

Effective as of **10/20/2025**

**Additional ordering and billing information**

[Information when ordering laboratory tests that are billed to Medicare/Medicaid](#)

[Information regarding Current Procedural Terminology \(CPT\)](#)

Test Number	Mnemonic	Test Name	New Test	Test Name Change	Specimen Requirements	Methodology	Performed/Reported	Note	Interpretive Data	Reference Interval	Component Charting Name	Component Change	Reflex Pattern	Result Type	Ask at Order Prompt	Numeric Map	Unit of Measure	CPT Code	Pricing Change	Inactivation w/ Replacement	Inactivation w/o Replacement
0020042	LIP-P	Phospholipids, Serum or Plasma			x																
0020159	PCHE PHENO	Pseudocholinesterase, Dibucaine Inhibition			x																
0020167	CHE-P	Pseudocholinesterase, Total			x																
0030002	VW MUL PAN	von Willebrand Multimeric Panel			x																
0030026	F8 BETHR	Factor VIII Activity with Reflex to Bethesda Quantitative, Factor VIII			x																
0030041	PROT CF R	Protein C, Functional with Reflex to Protein C, Total Antigen			x																
0030095	F8	Factor VIII, Activity			x																
0030111	PROT C	Protein C, Total Antigen			x																
0030112	PROT S	Protein S, Total Antigen			x																
0030113	Protein C Funct	Protein C, Functional			x																
0030114	PROT S F	Protein S, Functional			x																
0030116	C/S TOTAL	Protein C and S Panel, Total, Antigen			x																
0030125	VW PANEL	von Willebrand Panel			x																
0030127	APC RST	APC Resistance Profile			x																
0030182	C/S PANEL	Protein C and S Panel, Functional			x																
0030190	PLG	Plasminogen Activity			x																

Effective as of **10/20/2025**

**Additional ordering and billing information**

[Information when ordering laboratory tests that are billed to Medicare/Medicaid](#)

[Information regarding Current Procedural Terminology \(CPT\)](#)

Test Number	Mnemonic	Test Name	New Test	Test Name Change	Specimen Requirements	Methodology	Performed/Reported	Note	Interpretive Data	Reference Interval	Component Charting Name	Component Change	Reflex Pattern	Result Type	Ask at Order Prompt	Numeric Map	Unit of Measure	CPT Code	Pricing Change	Inactivation w/ Replacement	Inactivation w/o Replacement
0030192	APC R	APC Resistance Profile with Reflex to Factor V Leiden			x																
0030250	vWF RCF	von Willebrand Factor Activity (Ristocetin Cofactor)			x																
0030284	VW PANEL 2	von Willebrand Modified Panel			x																
0030285	VWF/AG	von Willebrand Factor Antigen			x																
0050011	RPR FTA	Rapid Plasma Reagin (RPR) with Reflex to Titer and FTA-ABS			x					x											
0050471	RPRT	Rapid Plasma Reagin (RPR) with Reflex to Titer			x					x											
0050478	RPR PAN	Rapid Plasma Reagin (RPR) with Reflex to Titer and TP-PA Confirmation			x					x											
0051076	CHAGAS G	Trypanosoma cruzi IgG, purified antigen	x				x	x	x		x										
0051684	G6PD AFRIC	Glucose-6-Phosphate Dehydrogenase (G6PD) 2 Mutations			x		x		x												
0060043	PARVPCR	Parvovirus B19 by Qualitative PCR			x																
0060841	ML TICAR	Antibiotic Level, Ticarcillin			x																
0060842	ML PIP	Antibiotic Level, Piperacillin			x																

Effective as of **10/20/2025**

**Additional ordering and billing information**

[Information when ordering laboratory tests that are billed to Medicare/Medicaid](#)

[Information regarding Current Procedural Terminology \(CPT\)](#)

Test Number	Mnemonic	Test Name	New Test	Test Name Change	Specimen Requirements	Methodology	Performed/Reported	Note	Interpretive Data	Reference Interval	Component Charting Name	Component Change	Reflex Pattern	Result Type	Ask at Order Prompt	Numeric Map	Unit of Measure	CPT Code	Pricing Change	Inactivation w/ Replacement	Inactivation w/o Replacement
0060843	ML NAF	Antibiotic Level, Nafcillin			x																
0060844	ML MERO	Antibiotic Level, Meropenem			x																
0060845	ML AZTREO	Antibiotic Level, Aztreonam			x																
0070010	ACTH	Adrenocorticotrophic Hormone			x																
0070045	ESTRA	Estradiol (Adult Premenopausal Females or Individuals on Estrogen Hormone Therapy)			x					x						x					
0070060	IGFBP-3	Insulin-Like Growth Factor Binding Protein-3 (IGFBP-3)							x	x											
0070172	PTH	Parathyroid Hormone, Intact with Calcium							x	x											
0070283	STR	Soluble Transferrin Receptor (Change effective as of 10/20/25: Refer to 3020070 in the October Hotline)																		x	
0070346	PTH-INT	Parathyroid Hormone, Intact							x	x											
0080045	B-OH	Beta-Hydroxybutyric Acid								x						x	x				
0080135	G6PD	Glucose-6-Phosphate Dehydrogenase			x				x	x											
0081208	AFP L3	Alpha Fetoprotein, Total and L3 Percent			x																

Effective as of **10/20/2025**

**Additional ordering and billing information**

[Information when ordering laboratory tests that are billed to Medicare/Medicaid](#)

[Information regarding Current Procedural Terminology \(CPT\)](#)

Test Number	Mnemonic	Test Name	New Test	Test Name Change	Specimen Requirements	Methodology	Performed/Reported	Note	Interpretive Data	Reference Interval	Component Charting Name	Component Change	Reflex Pattern	Result Type	Ask at Order Prompt	Numeric Map	Unit of Measure	CPT Code	Pricing Change	Inactivation w/ Replacement	Inactivation w/o Replacement
0092281	VWF MULTI	von Willebrand Factor Multimers			x																
0098727	ALPHA 2A	Alpha-2-Antiplasmin, Activity			x																
0098894	Protein S Free	Protein S Free, Antigen			x																
0099165	GLUCA	Glucagon			x	x				x											
0099640	HALO	Haloperidol							x	x											
0099906	FLUPHEN	Fluphenazine							x	x											
2001491	PTH FNA	Parathyroid Hormone, Fine Needle Aspiration (FNA)			x																
2002269	PRS FREE R	Protein S, Free Antigen with Reflex to Protein S, Total Antigen			x																
2002357	JAK2 EX12	JAK2 Exon 12 Mutation Analysis by PCR (Change effective as of 10/20/25: Refer to 3020079 in the October Hotline)																		x	
2002378	FISH EOS P	Eosinophilia Panel by FISH (Change effective as of 10/20/25: Refer to 3020097 in the October Hotline)																		x	
2003118	QUETIAP	Quetiapine, Serum or Plasma							x												
2003220	FAC 13 MUT	Factor XIII (F13A1) V34L Variant					x														

Effective as of **10/20/2025**

**Additional ordering and billing information**

[Information when ordering laboratory tests that are billed to Medicare/Medicaid](#)

[Information regarding Current Procedural Terminology \(CPT\)](#)

Test Number	Mnemonic	Test Name	New Test	Test Name Change	Specimen Requirements	Methodology	Performed/Reported	Note	Interpretive Data	Reference Interval	Component Charting Name	Component Change	Reflex Pattern	Result Type	Ask at Order Prompt	Numeric Map	Unit of Measure	CPT Code	Pricing Change	Inactivation w/ Replacement	Inactivation w/o Replacement
2003386	PROT C/S R	Protein C, Functional with Reflex to Protein C, Total and Protein S, Free with Reflex to Protein S, Total			x																
2003387	VW PANEL R	von Willebrand Panel with Reflex to von Willebrand Multimeric Analysis			x																
2004886	ML CEFTAZ	Antibiotic Level, Cefazidime			x																
2005506	TVAG AMD	Trichomonas vaginalis by Transcription-Mediated Amplification (TMA)			x	x	x		x												
2006182	F13 A	Factor XIII Activity			x																
2006258	STD PANEL1	Sexually Transmitted Disease Panel 1 by Transcription-Mediated Amplification			x	x															
2006491	FDP PLASMA	Fibrin/Fibrinogen Degradation Split Products, Plasma			x																
2006550	THYROG MS	Thyroglobulin by LC-MS/MS, Serum or Plasma			x																
2007132	BRAF HCL	BRAF V600E Mutation Detection in Hairy Cell Leukemia by Real-Time PCR, Quantitative										x									

Effective as of **10/20/2025**

**Additional ordering and billing information**

[Information when ordering laboratory tests that are billed to Medicare/Medicaid](#)

[Information regarding Current Procedural Terminology \(CPT\)](#)

Test Number	Mnemonic	Test Name	New Test	Test Name Change	Specimen Requirements	Methodology	Performed/Reported	Note	Interpretive Data	Reference Interval	Component Charting Name	Component Change	Reflex Pattern	Result Type	Ask at Order Prompt	Numeric Map	Unit of Measure	CPT Code	Pricing Change	Inactivation w/ Replacement	Inactivation w/o Replacement
2007443	RPR REV	Rapid Plasma Reagin (RPR) with Reflex to RPR Titer or T. pallidum Antibody by Particle Agglutination			x					x											
2007473	ADENOPCR	Adenovirus by Qualitative PCR			x																
2007945	ARIPIRAZO	Aripiprazole and Metabolite, Serum or Plasma							x	x											
2008460	RBC BAND3	RBC Band 3 Protein Reduction in Hereditary Spherocytosis			x																
2009418	HISTOGM U	Histoplasma Galactomannan Antigen Quantitative by EIA, Urine												x		x					
2013070	PGE	Platelet Surface Glycoprotein Expression (PGE) by Flow Cytometry, Whole Blood			x																
2013433	CLOZAP SP	Clozapine and Metabolites, Serum or Plasma, Quantitative							x	x											
3000724	B-ALL MRD	B-Lymphoblastic Leukemia (B-ALL) Minimum Residual Disease Detection by Flow Cytometry			x																

Effective as of **10/20/2025**

**Additional ordering and billing information**

[Information when ordering laboratory tests that are billed to Medicare/Medicaid](#)

[Information regarding Current Procedural Terminology \(CPT\)](#)

Test Number	Mnemonic	Test Name	New Test	Test Name Change	Specimen Requirements	Methodology	Performed/Reported	Note	Interpretive Data	Reference Interval	Component Charting Name	Component Change	Reflex Pattern	Result Type	Ask at Order Prompt	Numeric Map	Unit of Measure	CPT Code	Pricing Change	Inactivation w/ Replacement	Inactivation w/o Replacement
3001255	14-3-3 TAU	Prion Markers (CJD), CSF (Change effective as of 10/20/25: Refer to 3019310 in the October Hotline)																		x	
3002069	MM MRD	Multiple Myeloma Minimum Residual Disease by Flow Cytometry			x																
3002343	CHROM F8	Chromogenic Factor VIII, Activity			x																
3002638	COVID19NA A	SARS-CoV-2 (COVID-19) by NAA			x			x													
3004071	VWF GPIBM	von Willebrand Factor (VWF) GPIbM Activity (Change effective as of 10/20/25: Refer to 3019671 in the October Hotline)																		x	
3004090	APIX	Apixaban Level			x																
3004094	RIVAROX	Rivaroxaban Level			x																
3004308	MLH1 PCR	MLH1 Promoter Methylation										x									
3005874	KRA QQQ CD	Kratom, Umbilical Cord, Qualitative					x														
3006247	AS-PWS DD	Angelman Syndrome and Prader-Willi Syndrome by Methylation-Specific MLPA			x	x			x									x			

Effective as of **10/20/2025**

**Additional ordering and billing information**

[Information when ordering laboratory tests that are billed to Medicare/Medicaid](#)

[Information regarding Current Procedural Terminology \(CPT\)](#)

