6, NDUFS7, NDUFS8, NDUFV1, NDUFV2, OPA1, OXCT1, PC, PCK2, PDHA1, PDHB, PDHX, PDP1, PDSS1, PDSS2, PINK1, POLG, POLG2, PPM1B, PREPL, PUS1, RARS2, RRM2B, SCO1, SCO2, SDHAF1, SDHB, SDHC, SDHD, SLC22A5, SLC25A13, SLC25A15, SLC25A19, SLC25A20, SLC25A22, SLC25A3, SLC25A4, SLC3A1, SPG7, SUCLA2, SUCLG1, SUOX, SURF1, TAZ, TIMM8A, TK2, TMEM70, TRMU, TSFM, TUFM, TYMP, UQCRB, UQCRO, WFS1*

*Genes tested by Deletion/Duplication: ABCB7, ACAD9, ACADL, ACADM, ACADS, ACADVL, ACAT1, ADCK3, APTX, ASS1, ATPAF2, BCKDHA, BCKDHB, BCS1L, C10orf2, COQ2, COQ9, COX10, COX15, COX4I2, COX6B1, CPT1A, CPT2, CYCS, DARS2, DBT, DGUOK, DLAT, DLD, DNAJC19, DNMI1, ETFA, ETFB, ETFDH, ETHE1, FASTKD2, FH, FXN, GFER, GFM1, HADH, HADHA, HADHB, HMGCL, HMGCS2, HSPD1, ISCU, LRPPRC, MCCC2, MFN2, MPV17, MRPS16, MRPS22, NDUFA1, NDUFA11, NDUFAF1, NDUFAF2, NDUFAF3, NDUFAF4, NDUFAF5, NDUFS1, NDUFS2, NDUFS3, NDUFS4, NDUFS6, NDUFS7, NDUFS8, NDUFV1, NDUFV2, OPA1, OXCT1, PC, PCK2, PDHA1, PDHB, PDHX, PDP1, PDSS1, PDSS2, PINK1, POLG, POLG2, PPM1B, PREPL, PUS1, RARS2, RRM2B, SCO1, SCO2, SDHAF1, SDHB, SDHC, SDHD, SLC22A5, SLC25A13, SLC25A15, SLC25A19, SLC25A20, SLC25A22, SLC25A3, SLC25A4, SLC3A1, SPG7, SUCLA2, SUCLG1, SUOX, SURF1, TAZ, TIMM8A, TK2, **TMEM70, TRMU**, TSFM, TUFM, TYMP, UQCRB, UQCRO, WFS1*

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.

**2013961 Myositis Extended Panel MYOS PAN**

**Performed:** Mon, Tue, Thu, Fri  
**Reported:** 7-18 days

**0060093 Nocardia Culture and Gram Stain MC NOC**

**Performed:** Sun-Sat  
**Reported:** Within 15 days  
 Positive: As soon as detected  
 Final: Negative at 14 days

**2010772 Noonan Spectrum Disorders Panel, **Sequencing** NOONAN SEQ**

**Performed:** Varies  
**Reported:** 3-6 weeks

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.

**2010769 Noonan Spectrum Disorders Panel, **Sequencing, Fetal** NOONAN FE**

**Performed:** Varies  
**Reported:** 2-4 weeks, if culture is required an additional 1 to 2 weeks is required for processing time.

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.

Quarterly HOTLINE: Effective November 12, 2018

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**New Test**    [3000496](#)    **PanFungal Identification by Sequencing**    **PANFUNGSEQ**  
 Available Now  
[Click for Pricing](#)

**Methodology:** Polymerase Chain Reaction/Sequencing  
**Performed:** Sun, Mon, Wed  
**Reported:** 3-5 days

**Specimen Required:** Collect: Tissue.  
Specimen Preparation: Transfer fresh tissue to a sterile container and freeze immediately. (Min: 25 mg) Also acceptable: Formalin-fixed paraffin-embedded (FFPE) tissue. (Min: 3 10-micron thick sections)  
Storage/Transport Temperature: **Fresh Tissue:** Frozen.  
**FFPE:** Room temperature.  
Unacceptable Conditions: Formalin-fixed paraffin-embedded tissue on slides.  
Stability (collection to initiation of testing): **Fresh Tissue:** Ambient: 5 days; Refrigerated: 5 days; Frozen: 5 days  
**FFPE:** Ambient: 1 month; Refrigerated: 1 month; Frozen: Unacceptable