Test Number	Mnemonic	Test Name	New Test	Test Name Change	Specimen Requirements	Methodology	Performed/Reported	Note	Interpretive Data	Reference Interval	Component Charting Name	Component Change	Reflex Pattern	Result Type	Ask at Order Prompt	Numeric Map	Unit of Measure	CPT Code	Pricing Change	Inactivation w/ Replacement	Inactivation w/o Replacement
3006343	PRENAT HEP	Prenatal Hepatitis Panel (Change effective as of 10/20/25: Refer to 3019856)																		x	
3016840	PV REFLEX	JAK2 (V617F) Mutation by ddPCR, Qualitative With Reflex to JAK2 Exon 12-Mutation Analysis by PCR		x				x					x								
3016866	CORT S TMS	Cortisol by LC-MS/MS, Salivary			x																
3019126	11Q FISH	11Q Aberrations by FISH	x																		
3019135	HGBCL RFLX	High-Grade B-Cell Lymphoma Reflex Panel by FISH, Tissue		x																	
3019310	PRION	Prion Markers (CJD) in CSF		x																	
3019671	VWF_GPIBM	von Willebrand Factor (VWF) GPIbM Activity		x																	
3019803	AS-PWSDDFE	Angelman Syndrome and Prader-Willi Syndrome by Methylation-Specific MLPA, Fetal		x																	
3019856	VPRENATHEP	Viral Hepatitis Prenatal Panel		x																	
3019882	STR DON PR	Chimerism, Donor, Pretransplant Process and Hold		x																	



Effective as of **10/20/2025**

**Additional ordering and billing information**

[Information when ordering laboratory tests that are billed to Medicare/Medicaid](#)

[Information regarding Current Procedural Terminology \(CPT\)](#)

Test Number	Mnemonic	Test Name	New Test	Test Name Change	Specimen Requirements	Methodology	Performed/Reported	Note	Interpretive Data	Reference Interval	Component Charting Name	Component Change	Reflex Pattern	Result Type	Ask at Order Prompt	Numeric Map	Unit of Measure	CPT Code	Pricing Change	Inactivation w/ Replacement	Inactivation w/o Replacement
3019908	HENS G R	Bartonella henselae Antibody, IgG With Reflex to Endpoint Titer	x																		
3019937	HD PCR FE	Huntington Disease (HD) CAG Repeat Expansion, Fetal	x																		
3020058	CHAGAS PAN	Trypanosoma cruzi Antibody, IgG Panel	x																		
3020065	QUINT G R	Bartonella quintana Antibody, IgG With Reflex to Endpoint Titer	x																		
3020070	STFR	Soluble Transferrin Receptor, Serum or Plasma	x																		
3020079	JAK2EX12	JAK2 Exon 12-Mutation Analysis by PCR	x																		
3020097	FISH EOSP	Eosinophilia Panel by FISH	x																		

## TEST CHANGE

Phospholipids, Serum or Plasma

0020042, LIP-P

### Specimen Requirements:

**Patient Preparation:** Patient should fast for 12 hours prior to collection.

**Collect:** Serum separator tube, ~~plain red, lavender~~. ~~Also acceptable:~~ ~~Lavender~~ (EDTA), pink (K2EDTA), or green (sodium or lithium heparin).

**Specimen Preparation:** Allow specimen to clot completely at room temperature. Transfer 1 mL serum or plasma to an ARUP ~~standard transport tube~~. ~~Standard Transport Tube~~. (Min: 0.5 mL)

**Transport Temperature:** Refrigerated-

### Unacceptable Conditions:

#### Remarks:

**Stability:** After separation from cells: ~~Room Temperature~~~~Ambient~~: 8 hours; Refrigerated: 1 month; Frozen: 1 month

**Methodology:** Quantitative Spectrophotometry

**Performed:** Mon, Wed, Fri

**Reported:** 1-4 days

#### Note:

**CPT Codes:** 84311

**New York DOH Approval Status:** This test is New York DOH approved.

### Interpretive Data:

~~This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the US Food and Drug Administration. This test was performed in a CLIA-certified laboratory and is intended for clinical purposes.~~

### Reference Interval:

160-300 mg/dL

Deleted Cells

## TEST CHANGE

### Pseudocholinesterase, Dibucaine Inhibition

0020159, PCHE PHENO

#### Specimen Requirements:

Patient Preparation:	Specimen must be drawn prior to surgery or more than two days following surgery. Do not draw in recovery room.
Collect:	Serum separator tube, <b>plain red</b> , green (sodium or lithium heparin), lavender (EDTA), or pink (K2EDTA).
Specimen Preparation:	Allow specimen to clot completely at room temperature. Separate serum or plasma from cells ASAP or within 2 hours of collection. Transport 1 mL serum or plasma. (Min: 0.25 mL)
Transport Temperature:	Refrigerated.
Unacceptable Conditions:	Lt. blue (sodium citrate) or gray (oxalate/fluoride). Whole blood.

#### Remarks:

Stability: **Room Temperature** ~~Ambient~~: 4 hours; Refrigerated: 1 week; Frozen: 3 months

Methodology: Quantitative Enzymatic Assay

Performed: Mon-Fri

Reported: 1-5 days

Note: Patients with acute or chronic liver disease, organophosphate poisoning, chronic renal disease, in late stages of pregnancy, or on estrogen therapy may have markedly decreased PChE activities.

CPT Codes: 82638; 82480

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

The dibucaine number (DN) is the percent of pseudocholinesterase (PChE) enzyme activity that is inhibited by dibucaine. Together, the DN and the PChE enzyme activity results can help to identify individuals at risk for prolonged paralysis following the administration of succinylcholine. ~~2~~ Decreased PChE enzyme activity in conjunction with a DN less than 30 suggests high risk for prolonged paralysis. Normal to decreased PChE enzyme activity in conjunction with a DN 30-79 suggests variable risk. Although decreased PChE activity in conjunction with DN greater than or

equal to 80 suggests variable risk, these results may be caused by exposure to organophosphates, the presence of liver disease, pregnancy, or circulating succinylcholine. Specimens should be collected 48 hours after the administration of succinylcholine.

~~This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the US Food and Drug Administration. This test was performed in a CLIA-certified laboratory and is intended for clinical purposes.~~

Reference Interval:

Test Number	Components	Reference Interval
	Pseudocholinesterase, Total	2,900-7,100 U/L
	Dibucaine Number	Greater than or equal to 80

## TEST CHANGE

### Pseudocholinesterase, Total

0020167, CHE-P

#### Specimen Requirements:

Patient Preparation:	Specimen must be drawn prior to surgery or more than two days following surgery. Do not draw in recovery room.
Collect:	Serum separator tube, <u>plain red</u> , lavender (EDTA), or pink (K2EDTA).
Specimen Preparation:	Allow serum specimen to clot completely at room temperature. Separate serum or plasma from cells ASAP or within 2 hours of collection. Transport 0.5 mL serum or plasma. (Min: 0.1 mL)
Transport Temperature:	Refrigerated.
Unacceptable Conditions:	Whole blood on clot. Hemolyzed specimens.
Remarks:	Plasma values are slightly lower than serum.
Stability:	<u>Room Temperature</u> <u>Ambient</u> : 4 hours; Refrigerated: 1 week; Frozen: 3 months

Methodology: Quantitative Enzymatic Assay

Performed: Mon-Fri

Reported: 1-4 days

Note:

CPT Codes: 82480

New York DOH Approval Status: This test is New York DOH approved.

Interpretive Data:

Reference Interval:

2,900-7,100 U/L

## TEST CHANGE

von Willebrand Multimeric Panel  
0030002, VW MUL PAN

### Specimen Requirements:

#### Patient Preparation:

Collect: Lt. blue (sodium citrate). ~~Special~~~~Refer to~~ Specimen ~~Collection and Handling Hemostasis/Thrombosis Specimens guide located at <https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf> for hemostasis/thrombosis specimen handling guidelines.~~

Specimen Preparation: Transfer 3 mL platelet-poor plasma to an ARUP ~~standard transport tube~~~~Standard Transport Tube~~. (Min: 1.5 mL)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

Unacceptable Conditions: Serum, EDTA plasma, clotted or hemolyzed specimens.

#### Remarks:

Stability: Ambient: 4 hours; Refrigerated: Unacceptable; Frozen ~~at -20 Degrees C: 3 months; Frozen at -70 Degrees C: 6 months~~

Methodology: Electrophoresis ~~/~~ Clotting ~~/~~ Microlatex Particle-Mediated Immunoassay ~~/~~ Platelet Agglutination

Performed: Mon-Sat

Reported: 1-11 days

#### Note:

CPT Codes: 85247; 85240; 85246; 85245

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

~~This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the US Food and Drug Administration. This test was performed in a CLIA-certified laboratory and is intended for clinical purposes.~~

Reference Interval:

Deleted Cells

Test Number	Components	Reference Interval		
	Factor VIII, Activity			
		Age	Reference Interval (%)	
		0-6 years	56-191	
		7-9 years	76-199	
		10-11 years	80-209	
		12-13 years	72-198	
		14-15 years	69-237	
		16-17 years	63-221	
		18 years and older	56-191	
	von Willebrand Factor, Antigen			
		Age	Reference Interval (%)	
		0-6 years	52-214	
		7-9 years	62-180	
		10-11 years	63-189	
		12-13 years	60-189	
		14-15 years	57-199	
		16-17 years	50-205	
		18 years and older	52-214	
	von Willebrand Factor, Activity (RCF)			
		Age	Reference Interval (%)	
		0-6 years	51-215	
		7-9 years	52-176	
		10-11 years	60-195	
		12-13 years	50-184	
		14-15 years	50-203	
		16-17 years	49-204	
		18 years and older	51-215	
	von Willebrand Multimeric	Normal		

## TEST CHANGE

### Factor VIII Activity with Reflex to Bethesda Quantitative, Factor VIII

0030026, F8 BETHR

#### Specimen Requirements:

##### Patient Preparation:

Collect: Lt. blue (sodium citrate). ~~Special~~Refer to Specimen Collection and Handling Hemostasis/Thrombosis Specimens guide located at <https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf> for hemostasis/thrombosis specimen handling guidelines.

Specimen Preparation: Transfer two 3 mL aliquots of platelet-poor plasma to ARUP standard transport tubes.~~Standard Transport Tubes.~~ (Min: 2 mL/each)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

Unacceptable Conditions: Serum. EDTA plasma, clotted or hemolyzed specimens.

##### Remarks:

Stability: Ambient: 4 hours; Refrigerated: Unacceptable; Frozen ~~at -20 Degrees C:~~ 3 months; ~~Frozen at -70 Degrees C:~~ 6 months

Methodology: Electromagnetic Mechanical Clot Detection

Performed: Mon-Sat

Reported: 1-3 days

Note: If Factor VIII activity is 20 percent or less, then Bethesda Quantitative, Factor VIII will be added. Additional charges apply.

CPT Codes: 85240; if reflexed, add 85335

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

#### Reference Interval:



Test Number	Components	Reference Interval		
	Bethesda Quantitative, F8	0.5 BU or less		
	Factor VIII, Activity			
		Age	Reference Interval (%)	
		0-6 years	56-191	
		7-9 years	76-199	
		10-11 years	80-209	
		12-13 years	72-198	
		14-15 years	69-237	
		16-17 years	63-221	
		18 years and older	56-191	

## TEST CHANGE

### Protein C, Functional with Reflex to Protein C, Total Antigen

0030041, PROT CF R

#### Specimen Requirements:

##### Patient Preparation:

Collect: Lt. blue (sodium citrate). ~~Special~~Refer to Specimen Collection and Handling Hemostasis/Thrombosis Specimens guide located at <https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf> for hemostasis/thrombosis specimen handling guidelines.

Specimen Preparation: Transfer 2 mL platelet-poor plasma to an ARUP standard transport tube. (Min: 1 mL)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

Unacceptable Conditions: Serum. EDTA plasma, clotted or hemolyzed specimens.