**Interpretive Data:** This assay detects and identifies human fungal pathogens by Sanger sequencing. This assay cannot differentiate invasive fungal infection from environmental fungal DNA. Clinical correlation of sequencing result is recommended.  
 See Compliance Statement B: [www.aruplab.com/CS](http://www.aruplab.com/CS)

**CPT Code(s):** 87999

New York DOH approval pending. Call for status update.

**HOTLINE NOTE:** Refer to the Test Mix Addendum for interface build information.

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[2007370](#)    **Periodic Fever Syndromes Panel, Sequencing and Deletion/Duplication**    **PRFEVERPAN**

**Performed:** Varies  
**Reported:** 3-6 weeks

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.

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[2013992](#)    **Polymyositis and Dermatomyositis Panel**    **COMBI MYO**

**Performed:** Mon, Tue, Thu, Fri  
**Reported:** 7-18 days

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[2013990](#)    **Polymyositis Panel**    **POLY MYO**

**Performed:** Mon, Tue, Thu, Fri  
**Reported:** 7-18 days

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[2011156](#)    **Primary Antibody Deficiency Panel, Sequencing and Deletion/Duplication**    **PAD PANEL**

**Performed:** Varies  
**Reported:** 3-6 weeks

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.

Quarterly HOTLINE: Effective **November 12, 2018**

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**New Test**    [3000712](#)    **Propafenone Quantitation, Serum or Plasma**    **PROPA SP**  
[Click for Pricing](#)

**Methodology:** Quantitative High Performance Liquid Chromatography  
**Performed:** Varies  
**Reported:** 3-9 days

**Specimen Required:** Collect: Plain Red, Lavender (EDTA), or Pink (K<sub>2</sub>EDTA).  
Specimen Preparation: Transfer 2 mL serum or plasma to an ARUP Standard Transport Tube. (Min: 0.7 mL)  
Storage/Transport Temperature: Refrigerated. Also acceptable: Room temperature or frozen.  
Unacceptable Conditions: Separator tubes.  
Stability (collection to initiation of testing): Ambient: 2 weeks; Refrigerated: 2 weeks; Frozen: 8 months

**Reference Interval:** By report

**Note:** Use of peak serum level is recommended for patient monitoring. Blood drug level drops rapidly, leading to many negative results at the trough. Peak serum concentration occurs 3 to 4 hours post dose.

**CPT Code(s):** 80375 (Alt code: G0480)

New York DOH Approved.

**HOTLINE NOTE:** Refer to the Test Mix Addendum for interface build information.

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[3000240](#)    **Prostaglandin D2 (PG D2), Urine**    **PROST D2U**

**Specimen Required:** Patient Prep: Aspirin, indomethacin, or anti-inflammatory medications should be discontinued, if possible, at least 48 hours prior to collection.  
Collect: Random urine  
Specimen Preparation: Transfer 10 mL urine to ARUP Standard Transport Tubes and freeze immediately. (Min: 5 mL)  
Storage/Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.  
Unacceptable Conditions: 24 hour urine collection.  
Stability (collection to initiation of testing): Ambient: Unacceptable; Refrigerated: Unacceptable; Frozen: 6 months

**New Test**     [3000134](#)  
[Click for Pricing](#)

**Prostate Health Index**

**PROST INDX**

**Methodology:** Quantitative Chemiluminescent Immunoassay  
**Performed:** Mon  
**Reported:** 1-7 days

**Specimen Required:** Patient Prep: Specimens for testing must be drawn prior to prostate manipulations such as digital rectal examination (DRE), prostatic massage, transrectal ultrasound (TRUS), and prostatic biopsy.  
Collect: Serum Separator Tube (SST) or Plain Red.  
Specimen Preparation: Allow specimen to clot completely at room temperature. Separate from cells within 3 hours of collection. Transfer 1.5 mL serum to an ARUP Standard Transport Tube. (Min: 1 mL)  
Storage/Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered. Ship patient and control specimens together.  
Unacceptable Conditions: Plasma.  
Stability (collection to initiation of testing): After separation from cells: Ambient: Unacceptable; Refrigerated: Unacceptable; Frozen: 5 months