##### Remarks:

Stability: Ambient: 4 hours; Refrigerated: Unacceptable; Frozen ~~at -20 Degrees C: 3 months, at -70 Degrees C: 6 months~~

Methodology: Electromagnetic Mechanical Clot Detection ~~/~~ Enzyme-Linked Immunosorbent Assay (ELISA)

Performed: Sun-Sat

Reported: 1-5 days

Note: If protein C functional is decreased, then Protein C, Total Antigen, will be added. Additional charges apply.

CPT Codes: 85303; if reflexed, add 85302

New York DOH Approval Status: This test is New York DOH approved.

##### Interpretive Data:

Refer to report.

##### Reference Interval:

By report



## TEST CHANGE

Factor VIII, Activity

0030095, F8

### Specimen Requirements:

#### Patient Preparation:

Collect: Light blue (sodium citrate). ~~Special~~Refer to Specimen Collection and Handling Hemostasis/Thrombosis Specimens guide located at <https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf> for hemostasis/thrombosis specimen handling guidelines.

Specimen Preparation: Transfer 2 mL platelet-poor plasma to an ARUP standard transport tube. (Min: 1 mL)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

Unacceptable Conditions: Serum. EDTA plasma, clotted or hemolyzed specimens.

#### Remarks:

Stability: Ambient: 4 hours; Refrigerated: Unacceptable; Frozen ~~at -20 Degrees C: 3 months; Frozen at -70 Degrees C: 6 months~~

Methodology: Electromagnetic Mechanical Clot Detection

Performed: Mon-Sat

Reported: 1-3 days

#### Note:

CPT Codes: 85240

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

#### Reference Interval:

Age	Reference Interval
0-6 years	56-191%
7-9 years	76-199%
10-11 years	80-209%
12-13 years	72-198%
14-15 years	69-237%
16-17 years	63-221%
18 years and older	56-191%

## TEST CHANGE

### Protein C, Total Antigen

0030111, PROT C

#### Specimen Requirements:

##### Patient Preparation:

Collect: Lt. blue (sodium citrate). ~~Special~~Refer to Specimen Collection and Handling Hemostasis/Thrombosis Specimens guide located at <https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf> for hemostasis/thrombosis specimen handling guidelines.

Specimen Preparation: Transfer 2 mL platelet-poor plasma to an ARUP standard transport tube. ~~Standard Transport Tube~~ (Min: 1 mL)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

Unacceptable Conditions: Serum. EDTA plasma, clotted or hemolyzed specimens.

##### Remarks:

Stability: Ambient: 4 hours; Refrigerated: Unacceptable; Frozen ~~at -20 Degrees C~~: 3 months, ~~at -70 Degrees C~~: 6 months

Methodology: Enzyme-Linked Immunosorbent Assay (ELISA) ~~Immunoassay~~

Performed: Sun-Sat

Reported: 1-2 days

##### Note:

CPT Codes: 85302

New York DOH Approval Status: This test is New York DOH approved.

##### Interpretive Data:

Patients on warfarin may have decreased protein C values. Patients should be off warfarin therapy for two weeks for accurate measurement of protein C.

##### Reference Interval:

1-4 days: 17-53%  
5-29 days: 20-64%  
30-89 days: 21-65%  
90-179 days: 28-80%  
180-364 days: 37-81%

1-5 years: 40-92%

6-10 years: 45-93%

11 years and older: 63-153%

---

## TEST CHANGE

Protein S, Total Antigen

0030112, PROT S

### Specimen Requirements:

#### Patient Preparation:

Collect: Lt. blue (sodium citrate). ~~Special~~Refer to Specimen Collection and Handling Hemostasis/Thrombosis Specimens guide located at <https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf> for hemostasis/thrombosis specimen handling guidelines.

Specimen Preparation: Transfer 1.5 mL platelet-poor plasma to an ARUP standard transport tube.~~Standard Transport Tube~~ (Min: 1 mL)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

Unacceptable Conditions: Serum. EDTA plasma, clotted or hemolyzed specimens.

#### Remarks:

Stability: Ambient: 4 hours; Refrigerated: Unacceptable; Frozen ~~at -20 Degrees C: 3 months, at -70 Degrees C: 6 months~~

Methodology: Microlatex Particle-Mediated Immunoassay

Performed: Sun-Sat

Reported: 1-2 days

#### Note:

CPT Codes: 85305

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

Patients on warfarin may have decreased protein S values. Patients should be off warfarin therapy for two weeks for accurate measurement of protein S.

#### Reference Interval:



Age	Male	Female
1-4 days	12-60%	12-60%
5-29 days	22-78%	22-78%
30-89 days	33-93%	33-93%
90-179 days	54-118%	54-118%
180-364 days	55-119%	55-119%
1-5 years	54-118%	54-118%
6-10 years	41-114%	41-114%
11 years and older	84-134%	63-126%

## TEST CHANGE

Protein C, Functional

0030113, PROT C F

### Specimen Requirements:

#### Patient Preparation:

Collect: Lt. blue (sodium citrate). ~~Special~~Refer to Specimen ~~Collection and Handling Hemostasis/Thrombosis Specimens guide~~ located at <https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf> for hemostasis/thrombosis specimen handling guidelines.

Specimen Preparation: Transfer 1.5 mL platelet-poor plasma to an ARUP ~~standard transport tube~~. ~~Standard Transport Tube~~ (Min: 1 mL)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

Unacceptable Conditions: Serum. EDTA plasma, clotted or hemolyzed specimens.

#### Remarks:

Stability: Ambient: 4 hours; Refrigerated: Unacceptable; Frozen ~~at -20 Degrees C: 3 months, at -70 Degrees C: 6 months~~

Methodology: Electromagnetic Mechanical Clot Detection

Performed: Sun-Sat

Reported: 1-2 days

#### Note:

CPT Codes: 85303

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

Refer to report

#### Reference Interval:

Effective November 17, 2014

Age	Reference Interval	
1-4 days	17-53%	
5-29 days	20-64%	
30-89 days	21-65%	
90-179 days	28-80%	
180-364 days	37-81%	
1-6 years	40-92%	
7-9 years	70-142%	
10-11 years	68-143%	
12-13 years	66-162%	
14-15 years	69-170%	
16-17 years	70-171%	
18 years and older	83-168%	

## TEST CHANGE

### Protein S, Functional

0030114, PROT S F

#### Specimen Requirements:

##### Patient Preparation:

Collect: Lt. blue (sodium citrate). ~~Special~~Refer to Specimen Collection and Handling Hemostasis/Thrombosis Specimens guide located at <https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf> for hemostasis/thrombosis specimen handling guidelines.

Specimen Preparation: Transfer 1.5 mL platelet-poor plasma to an ARUP standard transport tube. ~~Standard Transport Tube~~ (Min: 1 mL)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

Unacceptable Conditions: Serum. EDTA plasma, clotted or hemolyzed specimens.

##### Remarks:

Stability: Ambient: 4 hours; Refrigerated: Unacceptable; Frozen ~~at -20 Degrees C: 3 months, at -70 Degrees C: 6 months~~

Methodology: Electromagnetic Mechanical Clot Detection

Performed: Sun-Sat

Reported: 1-2 days

##### Note:

CPT Codes: 85306

New York DOH Approval Status: This test is New York DOH approved.

##### Interpretive Data:

Patients on warfarin may have decreased functional protein S values. Patients should be off warfarin therapy for two weeks for accurate measurement of functional protein S. Artificially increased functional protein S values may be due to heparin therapy or the presence of direct thrombin inhibitors or factor Xa inhibitors.

##### Reference Interval:

Male

1-89 days: 15-55%

90-179 days: 35-92%

180-364 days: 45-115%  
1-5 years: 62-120%  
6 years: 62-130%  
7-9 years: 66-140%  
10-11 years: 65-139%  
12-13 years: 72-139%  
14-15 years: 68-145%  
16-17 years: 77-167%  
18 years and older: 66-143%

Female

1-89 days: 15-55%  
90-179 days: 35-92%  
180-364 days: 45-115%  
1-5 years: 62-120%  
6 years: 62-130%  
7-9 years: 62-151%  
10-11 years: 65-142%  
12-13 years: 70-140%  
14-15 years: 55-145%  
16-17 years: 51-147%  
18 years and older: 57-131%

---

## TEST CHANGE

### Protein C and S Panel, Total, Antigen

0030116, C/S TOTAL

#### Specimen Requirements:

##### Patient Preparation:

Collect: Lt. blue (sodium citrate). ~~Special~~Refer to Specimen Collection and Handling Hemostasis/Thrombosis Specimens guide located at <https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf> for hemostasis/thrombosis specimen handling guidelines.

Specimen Preparation: Transfer 2 mL platelet-poor plasma to an ARUP standard transport tube. ~~Standard Transport Tube~~ (Min: 1 mL)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

Unacceptable Conditions: Serum. EDTA plasma, clotted or hemolyzed specimens.

##### Remarks:

Stability: Ambient: 4 hours; Refrigerated: Unacceptable; Frozen ~~at -20 Degrees C: 3 months, at -70 Degrees C: 6 months~~

Methodology: Enzyme-Linked Immunosorbent Assay (ELISA) ~~/~~ / Microlatex Particle-Mediated Immunoassay

Performed: Sun-Sat

Reported: 1-2 days

##### Note:

CPT Codes: 85302; 85305

New York DOH Approval Status: This test is New York DOH approved.

##### Interpretive Data:

Refer to report.

##### Reference Interval:

Test Number	Components	Reference Interval		
	Protein C, Total Antigen			
		Age	Reference Interval (%)	
		1-4 days	17-53	
		5-29 days	20-64	
		30-89 days	21-65	
		90-179 days	28-80	
		180-364 days	37-81	
		1-5 years	40-92	
		6-10 years	45-93	
		11 years and older	63-153	
	Protein S, Total Antigen			
		Age	Male (%)	Female (%)
		1-4 days	12-60	12-60
		5-29 days	22-78	22-78
		30-89 days	33-93	33-93
		90-179 days	54-118	54-118
		180-364 days	55-119	55-119
		1-5 years	54-118	54-118
		6-10 years	41-114	41-114
		11 years and older	84-134	63-126

## TEST CHANGE

von Willebrand Panel

0030125, VW PANEL

### Specimen Requirements:

#### Patient Preparation:

Collect: Lt. blue (sodium citrate). ~~Special~~Refer to Specimen Collection and Handling Hemostasis/Thrombosis Specimens guide located at <https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf> for hemostasis/thrombosis specimen handling guidelines.

Specimen Preparation: Transfer 3 mL platelet-poor plasma to an ARUP standard transport tube. ~~Standard Transport Tube~~ (Min: 1 mL)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

Unacceptable Conditions: Serum, EDTA plasma, clotted or hemolyzed specimens.

#### Remarks:

Stability: Ambient: 4 hours; Refrigerated: Unacceptable; Frozen ~~at -20 Degrees C~~: 3 months; ~~Frozen at -70 Degrees C~~: 6 months

Methodology: Electromagnetic Mechanical Clot Detection ~~/~~Platelet Agglutination ~~/~~Microlatex Particle-Mediated Immunoassay

Performed: Mon-Sat

Reported: 1-3 days

#### Note:

CPT Codes: 85240; 85246; 85245

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

#### Reference Interval:



Test Number	Components	Reference Interval		
	Factor VIII, Activity			
		Age	Reference Interval (%)	
		0-6 years	56-191	
		7-9 years	76-199	
		10-11 years	80-209	
		12-13 years	72-198	
		14-15 years	69-237	
		16-17 years	63-221	
		18 years and older	56-191	
	von Willebrand Factor, Activity (RCF)			
		Age	Reference Interval (%)	
		0-6 years	51-215	
		7-9 years	52-176	
		10-11 years	60-195	
		12-13 years	50-184	
		14-15 years	50-203	
		16-17 years	49-204	
		18 years and older	51-215	
	von Willebrand Factor, Antigen			
		Age	Reference Interval (%)	
		0-6 years	52-214	
		7-9 years	62-180	
		10-11 years	63-189	
		12-13 years	60-189	
		14-15 years	57-199	
		16-17 years	50-205	
		18 years and older	52-214	

## TEST CHANGE

### APC Resistance Profile

0030127, APC RST

#### Specimen Requirements:

##### Patient Preparation:

Collect: Lt. blue (sodium citrate). ~~Special~~Refer to Specimen Collection and Handling Hemostasis/Thrombosis Specimens guide located at <https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf> for hemostasis/thrombosis specimen handling guidelines.