**Reference Interval:** By report

**Interpretive Data:** The Prostate Health Index (P Score) is indicated for use as an aid in distinguishing prostate cancer from benign prostatic conditions, for prostate cancer detection in men aged 50 years and older with total PSA between 4 and 10 ng/mL, and with digital rectal examination findings that are not suspicious for cancer. The P Score may also be used to determine the probability of prostate cancer on biopsy for an individual patient. Higher P Scores are associated with higher probability of prostate cancer. Prostatic biopsy is required for diagnosis of cancer.

Testing is performed with Beckman Coulter UniCel DxI 800 Access PSA, free PSA, and p2PSA assays using Hybritech calibration. Results obtained with different assay methods or kits cannot be used interchangeably. Results cannot be interpreted as absolute evidence of the presence or absence of malignant disease.

**Probability of prostate cancer on biopsy based on P Score in patients with PSA between 4 and 10 ng/mL**

Prostate Health Index (P Score)	Probability of Cancer (percent)	95 percent Confidence Interval
0-26.9	9.8	5.2-15.4
27.0-35.9	16.8	11.3-22.2
36.0-54.9	33.3	26.8-39.9
55.0 and greater	50.1	39.8-61.0
When total PSA is <4 ng/mL or >10 ng/mL, free PSA and p2PSA assays are not performed. P Scores are therefore not available in that scenario.		

**When PSA is between 4 and 10 ng/mL, percent free PSA is also calculated.**

**The probability of prostate cancer for men with non-suspicious digital rectal exam (DRE) results and PSA between 4 and 10 ng/ml by patient age based on percent free PSA**

Percent free PSA	Probability of Cancer for Ages 50-64 years	Probability of Cancer for Ages 65-75 years
0-10	56	55
11-15	24	35
16-20	17	23
21-25	10	20
25 or greater	5	9

**Note:** If the Total PSA result is in the range of 4 to 10 ng/mL, then free PSA and p2PSA along with calculation of the free PSA percent and a P Score will be added. Additional charges will apply.

**CPT Code(s):** 84153; if reflexed add 84154, 86316

New York DOH Approved.

**HOTLINE NOTE:** Refer to the Test Mix Addendum for interface build information.

[2008095](#)     **14-3-3 Protein Tau/Theta, CSF**

**14-3-3 CSF**

**CPT Code(s):** 0035U (Alt code: 86317; 84182; 87798)

Quarterly HOTLINE: Effective November 12, 2018

[2009345](#)

**Pulmonary Arterial Hypertension (PAH) Panel, Sequencing and Deletion/Duplication**

**PAH PANEL**

**Performed:** Varies  
**Reported:** 3-6 weeks

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.

**New Test** [2012849](#)  
[Click for Pricing](#)

**Rapid Mendelian Genes Sequencing Panel, Trio**

**RAPID SEQ**



Informed Consent for Rapid Mendelian Genes Sequencing Panel, Trio



Patient History for Rapid Mendelian Genes Sequencing Panel, Trio

**Methodology:** Massively Parallel Sequencing  
**Performed:** Varies  
**Reported:** 2-4 weeks

**Specimen Required:** Collect: Lavender (EDTA). Peripheral blood required.  
 AND Maternal Specimen: Lavender (EDTA). Peripheral blood required.  
 AND Paternal Specimen: Lavender (EDTA). Peripheral blood required.  
Specimen Preparation: Transport 3 mL whole blood. (Min: 1 mL)  
 AND Maternal Specimen: Transport 3 mL whole blood. (Min: 1 mL)  
 AND Paternal Specimen: Transport 3 mL whole blood. (Min: 1 mL)  
Storage/Transport Temperature: Refrigerated.  
Remarks: Specimens from both parents must also be submitted for proper interpretation  
Stability (collection to initiation of testing): Ambient: 72 hours; Refrigerated: 1 week; Frozen: Unacceptable

**Reference Interval:** By report

**Interpretive Data:** Refer to report.

See Compliance Statement C: [www.aruplab.com/CS](http://www.aruplab.com/CS)

**Note:** The following must be submitted with the test order: Completed Rapid Sequencing consent form signed by a legal guardian and a completed Patient History for Rapid Sequencing form for each specimen. Control specimens from both parents must be submitted and a Genomics Control (ARUP Test Code 2007820) should be also ordered (at no additional charge) to aid in the interpretation of the patient's result. For each parental specimen, please indicate on the test requisition form that the specimen is either a "maternal control" or "paternal control" and clearly reference the patient's name.

**CPT Code(s):** 81479

New York DOH approval pending. Call for status update.

**HOTLINE NOTE:** Refer to the Test Mix Addendum for interface build information.

[2007085](#)

**Retinitis Pigmentosa/Leber Congenital Amaurosis Panel, Sequencing and Deletion/Duplication**

**RP PANEL**

**Performed:** Varies  
**Reported:** 3-6 weeks

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.

Quarterly HOTLINE: Effective November 12, 2018

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**2012015**      **Skeletal Dysplasia Panel, Sequencing and Deletion/Duplication**      **SKEL PANEL**

**Performed:**      Varies  
**Reported:**      3-6 weeks

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.

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**2012010**      **Skeletal Dysplasia Panel, Sequencing and Deletion/Duplication, Fetal**      **SKEL FE**

**Performed:**      Varies  
**Reported:**      2-4 weeks, if culture is required an additional 1 to 2 weeks is required for processing time.

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.

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**2007991**      **Solid Tumor Mutation Panel by Next Generation Sequencing**      **SOLID NGS**

**CPT Code(s):**      81445, 88381

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**New Test**      **3000714**      **Sotalol Quantitation, Serum/Plasma**      **SOTA SP**  
[Click for Pricing](#)

**Methodology:**      Quantitative High Performance Liquid Chromatography-Tandem Mass Spectrometry  
**Performed:**      Varies  
**Reported:**      3-10 days

**Specimen Required:** Collect: Plain Red, Lavender (EDTA), or Pink (K<sub>2</sub>EDTA).  
Specimen Preparation: Separate from cells ASAP or within 2 hours of collection. Transfer 1 mL serum or plasma to an ARUP Standard Transport Tube. (Min: 0.22 mL)  
Storage/Transport Temperature: Refrigerated. Also acceptable: Room temperature or frozen.  
Unacceptable Conditions: Separator tubes.  
Stability (collection to initiation of testing): Ambient: 2 weeks; Refrigerated: 1 month; Frozen: 1 month

**Reference Interval:** By report

**CPT Code(s):**      80375 (Alt code: G0480)

New York DOH Approved.

**HOTLINE NOTE:** Refer to the Test Mix Addendum for interface build information.

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**0050725**      ***Streptococcus pneumoniae* Antibodies, IgG (14 Serotypes)**      **PNEUMO AB**

**Performed:**      Sun-Sat  
**Reported:**      1-3 days



**0025019**

**Thallium, Urine**

**THALU**

**Performed:** Sun-Sat  
**Reported:** 1-3 days

**Specimen Required:** Patient Prep: Diet, medication, and nutritional supplements may introduce interfering substances. Patients should be encouraged to discontinue nutritional supplements, vitamins, minerals, and non-essential over-the-counter medications (upon the advice of their physician). High concentrations of iodine may interfere with elemental testing. **Collection of urine specimens from patients receiving iodinated or gadolinium-based contrast media should be avoided for a minimum of 72 hours post-exposure. Collection from patients with impaired kidney function should be avoided for a minimum of 14 days post-contrast media exposure.**  
Collect: 24-hour or random urine collection. Specimen must be collected in a plastic container. **ARUP studies indicate that refrigeration of urine alone, during and after collection, preserves specimens adequately if tested within 14 days of collection.**  
Specimen Preparation: Transfer an 8 mL aliquot from a well-mixed collection to ARUP Trace Element-Free Transport Tubes (ARUP supply #43116). Available online through eSupply using ARUP Connect™ or contact ARUP Client Services at (800) 522-2787. (Min: 1 mL)  
Storage/Transport Temperature: Refrigerated. Also acceptable: Room temperature or frozen.  
Remarks: Record total volume and collection time interval on transport tube and on test request form.  
Unacceptable Conditions: **Urine collected within 72 hours after administration of iodinated or gadolinium-based contrast media.** Acid preserved urine. Specimens contaminated with blood or fecal material. Specimens transported in non-trace element-free transport tube (with the exception of the original device).  
Stability (collection to initiation of testing): Ambient: 1 week; Refrigerated: 2 weeks; Frozen: 1 year