Specimen Preparation: Transfer 1.5 mL platelet-poor plasma to an ARUP standard transport tube. ~~Standard Transport Tube~~ (Min: 1 mL)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

Unacceptable Conditions: Serum. EDTA plasma, clotted or hemolyzed specimens.

##### Remarks:

Stability: Ambient: 4 hours; Refrigerated: Unacceptable; Frozen ~~at -20 Degrees C~~: 3 months; ~~Frozen at -70 Degrees C~~: 6 months

Methodology: Electromagnetic Mechanical Clot Detection

Performed: Mon-Sat

Reported: 1-4 days

##### Note:

CPT Codes: 85307

New York DOH Approval Status: This test is New York DOH approved.

##### Interpretive Data:

Ratios less than 2.00 suggest APC resistance. This method uses factor V deficient plasma; therefore, APC resistance due to a nonfactor V mutation will not be detected. Extreme factor V deficiency or presence of direct oral anticoagulants (DOACs) may cause an unreliable ratio.

##### Reference Interval:

2.00 or greater



## TEST CHANGE

### Protein C and S Panel, Functional

0030182, C/S PANEL

#### Specimen Requirements:

##### Patient Preparation:

Collect: Light ~~blue (sodium citrate). Special~~ **Blue (Sodium Citrate). Refer to Specimen Collection and Handling Hemostasis/Thrombosis Specimens guide located at <https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf> for hemostasis/thrombosis specimen handling guidelines.**

Specimen Preparation: Transfer 2 mL platelet-poor plasma to an ARUP **standard transport tube**. ~~Standard Transport Tube~~ (Min: 1 mL)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

Unacceptable Conditions: Serum. EDTA plasma, clotted or hemolyzed specimens.

##### Remarks:

Stability: Ambient: 4 hours; Refrigerated: Unacceptable; Frozen ~~at -20 Degrees C: 3 months, at -70 Degrees C: 6 months~~

Methodology: Electromagnetic Mechanical Clot Detection

Performed: Sun-Sat

Reported: 1-2 days

##### Note:

CPT Codes: 85303; 85306

New York DOH Approval Status: This test is New York DOH approved.

##### Interpretive Data:

Refer to report.

##### Reference Interval:

Test Number	Components	Reference Interval		
	Protein C Functional			
		Age	Reference Interval (%)	
		1-4 days	17-53	
		5-29 days	20-64	
		30-89 days	21-65	
		90-179 days	28-80	
		180-364 days	37-81	
		1-6 years	40-92	
		7-9 years	70-142	
		10-11 years	68-143	
		12-13 years	66-162	
		14-15 years	69-170	
		16-17 years	70-171	
		18 years and older	83-168	
	Protein S Functional			
		Age	Male (%)	Female (%)
		1-89 days	15-55	15-55
		90-179 days	35-92	35-92
		180-364 days	45-115	45-115
		1-5 years	62-120	62-120
		6 years	62-130	62-130
		7-9 years	66-140	62-151
		10-11 years	65-139	65-142
		12-13 years	72-139	70-140
		14-15 years	68-145	55-145
		16-17 years	77-167	51-147
		18 years and older	66-143	57-131

## TEST CHANGE

### Plasminogen Activity

0030190, PLG

#### Specimen Requirements:

##### Patient Preparation:

Collect: Lt. blue (sodium citrate). ~~Special~~Refer to Specimen Collection and Handling Hemostasis/Thrombosis Specimens guide located at <https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf> for hemostasis/thrombosis specimen handling guidelines.

Specimen Preparation: Transfer 1 mL platelet-poor plasma to an ARUP standard transport tube. ~~Standard Transport Tube~~ (Min: 0.5 mL)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

Unacceptable Conditions: Serum. EDTA plasma, clotted or hemolyzed specimens.

##### Remarks:

Stability: Ambient: 4 hours; Refrigerated: Unacceptable; Frozen: ~~at -20 Degrees C: 3 months; at -70 Degrees C: 6 months~~

Methodology: Chromogenic Assay

Performed: Mon, Wed, Fri

Reported: 1-4 days

##### Note:

CPT Codes: 85420

New York DOH Approval Status: This test is New York DOH approved.

##### Interpretive Data:

##### Reference Interval:

71-144%

## TEST CHANGE

### APC Resistance Profile with Reflex to Factor V Leiden

0030192, APC R

#### Specimen Requirements:

##### Patient Preparation:

Collect: Light ~~blue (sodium citrate)~~ ~~Blue (Sodium Citrate)~~ AND ~~L~~avender (EDTA), ~~p~~ink (K2EDTA), or ~~y~~ellow (ACD ~~s~~olution A or B).  
~~Special~~Refer to Specimen ~~Collection and Handling~~  
~~Hemostasis/Thrombosis Specimens guide located at~~  
~~<https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf> for hemostasis/thrombosis specimen handling guidelines.~~

Specimen Preparation: Transport 1.5 mL platelet-poor plasma AND 3 mL whole blood. (Min: 1 mL/each)

Transport Temperature: Plasma: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered. Whole Blood: Frozen.

Unacceptable Conditions: Serum, clotted or hemolyzed specimens. Frozen specimens in glass collection tubes.

##### Remarks:

Stability: Plasma: Ambient: 4 hours; Refrigerated: Unacceptable; Frozen ~~at -20 Degrees C: 3 months; Frozen at -70 Degrees C: 6 months~~  
Whole Blood: Ambient: 72 hours; Refrigerated: 1 week; Frozen: 1 month

Methodology: Electromagnetic Mechanical Clot Detection ~~/~~ Polymerase Chain Reaction (PCR) ~~/~~ Fluorescence Monitoring

Performed: Mon-Sat

Reported: 1-5 days

Note: If APC resistance is normal, then no further testing will be added. If APC resistance is low, then Factor V Leiden by PCR will be added. Additional charges apply.

CPT Codes: 85307; if reflexed, add 81241

New York DOH Approval Status: This test is New York DOH approved.

**Interpretive Data:**

Ratios less than 2.00 suggest APC resistance. This method uses factor V deficient plasma; therefore, APC resistance due to a nonfactor V mutation will not be detected. Extreme factor V deficiency or presence of direct oral anticoagulants (DOACs) may cause an unreliable ratio.

Note: If APC resistance is normal, then no further testing will be added. If APC resistance is low, or if a valid result cannot be obtained for the APC portion of the profile, then Factor V Leiden by PCR will be added. Additional charges apply.

**Reference Interval:**

Test Number	Components	Reference Interval
	APC Resistance	2.00 or greater



## TEST CHANGE

### von Willebrand Factor Activity (Ristocetin Cofactor)

0030250, RCF

#### Specimen Requirements:

##### Patient Preparation:

Collect: Lt. blue (sodium citrate). ~~Special~~Refer to Specimen ~~Collection and Handling Hemostasis/Thrombosis Specimens guide~~ located at <https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf> for hemostasis/thrombosis specimen handling guidelines.

Specimen Preparation: Transfer 1.5 mL platelet-poor plasma to an ARUP ~~standard transport tube~~.Standard Transport Tube. (Min: 1 mL)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

Unacceptable Conditions: Serum. EDTA plasma, clotted or hemolyzed specimens.

##### Remarks:

Stability: Ambient: 4 hours; Refrigerated: Unacceptable; Frozen: ~~at -20 Degrees C: 3 months; Frozen at -70 Degrees C: 6 months~~

Methodology: Platelet Agglutination

Performed: Mon-Sat

Reported: 1-3 days

##### Note:

CPT Codes: 85245

New York DOH Approval Status: This test is New York DOH approved.

##### Interpretive Data:

##### Reference Interval:

Age	Reference Interval
0-6 years	51-215%
7-9 years	52-176%
10-11 years	60-195%
12-13 years	50-184%
14-15 years	50-203%
16-17 years	49-204%
18 years and older	51-215%

## TEST CHANGE

### von Willebrand Modified Panel

0030284, VW PANEL 2

#### Specimen Requirements:

##### Patient Preparation:

Collect: Lt. blue (sodium citrate). ~~Special~~Refer to Specimen Collection and Handling Hemostasis/Thrombosis Specimens guide located at <https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf> for hemostasis/thrombosis specimen handling guidelines.

Specimen Preparation: Transfer 1.5 mL platelet-poor plasma to an ARUP standard transport tube. ~~Standard Transport Tube~~ (Min: 1 mL)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

Unacceptable Conditions: Serum, EDTA plasma, clotted or hemolyzed specimens.

##### Remarks:

Stability: Ambient: 4 hours; Refrigerated: Unacceptable; Frozen ~~at -20 Degrees C~~: 3 months; ~~Frozen at -70 Degrees C~~: 6 months

Methodology: Platelet Agglutination ~~/~~ Microlatex Particle-Mediated Immunoassay

Performed: Mon-Sat

Reported: 1-3 days

##### Note:

CPT Codes: 85245; 85246

New York DOH Approval Status: This test is New York DOH approved.

##### Interpretive Data:

##### Reference Interval:

Test Number	Components	Reference Interval		
	von Willebrand Factor, Antigen			
		Age	Reference Interval (%)	
		0-6 years	52-214	
		7-9 years	62-180	
		10-11 years	63-189	
		12-13 years	60-189	
		14-15 years	57-199	
		16-17 years	50-205	
		18 years and older	52-214	
	von Willebrand Factor, Activity (RCF)			
		Age	Reference Interval (%)	
		0-6 years	51-215	
		7-9 years	52-176	
		10-11 years	60-195	
		12-13 years	50-184	
		14-15 years	50-203	
		16-17 years	49-204	
		18 years and older	51-215	

## TEST CHANGE

### von Willebrand Factor Antigen

0030285, VWF/AG

#### Specimen Requirements:

##### Patient Preparation:

Collect: Lt. blue (sodium citrate). ~~Special-Refer to~~ Specimen Collection and Handling Hemostasis/Thrombosis Specimens guide located at <https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf> for hemostasis/thrombosis specimen handling guidelines.

Specimen Preparation: Transfer 1.5 mL platelet-poor plasma to an ARUP standard transport tube. ~~Standard Transport Tube~~ (Min: 1 mL)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

Unacceptable Conditions: Serum, EDTA plasma, clotted or hemolyzed specimens.

##### Remarks:

Stability: Ambient: 4 hours; Refrigerated: Unacceptable; Frozen ~~at -20 Degrees C~~: 3 months; ~~Frozen at -70 Degrees C~~: 6 months

Methodology: Microlatex Particle-Mediated Immunoassay

Performed: Mon-Sat

Reported: 1-3 days

##### Note:

CPT Codes: 85246

New York DOH Approval Status: This test is New York DOH approved.

##### Interpretive Data:

##### Reference Interval:

Age	Reference Interval
0-6 years	52-214%
7-9 years	62-180%
10-11 years	63-189%
12-13 years	60-189%
14-15 years	57-199%
16-17 years	50-205%
18 years and older	52-214%

## TEST CHANGE

### Rapid Plasma Reagin (RPR) with Reflex to Titer and FTA-ABS

0050011, RPR FTA

#### Specimen Requirements:

##### Patient Preparation:

Collect: Serum separator tube.

Specimen Preparation: Separate serum from cells ASAP or within 2 hours of collection. Transfer 1mL serum to an ARUP standard transport tube. (Min: 0.5 mL) Avoid freezing if possible.

Transport Temperature: Refrigerated.

Unacceptable Conditions: Contaminated, grossly hemolyzed, grossly lipemic, plasma, CSF, cord blood, or other body fluids.