**Reference Interval:**  
 Effective November 12, 2018

Test Number	Components	Reference Interval		
	Thallium, Urine - per volume	0.0-2.0 µg/L		
	Thallium, Urine - per 24h	0.0-0.4 µg/d		
	Thallium, Urine - ratio to CRT	0.0-2.0 µg/g CRT		
0020473	Creatinine, Urine - per 24h	<b>Age</b>	<b>Male</b>	<b>Female</b>
		3-8 years	140-700 mg/d	140-700 mg/d
		9-12 years	300-1300 mg/d	300-1300 mg/d
		13-17 years	500-2300 mg/d	400-1600 mg/d
		18-50 years	1000-2500 mg/d	700-1600 mg/d
		51-80 years	800-2100 mg/d	500-1400 mg/d
		81 years and older	600-2000 mg/d	400-1300 mg/d

**2007384**

**Vascular Malformations Panel, Sequencing and Deletion/Duplication**

**VASC PANEL**

**Performed:** Varies  
**Reported:** 3-6 weeks

**HOTLINE NOTE:** There is a price change associated with this test. Please contact ARUP Client Services at (800) 522-2787 for additional information.

**0092628**

**Voltage-Gated Calcium Channel (VGCC) Antibody**

**VGCC AB**

**Specimen Required:** Collect: Plain Red or Serum Separator Tube (SST).  
Specimen Preparation: Separate from cells ASAP or within 2 hours of collection. Transfer 1 mL serum to an ARUP Standard Transport Tube. (Min: 0.2 mL)  
Storage/Transport Temperature: Refrigerated.  
Unacceptable Conditions: Plasma. Hemolyzed or grossly lipemic specimens.  
Stability (collection to initiation of testing): After separation from cells: Ambient: 72 hours; Refrigerated: 2 weeks; Frozen: 1 month

Quarterly HOTLINE: Effective **November 12, 2018**

**New Test**    [3000721](#)  
[Click for Pricing](#)

**Ziprasidone Quantitation, Serum or Plasma**

**ZIPRA SP**

**Methodology:** Quantitative High Performance Liquid Chromatography-Tandem Mass Spectrometry  
**Performed:** Varies  
**Reported:** 3-10 days

**Specimen Required:** Collect: Plain Red, Lavender (EDTA), or Pink (K<sub>2</sub>EDTA).  
Specimen Preparation: Separate from cells ASAP or within 2 hours of collection. Transfer 1 mL serum or plasma to an ARUP Standard Transport Tube. (Min: 0.4 mL)  
Storage/Transport Temperature: Refrigerated. Also acceptable: Room temperature or frozen.  
Unacceptable Conditions: Separator tubes.  
Stability (collection to initiation of testing): Ambient: 2 weeks; Refrigerated: 1 month; Frozen: 1 year

**Reference Interval:** By report

**CPT Code(s):** 80342 (Alt code: G0480)

New York DOH Approved.

**HOTLINE NOTE:** Refer to the Test Mix Addendum for interface build information.

Quarterly HOTLINE: Effective **November 12, 2018**

**The following will be discontinued from ARUP's test menu on November 12, 2018.  
Replacement test options are supplied if applicable.**

Test Number	Test Name	Refer To Replacement
<a href="#">2013375</a>	Allergen, Food, Milk (Sheep), IgE	
<a href="#">0097911</a>	Allergen, Food, Sugar Cane IgG4	
<a href="#">0097325</a>	Allergen, Food, Yam IgE	
<a href="#">2008601</a>	Allergen, Fungi and Molds, <i>Aspergillus fumigatus</i> IgG	<a href="#">Aspergillus fumigatus Antibody IgG (3000876)</a>
<a href="#">0090393</a>	Allergen, Fungi and Molds, <i>Trichophyton rubrum</i> IgG	
<a href="#">0055087</a>	Allergen, Mites, <i>Euroglyphus maynei</i> IgE	
<a href="#">0055183</a>	Allergen, Mites, <i>Tyrophagus putrescentiae</i> IgE	
<a href="#">0055240</a>	Allergens, Inhalants/Foods, Southeast Profile	<a href="#">Allergens, Inhalants, Southeast Panel IgE (3000600)</a>
<a href="#">2003418</a>	Alpha-1-Antichymotrypsin (A1ACT) by Immunohistochemistry	
<a href="#">2008467</a>	Anti-Nuclear Antibody (ANA), IgG by IFA with Reflex by IFA Pattern	<a href="#">Antinuclear Antibody (ANA) with HEp-2 Substrate, IgG by IFA with Reflex by Pattern (3000601)</a>
<a href="#">2007344</a>	Arsenic Analysis, Nails	
<a href="#">0097771</a>	<i>Aspergillus fumigatus</i> Antibody, IgG by ELISA	<a href="#">Aspergillus fumigatus Antibody IgG (3000876)</a>
<a href="#">2005275</a>	Baclofen Quantitative, Fluid	
<a href="#">2003472</a>	Breast 2 (GCDFFP-15) by Immunohistochemistry	<a href="#">GATA3 by Immunohistochemistry (2012558)</a>
<a href="#">2003565</a>	CD42b by Immunohistochemistry	<a href="#">CD61 (Platelet Glycoprotein IIIA) by Immunohistochemistry (2003595)</a>
<a href="#">2003592</a>	CD57 by Immunohistochemistry	<a href="#">PD-1 by Immunohistochemistry (2004085)</a> and <a href="#">CXCL13 by Immunohistochemistry (2008622)</a>
<a href="#">2011616</a>	Colon Cancer Gene Panel, Somatic	<a href="#">KRAS Mutation Detection (0040248)</a> , <a href="#">BRAF Codon 600 Mutation Detection by Pyrosequencing (2002498)</a> , <a href="#">NRAS Mutation Detection by Pyrosequencing (2003123)</a> , <a href="#">Solid Tumor Mutation Panel by Next Generation Sequencing (2007991)</a>
<a href="#">0050232</a>	Eosinophil Cationic Protein	<a href="#">Eosinophil Cationic Protein (ECP) (3000537)</a>
<a href="#">0020156</a>	Fetal Hemoglobin, APT Test	
<a href="#">2001540</a>	Hantavirus Antibodies, IgG and IgM	
<a href="#">2003914</a>	HBME-1 (Mesothelial Cell) by Immunohistochemistry	
<a href="#">2004722</a>	Hepatitis B Virus (HBV) by Quantitative PCR with Reflex to HBV Genotype by Sequencing	<a href="#">Hepatitis B Virus (HBV) by Quantitative NAAT with Reflex to HBV Genotype by Sequencing (3000866)</a>
<a href="#">0056025</a>	Hepatitis B Virus by Quantitative PCR	<a href="#">Hepatitis B Virus (HBV) by Quantitative NAAT (3000863)</a>
<a href="#">2010797</a>	Human Immunodeficiency Virus 1 (HIV-1) by Quantitative PCR with Reflex to HIV PhenoSense GT	<a href="#">Human Immunodeficiency Virus 1 (HIV-1) by Quantitative NAAT with Reflex to HIV PhenoSense GT (3000871)</a>
<a href="#">2002689</a>	Human Immunodeficiency Virus 1 (HIV-1) by Quantitative PCR with Reflex to HIV-1 Genotype by Sequencing	<a href="#">Human Immunodeficiency Virus 1 (HIV-1) by Quantitative NAAT with Reflex to HIV-1 Genotype by Sequencing (3000870)</a>