##### Remarks:

Stability: After separation from cells: Ambient: 48 hours; Refrigerated: 2 weeks; Frozen: 1 year

Methodology: Semi-Quantitative Particle Agglutination

Performed: Sun-Sat

Reported: 1-3 days

##### Note:

CPT Codes: 86592; if reflexed, add 86593; 86780

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

Component	Interpretation
Rapid Plasma Reagin (RPR)	RPR (+) = Reactive RPR (-) = Nonreactive

#### Reference Interval:

Test Number	Components	Reference Interval		
	Rapid Plasma Reagin (RPR)	<del>Nonreactive</del> Non- Reactive		
	Rapid Plasma Reagin (RPR)			
		Component Result	Interpretation	
		Rapid Plasma	RPR (+) =	

		Reagin (RPR)	Reactive RPR (-) = Nonreactive	



## TEST CHANGE

### Rapid Plasma Reagin (RPR) with Reflex to Titer

0050471, RPRT

#### Specimen Requirements:

##### Patient Preparation:

Collect: Serum separator tube.

Specimen Preparation: Separate serum from cells ASAP or within 2 hours of collection. Transfer 1 mL serum to an ARUP standard transport tube. (Min: 0.5 mL) Avoid freezing if possible.

Transport Temperature: Refrigerated.

Unacceptable Conditions: Contaminated, grossly hemolyzed, grossly lipemic, plasma, CSF, cord blood, or other body fluids.

##### Remarks:

Stability: After separation from cells: Ambient: 48 hours; Refrigerated: 2 weeks; Frozen: 1 year (avoid repeated freeze/thaw cycles)

Methodology: Semi-Quantitative Particle Agglutination

Performed: Sun-Sat

Reported: Within 24 hours

Note: If RPR is reactive, then a titer will be added. Additional charges apply.

CPT Codes: 86592; if reflexed, add 86593

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

Component	Interpretation
Rapid Plasma Reagin (RPR)	RPR (+) = Reactive RPR (-) = Nonreactive

#### Reference Interval:

Test Number	Components	Reference Interval		
	Rapid Plasma Reagin (RPR)	<del>Nonreactive</del> <del>Non-Reactive</del>		
	Rapid Plasma Reagin (RPR)			
		Component Result	Interpretation	
		Rapid Plasma Reagin (RPR)	RPR (+) = Reactive RPR (-) = Nonreactive	

## TEST CHANGE

### Rapid Plasma Reagin (RPR) with Reflex to Titer and TP-PA Confirmation

0050478, RPR PAN

#### Specimen Requirements:

##### Patient Preparation:

Collect: Serum separator tube

Specimen Preparation: Separate serum from cells ASAP or within 2 hours of collection. Transfer 1 mL serum to an ARUP standard transport tube. (Min: 0.5 mL) Avoid freezing if possible.

Transport Temperature: Refrigerated.

Unacceptable Conditions: Contaminated, grossly hemolyzed, grossly lipemic, plasma, CSF, cord blood, or other body fluids.

##### Remarks:

Stability: After separation from cells: Ambient: 48 hours; Refrigerated: 2 weeks; Frozen: 1 year (avoid repeated freeze/thaw cycles)

Methodology: Semi-Quantitative Particle Agglutination

Performed: Sun-Sat

Reported: 1-4 days

Note: This panel is for clients in states where automatic confirmation using a treponemal test is required for all reactive RPR tests. If RPR is reactive, then a titer to endpoint and TP-PA confirmation will be added. Additional charges apply.

CPT Codes: 86592; if reflexed, add 86593; 86780

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

#### Reference Interval:

Test Number	Components	Reference Interval		
	Rapid Plasma Reagin (RPR)	<del>Nonreactive</del> Non-Reactive		
	Rapid Plasma Reagin (RPR)			
		Component Result	Interpretation	
		Rapid Plasma Reagin (RPR)	RPR (+) = Reactive RPR (-) = Nonreactive	
	<del>Rapid Plasma Reagin (RPR) Titer</del>	<del>&lt; 1:1</del>		
	<del>Treponema pallidum Ab by TP-PA Reflex</del>	<del>Nonreactive</del>		

## TEST CHANGE

Trypanosoma cruzi ~~Antibody~~, IgG, purified antigen

0051076, CHAGAS G

### Specimen Requirements:

#### Patient Preparation:

Collect: Serum separator tube.

Specimen Preparation: Separate serum from cells ASAP or within 2 hours of collection. Transfer 0.5 mL serum to an ARUP Standard Transport Tube. (Min: 0.3 mL) Parallel testing is preferred and convalescent specimens must be received within 30 days of the acute specimens. Mark specimens plainly as "acute" or "convalescent."

Transport Temperature: Refrigerated. Also acceptable: Room temperature or frozen.

Unacceptable Conditions: Plasma. Bacterially contaminated, heat-inactivated, hemolyzed, icteric, lipemic, or turbid specimens.

#### Remarks:

Stability: After separation from cells: Ambient: 48 hours; Refrigerated: 2 weeks; Frozen: 1 year

Methodology: Semi-Quantitative Enzyme-Linked Immunosorbent Assay (ELISA)

Performed: Mon., Wed., Fri

Reported: 1-~~6~~8 days

Note: T. cruzi IgG , Purified Antigen assay is performed using the Hemagen Chagas Kit.

CPT Codes: 86753

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

~~This assay should not be used for blood donor screening or associated re-entry protocols, or for screening Human Cell and Cellular Tissue Based Products (HCT/Ps).~~

According to the CDC, at least two different serologic tests should be used to make the laboratory diagnosis of chronic Chagas Disease, as no single serologic test is sufficiently sensitive and specific. If results between the two assays are discrepant, repeat testing or testing by a third method may be helpful.

*This assay should not be used for blood donor screening or associated re-entry protocols, or for screening Human Cell and Cellular Tissue-Based Products (HCT/Ps).*

Component	Unit Of Measure	Interpretation
Trypanosoma cruzi Antibody, IgG	1.0 IV or less 1.1 IV 1.2 IV or greater	Negative - No significant level of Trypanosoma cruzi IgG antibody detected. Equivocal - Questionable presence of Trypanosoma cruzi IgG antibody detected. Repeat testing in 10-14 days may be helpful. Positive - IgG antibodies to Trypanosoma cruzi detected, which may suggest current or past infection.

Reference Interval:

Test Number	Components	Reference Interval
	<del>Trypanosoma</del> <del>T.</del> cruzi <del>Antibody</del> IgG, <del>Purified Antigen</del>	1.0 IV or less

## TEST CHANGE

### Glucose-6-Phosphate Dehydrogenase (G6PD) 2 Mutations

0051684, G6PD AFRIC

#### Specimen Requirements:

##### Patient Preparation:

Collect: Lavender (EDTA), pink (K2EDTA), or yellow (ACD ~~s~~Solution A or B).

Specimen Preparation: Transport 3 mL whole blood. (Min: 1 mL)

Transport Temperature: Refrigerated.

Unacceptable Conditions: Frozen specimens in glass collection tubes.

##### Remarks:

Stability: Ambient: 72 hours; Refrigerated: 1 week; Frozen: 1 month

Methodology: Polymerase Chain Reaction (PCR) ~~(/)~~ Fluorescence Monitoring

Performed: ~~Varies~~ Mon, Thu

Reported: 4-10 days

Note: This assay detects the following variants: c.376A>G and c.202G>A in the G6PD gene.

CPT Codes: 81247

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

~~Refer to report. Background Information for Glucose-6-Phosphate Dehydrogenase (G6PD) 2 Mutations:~~

~~Characteristics: Although G6PD deficiency is usually asymptomatic, it can result in episodic hemolytic anemia triggered by infections, specific foods, and drugs. In newborns, it may be causal for life-threatening acute hemolytic anemia with jaundice. Variants are classified as follows: Class I: severe enzyme deficiency associated with chronic nonspherocytic hemolytic anemia; Class II: severe enzyme deficiency (<10 percent of normal activity); Class III: mild to moderate enzyme deficiency (10-60 percent of normal activity); and Class IV: normal range (>60 percent of normal enzyme activity). G6PD deficiency is best managed by avoiding known environmental triggers. For a list of drugs that may cause adverse reactions in individuals with G6PD deficiency refer to the Clinical Pharmacogenetics Implementation Consortium: <https://cpicpgx.org/genes-drugs/>.~~

~~Incidence: Highly variable but ranges between 5-30 percent in males of African, Asian, Mediterranean, and Middle Eastern descent~~

~~Inheritance: X-linked.~~

~~Cause: Hemizygosity for a pathogenic G6PD germline variant in men, and homozygosity or compound heterozygosity in women. Some heterozygous women may be affected due to skewed X-chromosome inactivation.~~

~~Variants Tested: c.376A>G and c.202G>A (A- allele: both variants present in cis; A+ allele: c.376A>G alone; c.202G>A is rarely if ever seen alone).~~

~~Clinical Sensitivity: Variable; dependent on the country of origin.~~

~~Methodology: Polymerase Chain Reaction/Fluorescence Monitoring~~

~~Analytical Sensitivity and Specificity: 99 percent.~~

~~Limitations: Only the two G6PD gene variants targeted (c.376A>G and c.202G>A) will be detected.~~

~~This assay cannot determine phase; thus, concurrent detection of c.376A>G and c.202G>A is presumed to reflect the complex A- allele. Diagnostic errors can occur due to rare sequence variations. Interpretation of this test result may be impacted if this patient has had an allogeneic stem-cell transplantation.~~

~~This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the U.S. Food and Drug Administration. This test was performed in a CLIA-certified laboratory and is intended for clinical purposes.~~

~~Counseling and informed consent are recommended for genetic testing. Consent forms are available online.~~

Reference Interval:



## TEST CHANGE

### Parvovirus B19 by Qualitative PCR

0060043, PARVPCR

#### Specimen Requirements:

##### Patient Preparation:

**Collect:** Lavender (EDTA), ~~p~~ink (K2EDTA), or ~~serum separator tube~~~~Serum-Separator-Tube~~ (SST). Also acceptable: Amniotic fluid, CSF, tissue, paraffin embedded tissue, ~~or~~ synovial fluid, ~~or bone marrow (EDTA and K2EDTA)~~.

**Specimen Preparation:** Separate serum or plasma from cells. Transfer 1 mL serum, plasma, bone marrow, amniotic fluid, CSF, or synovial fluid to a sterile container. (Min: 0.5 mL) Fresh Tissue: Transfer fresh tissue to a sterile container and freeze immediately. Paraffin Embedded Tissue: Transport in a Tissue Transport Kit (ARUP supply #47808), available online through eSupply using ARUP Connect or contact ARUP Client Services at (800-)522-2787.

**Transport Temperature:** Frozen. Bone Marrow: Refrigerated. Paraffin Embedded Tissue: Room temperature.

**Unacceptable Conditions:** Heparinized specimens, tissues in optimal cutting temperature compound.

**Remarks:** Specimen source required.

**Stability:** Ambient: 24 hours; Refrigerated: 5 days; Frozen: 6 months  
Bone Marrow: Ambient: 1 week; Refrigerated: 1 week; Frozen: 1 week  
Fresh Tissue: Ambient: Unacceptable; Refrigerated: Unacceptable; Frozen: 6 months  
Paraffin Embedded Tissue: Ambient: Indefinitely; Refrigerated: Indefinitely; Frozen: Unacceptable

**Methodology:** Qualitative Polymerase Chain Reaction (PCR)

**Performed:** Mon, Wed, Fri

**Reported:** 1-4 days

#### Note:

**CPT Codes:** 87798

**New York DOH Approval Status:** This test is New York DOH approved.

#### Interpretive Data:



A nonprofit enterprise of the University of Utah  
and its Department of Pathology

Effective Date: **October 20, 2025**

~~This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the US Food and Drug Administration. This test was performed in a CLIA-certified laboratory and is intended for clinical purposes.~~

Deleted Cells

Reference Interval:

Inserted Cells

Test Number	Components	Reference Interval

## TEST CHANGE

### Antibiotic Level, Ticarcillin

0060841, ML TICAR

#### Specimen Requirements:

##### Patient Preparation:

Collect: Plain red.

Specimen Preparation: Aseptically remove 2 mL serum to a sterile tube (ARUP supply #43115) and freeze. Available online through eSupply using ARUP **Connect(TM)** or **Connector** contact ARUP Client Services at ~~(800-)~~522-2787. (Min: 1 mL)

Transport Temperature: Frozen.

Unacceptable Conditions: **SST** or Plasma.

Remarks: Required information includes: time and date of collection, time of last dose, and list of all antibiotics that the patient is receiving or has received in the past 48 hours.

Stability: Ambient: 2 hours; Refrigerated: 24 hours; Frozen: 1 week

Methodology: Quantitative Bioassay

Performed: Sun-Sat

Reported: 2-3 days

Note: Please include time of last dose, and list of all antibiotics that the patient is receiving or has received in the past 48 hours. This information is important for laboratory handling and essential for subsequent physician interpretation of results.

CPT Codes: 80299

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

Normal peak serum concentration for ticarcillin is 324 **ug+g**/mL with a 3.1 g IV dose of ticarcillin/clavulanate. Trough serum concentration is not well established.

For bioassay measurements, the presence of other antimicrobial agents may interfere with the assay. Other factors that may influence antimicrobial levels include inherent differences among patients and their underlying physical conditions as well as the dose and route of administration of the antimicrobial agent.

Reference Interval:

---

## TEST CHANGE

### Antibiotic Level, Piperacillin

0060842, ML PIP

#### Specimen Requirements:

##### Patient Preparation:

Collect: Plain red.

Specimen Preparation: Aseptically remove 2 mL serum to a sterile tube (ARUP supply #43115) and freeze. Available online through eSupply using ARUP Connect(TM) or contact ARUP Client Services at (800-) 522-2787. (Min: 1 mL)

Transport Temperature: Frozen.

Unacceptable Conditions: SST or Plasma.

Remarks: Required information includes: time and date of collection, time of last dose, and list of all antibiotics that the patient is receiving or has received in the past 48 hours.

Stability: Ambient: 2 hours; Refrigerated: 24 hours; Frozen: 1 week

Methodology: Quantitative Bioassay

Performed: Sun-Sat

Reported: 2-3 days

Note: Please include time of last dose, and list of all antibiotics that the patient is receiving or has received in the past 48 hours. This information is important for laboratory handling and essential for subsequent physician interpretation of results.

CPT Codes: 80299

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

Normal peak serum concentration for piperacillin is 389-484 ug#g/mL with a 4 g IV dose of piperacillin, 209 ug#g/mL with a 3.375 g IV dose of piperacillin/tazobactam, or 224 ug#g/mL with a 4.5 g IV dose of piperacillin/tazobactam. Trough serum concentration is not well established.

For bioassay measurements, the presence of other antimicrobial agents may interfere with the assay. Other factors that may influence antimicrobial levels include inherent differences among patients and their underlying physical conditions as well as the dose and route of administration of

the antimicrobial agent.

Reference Interval:

---

## TEST CHANGE

### Antibiotic Level, Nafcillin

0060843, ML NAF

#### Specimen Requirements:

##### Patient Preparation:

Collect: Plain red.

Specimen Preparation: Aseptically remove 2 mL serum to a sterile tube (ARUP supply #43115) and freeze. Available online through eSupply using ARUP Connect(TM) or contact ARUP Client Services at (800-) 522-2787. (Min: 1 mL).

Transport Temperature: Frozen.

Unacceptable Conditions: SST or Plasma.

Remarks: Required information includes: time and date of collection, time of last dose, and list of all antibiotics that the patient is receiving or has received in the past 48 hours.

Stability: Ambient: 2 hours; Refrigerated: 24 hours; Frozen: 1 week

Methodology: Quantitative Bioassay

Performed: Sun-Sat

Reported: 2-3 days

Note: Please include time of last dose, and list of all antibiotics that the patient is receiving or has received in the past 48 hours. This information is important for laboratory handling and essential for subsequent physician interpretation of results

CPT Codes: 80299

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

Normal peak serum concentration for nafcillin is 7.7 ug ug/mL with a 1 g PO dose, 7.6 ug ug/mL with a 1 g IM dose or 40 ug ug/mL with a 500 mg IV dose. Trough serum concentration is not well established.

For bioassay measurements, the presence of other antimicrobial agents may interfere with the assay. Other factors that may influence antimicrobial levels include inherent differences among patients and their underlying physical conditions as well as the dose and route of administration of

the antimicrobial agent.

Reference Interval:

---



## TEST CHANGE

### Antibiotic Level, Meropenem

0060844, ML MERO

#### Specimen Requirements:

##### Patient Preparation:

Collect: Plain red.

Specimen Preparation: Aseptically remove 2 mL serum to a sterile tube (ARUP supply #43115) and freeze. Available online through eSupply using ARUP Connect(TM) or contact ARUP Client Services at (800-) 522-2787. (Min: 1 mL)

Transport Temperature: Frozen

Unacceptable Conditions: SST or Plasma.

Remarks: Required information includes: time and date of collection, time of last dose, and list of all antibiotics that the patient is receiving or has received in the past 48 hours.

Stability: Ambient: 2 hours; Refrigerated: 24 hours; Frozen: 1 week

Methodology: Quantitative Bioassay

Performed: Sun-Sat

Reported: 2-3 days

Note: Please include time of last dose, and list of all antibiotics that the patient is receiving or has received in the past 48 hours. This information is important for laboratory handling and essential for subsequent physician interpretation of results

CPT Codes: 80299

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

Normal peak serum concentration for meropenem is 26 ug+g/mL with a 500 mg IV dose or 55-62 ug+g/mL with a 1 g IV dose. Trough serum concentration is not well established.

For bioassay measurements, the presence of other antimicrobial agents may interfere with the assay. Other factors that may influence antimicrobial levels include inherent differences among patients and their underlying physical conditions as well as the dose and route of administration of the antimicrobial agent.

Reference Interval:

---

## TEST CHANGE

### Antibiotic Level, Aztreonam

0060845, ML AZTREO

#### Specimen Requirements:

##### Patient Preparation:

Collect: Plain red.

Specimen Preparation: Aseptically remove 2 mL serum to a sterile tube (ARUP supply #43115) and freeze. Available online through eSupply using ARUP Connect(TM) or contact ARUP Client Services at (800-) 522-2787. (Min: 1 mL).

Transport Temperature: Frozen.

Unacceptable Conditions: SST or Plasma.

Remarks: Required information includes: time and date of collection, time of last dose, and list of all antibiotics that the patient is receiving or has received in the past 48 hours.

Stability: Ambient: 2 hours; Refrigerated: 24 hours; Frozen: 1 week

Methodology: Quantitative Bioassay

Performed: Sun-Sat

Reported: 2-3 days

Note: Please include time of last dose, and list of all antibiotics that the patient is receiving or has received in the past 48 hours. This information is important for laboratory handling and essential for subsequent physician interpretation of results.

CPT Codes: 80299

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

Normal peak serum concentration for aztreonam is 90-164 ug#g/mL with a 1 g IV dose or 204-255 ug#g/mL with a 2 g IV dose. Trough serum concentration is not well established.

For bioassay measurements, the presence of other antimicrobial agents may interfere with the assay. Other factors that may influence antimicrobial levels include inherent differences among patients and their underlying physical conditions as well as the dose and route of administration of the antimicrobial agent.

Reference Interval:

---

## TEST CHANGE

### Adrenocorticotrophic Hormone

0070010, ACTH

#### Specimen Requirements:

**Patient Preparation:** Morning collection (7 a.m. to 10 a.m.) is preferred.

**Collect:** Lavender (~~K2-EDTA~~, ~~K2EDTA~~) or Pink (~~K2-EDTA~~, or ~~K3-EDTA~~, ~~K2EDTA~~). Collection tube must be siliconized glass or plastic.

**Specimen Preparation:** Separate from cells ASAP or within 2 hours of collection. Transfer 1 mL plasma to an ARUP Standard Transport Tube and freeze immediately. (Min: 0.5 mL)

**Transport Temperature:** CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

**Unacceptable Conditions:** Serum, heparinized plasma, tissue or urine. Grossly hemolyzed specimens.

#### Remarks:

**Stability:** After separation from cells: Ambient: 3 hours; Refrigerated: 4 hours; Frozen: 10 weeks (No freeze/thaw cycles.)

**Methodology:** Quantitative Electrochemiluminescent Immunoassay (~~ECLIA~~)

**Performed:** Sun-Sat

**Reported:** Within 24 hours

**Note:** No reference intervals established for p.m. collections.

**CPT Codes:** 82024

**New York DOH Approval Status:** This test is New York DOH approved.

#### Interpretive Data:

Reference interval based on samples collected between 7 a.m. and 10 a.m. No reference intervals established for p.m. collections. Pediatric reference values are the same as adults (Acta Paediatr Scand 1981;70:341-345). This assay measures intact ACTH 1-39; some types of synthetic ACTH and ACTH fragments are not detected by this assay.

#### Reference Interval:

Effective August 5, 2019

~~7.2-63.3~~ 63.3 pg/mL (a.m. draws)



## TEST CHANGE

Estradiol (Adult Premenopausal Females or Individuals on Estrogen Hormone Therapy)  
0070045, ESTRA

### Specimen Requirements:

#### Patient Preparation:

**Collect:** Serum Separator Tube (SST). Also acceptable: Green (Sodium or Lithium Heparin)

**Specimen Preparation:** Separate from cells ASAP or within 2 hours of collection. Transfer 1 mL serum or plasma to an ARUP Standard Transport Tube. (Min: 0.4 mL)

**Transport Temperature:** Frozen.

**Unacceptable Conditions:** Grossly hemolyzed or lipemic specimens.

#### Remarks:

**Stability:** After separation from cells: Ambient: 8 hours; Refrigerated: 1 week; Frozen: ~~1 month~~ **6 months**

**Methodology:** Quantitative Chemiluminescent Immunoassay (CLIA)

**Performed:** Sun-Sat

**Reported:** Within 24 hours

#### Note:

**CPT Codes:** 82670

**New York DOH Approval Status:** This test is New York DOH approved.

### Interpretive Data:

This immunoassay is not recommended when low estradiol concentrations, such as those found in children, cisgender males, and postmenopausal females, are expected, or for monitoring antiestrogen (e.g., aromatase inhibitor) therapy. The preferred estradiol test in these cases is Estradiol (Adult Males, Children, Postmenopausal Females, or Individuals on Estrogen-Suppressing Hormone Therapy) (ARUP test code 0093247).

No reference intervals have been established for prepubertal females or for cisgender males. For a complete set of all established reference intervals, refer to [ltd.aruplab.com/Tests/Pub/0070045](https://ltd.aruplab.com/Tests/Pub/0070045)

Reference Interval:



A nonprofit enterprise of the University of Utah  
and its Department of Pathology

Effective Date: **October 20, 2025**

Test Number **Effective May 11, 2021**

		Components	Reference Interval		
Female		Estradiol by Immunoassay			
Follicular phase	27-122 pg/mL				
Mid-Cycle phase	95-433 pg/mL				
Luteal-Phase	49-291 pg/mL				
Post-Menopausal	Less than 41 pg/mL				
			Female		
			Early Follicular Phase	22.4 - 115 pg/mL	
			Mid Follicular Phase	25.0 - 115 pg/mL	
			Ovulatory Peak Phase	32.1 - 517 pg/mL	
			Mid Luteal Phase	36.5 - 246 pg/mL	
			Post-menopausal	<25.1 pg/mL	

Inserted Cells

Inserted Cells

**HOTLINE NOTE:** There is a numeric map change associated with this test. Refer to the Hotline Test Mix for interface build information.