<a href="#">0055598</a>	Human Immunodeficiency Virus 1 by Quantitative PCR	<a href="#">Human Immunodeficiency Virus 1 (HIV-1) by Quantitative NAAT, Plasma (3000867)</a>
<a href="#">2005375</a>	Human Immunodeficiency Virus Type 1 (HIV-1) Antibody by CIA with Reflex to HIV-1 Antibody Confirmation by Western Blot	<a href="#">Human Immunodeficiency Virus (HIV) Combo Antigen/Antibody (HIV-1/O/2) by CIA, Reflexive Panel (2012674)</a> , <a href="#">Human Immunodeficiency Virus (HIV) Combo Antigen/Antibody (HIV-1/O/2) by CIA with Reflex to HIV-1/HIV-2 Antibody Differentiation, Supplemental (2013333)</a> or <a href="#">Human Immunodeficiency Virus (HIV) Combo Antigen/Antibody (HIV-1/O/2) by CIA, with Reflex to HIV-1 Antibody Confirmation by Western Blot (2006526)</a>
<a href="#">2005377</a>	Human Immunodeficiency Virus Types 1 and 2 (HIV-1, HIV-2) Antibodies by CIA with Reflex to HIV-1 Antibody Confirmation by Western Blot	<a href="#">Human Immunodeficiency Virus (HIV) Combo Antigen/Antibody (HIV-1/O/2) by CIA, Reflexive Panel (2012674)</a> , <a href="#">Human Immunodeficiency Virus (HIV) Combo Antigen/Antibody (HIV-1/O/2) by CIA with Reflex to HIV-1/HIV-2 Antibody Differentiation, Supplemental (2013333)</a> or <a href="#">Human Immunodeficiency Virus (HIV) Combo Antigen/Antibody (HIV-1/O/2) by CIA, with Reflex to HIV-1 Antibody Confirmation by Western Blot (2006526)</a>
<a href="#">2003957</a>	Immunoglobulin A (IgA) by Immunohistochemistry	
<a href="#">2003966</a>	Immunoglobulin M (IgM) by Immunohistochemistry	
<a href="#">0080940</a>	Lamellar Body Counts	
<a href="#">2007346</a>	Lead Analysis, Hair	
<a href="#">0091351</a>	Levodopa Quantitative, Serum or Plasma	
<a href="#">2005848</a>	MDM2 by Immunohistochemistry	<a href="#">MDM2 Gene Amplification by FISH (2003016)</a>
<a href="#">0091110</a>	Mephenytoin and Metabolite Quantitative, Serum or Plasma	
<a href="#">2002928</a>	Metformin Quantitation, Urine	
<a href="#">0091346</a>	Naproxen, Serum or Plasma	
<a href="#">0091099</a>	Naproxen, Urine	
<a href="#">0050639</a>	Nuclear Antibody (ANA) by IFA, IgG	<a href="#">Antinuclear Antibody (ANA) with HEp-2 Substrate, IgG by IFA (3000082)</a>
<a href="#">2011555</a>	Perphenazine, Serum or Plasma	
<a href="#">2004106</a>	Procollagen I by Immunohistochemistry	
<a href="#">2011561</a>	Propafenone, Serum or Plasma	<a href="#">Propafenone Quantitation, Serum or Plasma (3000712)</a>
<a href="#">0091077</a>	Silicon, Urine	
<a href="#">2011757</a>	Sotalol, Serum or Plasma	<a href="#">Sotalol Quantitation, Serum/Plasma (3000714)</a>
<a href="#">2013325</a>	Systemic Sclerosis Comprehensive Panel	<a href="#">Comprehensive Systemic Sclerosis Panel (3000480)</a>
<a href="#">2012057</a>	Systemic Sclerosis Panel	<a href="#">Criteria Systemic Sclerosis Panel (3000479)</a>

Quarterly HOTLINE: Effective **November 12, 2018**

Test Number	Test Name	Refer To Replacement
<a href="#">2004160</a>	Tartrate-Resistant Acid Phosphatase (TRAP) by Immunohistochemistry	Hairy Cell Leukemia, DBA.44 by Immunohistochemistry ( <a href="#">2003860</a> )
<a href="#">2011783</a>	Thiothixene, Serum or Plasma	
<a href="#">0091566</a>	Trichloroacetic Acid Quantitative, Serum or Plasma	
<a href="#">2007955</a>	Ziprasidone, Serum or Plasma	Ziprasidone Quantitation, Serum or Plasma ( <a href="#">3000721</a> )