## TEST CHANGE

### Insulin-Like Growth Factor Binding Protein-3 (IGFBP-3)

0070060, IGFBP-3

#### Specimen Requirements:

##### Patient Preparation:

**Collect:** Serum separator tube. Also acceptable: Green (sodium heparin).

**Specimen Preparation:** Transfer 0.5 mL serum or plasma to an ARUP Standard Transport Tube. (Min: 0.3 mL)

**Transport Temperature:** Frozen.

**Unacceptable Conditions:** Tissue or urine. Grossly hemolyzed or lipemic specimens.

##### Remarks:

**Stability:** After separation from cells: Ambient: 24 hours; Refrigerated: 1 week; Frozen: 1 year

**Methodology:** Quantitative Chemiluminescent Immunoassay [\(CLIA\)](#)

**Performed:** Sun-Sat

**Reported:** 1-2 days

##### Note:

**CPT Codes:** 82397

**New York DOH Approval Status:** This test is New York DOH approved.

#### Interpretive Data:

<a href="#">Tanner Stage</a>	<a href="#">Male (ng/mL)</a>	<a href="#">Female (ng/mL)</a>
<a href="#">Tanner Stage I</a>	<a href="#">1400-5200</a>	<a href="#">1200-6400</a>
<a href="#">Tanner Stage II</a>	<a href="#">2300-6300</a>	<a href="#">2800-6900</a>
<a href="#">Tanner Stage III</a>	<a href="#">3100-8900</a>	<a href="#">3900-9400</a>
<a href="#">Tanner Stage IV</a>	<a href="#">3700-8700</a>	<a href="#">3300-8100</a>
<a href="#">Tanner Stage V</a>	<a href="#">2600-8600</a>	<a href="#">2700-9100</a>

#### Reference Interval:

Inserted Cells

Inserted Cells

Test Number	Components	Reference Interval		
	IGF Binding Protein 3			
		Age	Reference Intervals Male (ng/mL)	Female (ng/mL)
		0-7 days	500-900	
		8-14 days	500-1400	
		15 days-110-12 months	Reference intervals not available 1039-3169	1039-3169
		1 year	700-3600	
		2 years	800-3900	
		1-3 years	900-4300 972-4123	1590-4225
		4-5 years	1000-4700 1843-4968	2169-4790
		5 years	1100-5200	
		6-7 years	1300-5600 1838-4968	2188-4996
		7 years	1400-6100	
		8-9 years	1600-6500 1932-5858	2072-5504
		9 years	1800-7100	
		10-11 years	2100-7700 1828-6592	2456-6992
		11 years	2400-8400	
		12-13 years	2700-8900 2134-6598	2838-6846
		13 years	3100-9500	
		14-15 years	3300-10000 2330-6550	2654-6680
		15 years	3500-10000	
		16-17 years	3400-9500 2380-6400	2756-6908
		17 years	3200-8700	
		18-19 years	3100-7900 2340-6632	2700-6492
		19 years	2900-7300	
		20-24 years	2900-7200 2404-5948	3032-5992
		21-25-29 years	3400-7800 2614-5792	2926-5858
		26-30-34 years	3500-7600 2500-5806	2878-6650
		31-35-39 years	3500-7000 2474-5208	2786-6084

Deleted Cells

Deleted Cells

Deleted Cells

Deleted Cells

Deleted Cells

Deleted Cells

Deleted Cells

Deleted Cells

Deleted Cells

Deleted Cells

Deleted Cells

		36-40-44 years	3400-67002360-5560	2514-6014
		41-45-49 years	3300-66002314-5700	2838-4954
		46-50-54 years	3300-67002528-5050	2562-5596
		51-55-59 years	3400-68002482-5460	2574-5914
		56-60-64 years	3400-69002592-4770	2684-5130
		61-65 years and elder	3200-66002698-5680	2462-5274
		66-70 yearsTanner Stage-I	3000-62001878-6190	2314-6086
		71-75 yearsTanner Stage-II	2800-57002112-6208	2732-6738
		76-80 yearsTanner Stage-III	2500-51002372-6602	2870-7068
		Tanner Stage-IV & V	2336-6414	2756-7232
IGF Binding Protein 3				
		Age	Reference Intervals (ng/mL)	
		81-85 years	2200-2500	
		86 years and older	Reference intervals not established	

## TEST CHANGE

### Parathyroid Hormone, Intact with Calcium

0070172, PTHI

#### Specimen Requirements:

##### Patient Preparation:

**Collect:** Plain red or serum separator tube.

**Specimen Preparation:** Allow serum specimen to clot fully at room temperature before centrifuging. Transfer 2 mL serum to an ARUP standard transport tube. (Min: 0.5 mL)

**Transport Temperature:** Frozen. Separate specimens must be submitted when multiple tests are ordered.

**Unacceptable Conditions:** Body fluid (refer to Parathyroid Hormone, FNA, ARUP test code 2001491). Specimens collected in EDTA. Rapid serum tubes (RST). Hemolyzed samples. Grossly lipemic samples.

**Remarks:** If requesting Ionized Calcium with PTH, submit two separate specimens. Refer to Calcium, Ionized, Serum (ARUP test code 0020135) for requirements.

**Stability:** After separation from cells: Ambient: 8 hours; Refrigerated: 48 hours; Frozen: 6 months

**Methodology:** Quantitative Electrochemiluminescent Immunoassay (ECLIA)

**Performed:** Sun-Sat

**Reported:** Within 24 hours

#### Note:

**CPT Codes:** 83970; 82310

**New York DOH Approval Status:** This test is New York DOH approved.

#### Interpretive Data:

For patients 18 years of age and above:  
Parathyroid hormone (PTH) reference intervals reflect  
expected values in normocalcemic,  
normophosphatemic individuals with optimal vitamin D  
concentrations; results should be interpreted  
concurrently.

Inserted Cells



A nonprofit enterprise of the University of Utah  
and its Department of Pathology

Effective Date: **October 20, 2025**

Reference Interval:

Test Number	Components	Reference Interval		
	Calcium for Parathyroid Hormone, Intact			
		Age	Reference Interval (mg/dL)	
		0 - 10 days	7.6-10.4	
		10 days - 2 years	9.0-11.0	
		2 -12 years	8.8-10.8	
		12 - 18 years	8.4-10.2	
		18 - 60 years	8.6-10.0	
		60 - 90 years	8.8-10.2	
		greater than 90 years	8.2-9.6	
	Parathyroid Hormone, Intact	<del>18-59</del> <b>15-65</b> pg/mL		

## TEST CHANGE

Parathyroid Hormone, Intact  
0070346, PTH-INT

### Specimen Requirements:

#### Patient Preparation:

**Collect:** Lavender (K2 or ~~K3EDTA~~~~K3-EDTA~~) or pink (~~K2EDTA~~~~K2-EDTA~~). Also acceptable: Serum ~~separator tube~~~~Separator Tube~~ (SST).

**Specimen Preparation:** Allow serum specimen to clot fully at room temperature and centrifuge immediately. Transfer 2 mL serum or plasma to an ARUP ~~standard transport tube~~~~Standard Transport Tube~~. (Min: 0.5 mL)

**Transport Temperature:** Frozen. Separate specimens must be submitted when multiple tests are ordered.

**Unacceptable Conditions:** Body ~~f~~Fluid (refer to Parathyroid Hormone, FNA, ARUP test code 2001491); ~~u~~Urine. Rapid ~~serum tubes~~~~Serum Tubes~~ (RST). Hemolyzed samples. Grossly lipemic samples.

#### Remarks:

**Stability:** After separation from cells: Ambient: 8 hours; Refrigerated: 48 hours; Frozen: 6 months

**Methodology:** Quantitative Electrochemiluminescent Immunoassay (ECLIA)

**Performed:** Sun-Sat

**Reported:** Within 24 hours

**Note:** PTH is unstable in unseparated serum. If collecting serum instead of plasma, tubes should be centrifuged immediately after clotting.

**CPT Codes:** 83970

**New York DOH Approval Status:** This test is New York DOH approved.

### Interpretive Data:

For patients 18 years of age and above:  
Parathyroid hormone (PTH) reference intervals reflect  
expected values in normocalcemic,  
normophosphatemic individuals with optimal vitamin D  
concentrations; results should be interpreted

Inserted Cells



A nonprofit enterprise of the University of Utah  
and its Department of Pathology

Effective Date: **October 20, 2025**

concurrently.

Reference Interval:

Test Number	Components	Reference Interval
Parathyroid Hormone, Intact	18-59	15-65 pg/mL
	18-59	pg/mL

Inserted Cells

Inserted Cells

## TEST CHANGE

### Beta-Hydroxybutyric Acid

0080045, B-OH

#### Specimen Requirements:

##### Patient Preparation:

**Collect:** Serum separator tube, lavender (EDTA), pink (K2EDTA), green (sodium or lithium heparin), or gray (sodium fluoride/potassium oxalate).

**Specimen Preparation:** Allow serum specimen to clot completely at room temperature. Transfer 1 mL serum or plasma to an ARUP [standard transport tube](#). [Standard Transport Tube](#). (Min: 0.2 mL)

**Transport Temperature:** Refrigerated

##### Unacceptable Conditions:

##### Remarks:

**Stability:** After separation from cells: [Room Temperature](#) [Ambient](#): 2 hours; Refrigerated: 1 week; Frozen: 2 months

**Methodology:** Quantitative Enzymatic Assay

**Performed:** Mon, Wed, Fri

**Reported:** 1-3 days

##### Note:

**CPT Codes:** 82010

**New York DOH Approval Status:** This test is New York DOH approved.

##### Interpretive Data:

##### Reference Interval:

[0.02-0.27 mmol/L](#) [-3.0 mg/dL](#)

**HOTLINE NOTE:** There is a numeric map change associated with this test. Refer to the Hotline Test Mix for interface build information.

**HOTLINE NOTE:** There is a unit of measure change associated with this test. Refer to the Hotline Test Mix for interface build information.



## TEST CHANGE

### Glucose-6-Phosphate Dehydrogenase

0080135, G6PD

#### Specimen Requirements:

##### Patient Preparation:

**Collect:** Yellow (ACD solution A). Also acceptable: Green (sodium or lithium heparin), lavender (K2EDTA or K3EDTA), or pink (K2EDTA). Enzyme most stable in acid citrate dextrose (ACD).

**Specimen Preparation:** Do not freeze. Transport 3 mL whole blood. (Min: 1.5 mL heparin ~~and~~ EDTA collection tubes; Min: 0.5 mL pediatric collection tubes).

**Transport Temperature:** Refrigerated.

**Unacceptable Conditions:** Clotted, frozen, or hemolyzed specimens.

**Remarks:** Pediatric minimum 0.5 mL if collected and transported in a pediatric collection K2EDTA tube. ACD collection tubes should be filled to maximum collectible volume and are not recommended for pediatric specimen collection or preservation.

ARUP G6PD results are normalized to Hemoglobin. Reporting units are U/g Hb. Alternative methods may normalize G6PD results to red blood cells and use different reporting units.

**Stability:** ~~Room Temperature~~ **Ambient:** 8 hours; Refrigerated: 1 week; Frozen: Unacceptable

**Methodology:** Quantitative Enzymatic Assay

**Performed:** Sun-Sat

**Reported:** 1-3 days

**Note:** Patients who have recently received transfusions have normal donor cells that may mask G-6-PD deficient erythrocytes.

**CPT Codes:** 82955

**New York DOH Approval Status:** This test is New York DOH approved.

#### Interpretive Data:

World Health Organization guidance on classification

Inserted Cells

of G6PD activity is as follows:

Males: G6PD activity less than 30% of the normal median are regarded as G6PD deficient. Males with G6PD activity of 30% or more of the normal median can be regarded as G6PD normal.

Females: G6PD activity less than 30% of the normal median are regarded as G6PD deficient. Females with G6PD activity of 80% or more of the normal median can be regarded as G6PD normal. G6PD activity between 30% and 80% of the normal median are regarded as intermediate activity.

Cutoffs and results are specific to this G6PD assay and configuration and cannot be used interchangeably across different assays, parameters, and/or instrument configurations.

Reference: Guide to G6PD deficiency rapid diagnostic testing to support P. vivax radical cure. Geneva: World Health Organization; 2018. ISBN 978-92-4-151428-6

Percent of Normal Activity (U/g Hb)

Age	100%	80%	30%
<8 days	19.7	15.8	5.9
8 - 30 days	18.2	14.6	15.5
1 - 6 months	16.1	12.9	4.8
7 - 12 months	13.8	11.0	4.1
1 - 17 years	12.9	10.3	3.9
≥ 18 years	12.7	10.2	3.8

Percentage of normal activity cutoffs to G6PD enzyme activity. 100% for males and females is defined as the 50th percentile of non-affected males.

Reference Interval:

Effective November 17, 2014  
9.9-16.6 U/g Hb

Deleted Cells

## TEST CHANGE

### Alpha Fetoprotein, Total and L3 Percent

0081208, AFP L3

#### Specimen Requirements:

##### Patient Preparation:

Collect: Serum separator tube or plain red.

Specimen Preparation: Allow specimen to clot completely at room temperature. Separate serum from cells ASAP or within 2 hours of collection. Transfer 1 mL serum to an ARUP standard transport tube. ~~Standard Transport Tube~~. (Min: 0.5 mL)

Transport Temperature: Frozen~~-~~

Unacceptable Conditions: Plasma~~-~~

##### Remarks:

Stability: After separation from cells: Room Temperature~~Ambient~~: 8 hours; Refrigerated: 5 days; Frozen: 3 months (avoid repeated freeze/thaw cycles)

Methodology: Quantitative Liquid Chromatography L~~I~~mmunoassay

Performed: Mon, Thu

Reported: 1-5 days

##### Note:

CPT Codes: 82107

New York DOH Approval Status: This test is New York DOH approved.

##### Interpretive Data:

The L~~I~~TASWako method is used. Results obtained with different assay methods or kits cannot be used interchangeably. The AFP L3 Percent assay is intended as a risk assessment for the development of hepatocellular carcinoma in patients with chronic liver diseases. Patients with elevated serum AFP-L3 percent should be more intensely evaluated for evidence of hepatocellular carcinoma since elevated values have been shown to be associated with a seven-fold increase in the risk for developing hepatocellular carcinoma within 21 months. Results cannot be interpreted as absolute evidence of the presence or absence of malignant disease. For pregnant females, the result is not interpretable as a tumor marker.

##### Reference Interval:

Test Number	Components	Reference Interval
	Alpha Fetoprotein Total	0-15 ng/mL
	Alpha Fetoprotein L3 Pct	0.0-9.9 percent

By report

## TEST CHANGE

### von Willebrand Factor Multimers

0092281, VWF MULTI

#### Specimen Requirements:

##### Patient Preparation:

**Collect:** Lt. blue (sodium citrate). ~~Special~~[Refer to Specimen Collection and Handling Hemostasis/Thrombosis Specimens guide located at https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf for hemostasis/thrombosis specimen handling guidelines.](https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf)

**Specimen Preparation:** Transfer 1 mL platelet-poor plasma to an ARUP ~~standard~~[transport tube](#). ~~Standard Transport Tube~~: (Min: 0.5 mL)

**Transport Temperature:** CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

**Unacceptable Conditions:** Serum. EDTA plasma, clotted or hemolyzed specimens.

##### Remarks:

**Stability:** Ambient: 4 hours; Refrigerated: Unacceptable; Frozen ~~at -70 Degrees C: 6 months; Frozen at -20 Degrees C: 3 months~~

**Methodology:** Qualitative Electrophoresis

**Performed:** Mon-Fri

**Reported:** 4-11 days

##### Note:

**CPT Codes:** 85247

**New York DOH Approval Status:** This test is New York DOH approved.

##### Interpretive Data:

~~This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the US Food and Drug Administration. This test was performed in a CLIA certified laboratory and is intended for clinical purposes.~~

##### Reference Interval:

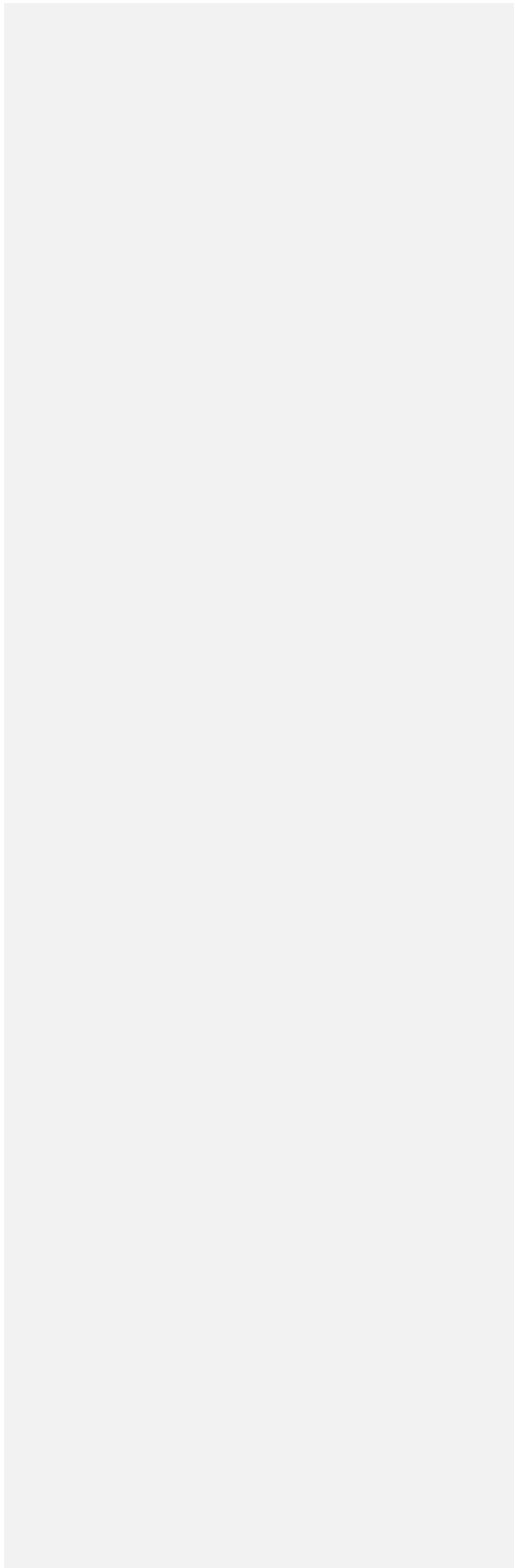
By report

Deleted Cells



*A nonprofit enterprise of the University of Utah  
and its Department of Pathology*

Effective Date: **October 20, 2025**



## TEST CHANGE

Alpha-2-Antiplasmin, Activity  
0098727, ALPHA 2A

### Specimen Requirements:

#### Patient Preparation:

Collect: Lt. blue (sodium citrate). ~~Special~~Refer to Specimen ~~Collection~~ and Handling ~~Hemostasis/Thrombosis Specimens guide~~ located at <https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf> for hemostasis/thrombosis specimen handling guidelines.

Specimen Preparation: Transfer 1 mL platelet-poor plasma to an ARUP standard transport tube. (Min: 0.5 mL)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

Unacceptable Conditions: Serum. EDTA plasma, clotted or hemolyzed specimens.

#### Remarks:

Stability: ~~A~~mbient: 4 hours; Refrigerated: Unacceptable; Frozen: ~~at -20 Degrees C: 3 months; at -70 Degrees C: 6 months~~

Methodology: Chromogenic Assay

Performed: Thu

Reported: 1-8 days

#### Note:

CPT Codes: 85410

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

#### Reference Interval:



A nonprofit enterprise of the University of Utah  
and its Department of Pathology

Effective Date: **October 20, 2025**

Inserted Cells

Age	Activity (%)
1-4 days	55-115%
5-29 days	70-130%
30-89	76-124%
90-179 days	76-140%
180-364 days	83-139%
1-5 years	93-117%
6 years	89-110%
7-9 years	88-147%
10-11 years	90-144%
12-13 years	87-142%
14-15 years	83-136%
16-17 years	77-134%
18 years and older	82-133%

By Report

Age	Activity (%)
1-4 days	55-115%
5-29 days	70-130%
30-89	76-124%
90-179 days	76-140%
180-364 days	83-139%
1-5 years	93-117%
6 years	89-110%
7-9 years	88-147%
10-11 years	90-144%
12-13 years	87-142%
14-15 years	83-136%
16-17 years	77-134%
18 years and older	82-133%



## TEST CHANGE

Protein S Free, Antigen

0098894, PRO S FREE

### Specimen Requirements:

#### Patient Preparation:

Collect: Light blue (sodium citrate). ~~Special~~Refer to Specimen Collection and Handling Hemostasis/Thrombosis Specimens guide located at <https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf> for hemostasis/thrombosis specimen handling guidelines.

Specimen Preparation: Transfer 1.5 mL platelet-poor plasma to an ARUP standard transport tube. (Min: 1 mL)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

Unacceptable Conditions: Serum. EDTA plasma, clotted or hemolyzed specimens.

#### Remarks:

Stability: Ambient: 4 hours; Refrigerated: Unacceptable; Frozen ~~at -20 Degrees C: 3 months, at -70 Degrees C: 6 months~~

Methodology: Microlatex Particle-Mediated Immunoassay

Performed: Mon-Sat

Reported: 1-3 days

#### Note:

CPT Codes: 85306

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

Refer to report

#### Reference Interval:

Age	Male	Female
1-89 days	15-55%	15-55%
90-179 days	35-92%	35-92%
180-364 days	45-115%	45-115%
1-5 years	62-120%	62-120%
6-9 years	62-130%	62-130%
10-17 years	60-140%	60-140%
18 years and older	74-147%	55-123%

## TEST CHANGE

Glucagon

0099165, GLUCA

### Specimen Requirements:

Patient Preparation: Fast **8-12** hours prior to collection.

Collect: Lavender or pink (K2EDTA or K3EDTA).  
Protease inhibitor tube (PPACK; Phe-Pro-Arg-chloromethylketone) (ARUP supply #49662), available online through eSupply using ARUP Connect(TM) or contact ARUP Client Services at 800-522-2787. A winged collection set must be used.

Specimen Preparation: Mix well. Separate from cells within 1 hour of collection. Transfer **2+ mL** plasma to an ARUP standard transport tube. (Min: 0.5 mL)

Transport Temperature: Frozen. Separate specimens must be submitted when multiple tests are ordered.

Unacceptable Conditions: Hemolyzed, lipemic, icteric or clottedGrossly hemolyzed specimens.

### Remarks:

Stability: After separation from cells: Ambient: **4 hours**Unacceptable;  
Refrigerated: **3 days**48 hours; Frozen: **1 month**3 months

Methodology: Quantitative Enzyme-Linked Immunosorbent Assay (ELISA)Radioimmunoassay

Performed: Tue

Reported: 3-11 days

### Note:

CPT Codes: 82943

New York DOH Approval Status: This test is New York DOH approved.

### Interpretive Data:

### Reference Interval:

Effective December 1, 2014

Adult: Less than or equal to **150 pg/mL**208 ng/L



## TEST CHANGE

### Haloperidol

0099640, HALO

#### Specimen Requirements:

**Patient Preparation:** Timing of specimen collection: Pre-dose (trough) draw ~~2-2~~ - At steady state concentration.

**Collect:** Plain red. Also acceptable: Lavender (~~K 2~~ ~~K 2~~ or ~~K 3~~ ~~EDTA~~ ~~K 3~~ ~~EDTA~~) or pink (~~K 2~~ ~~EDTA~~ ~~K 2~~ ~~EDTA~~).

**Specimen Preparation:** Separate serum or plasma from cells within 2 hours of collection. Transfer 1 mL serum or plasma to an ARUP Standard Transport Tube. (Min: 0.5 mL)

**Transport Temperature:** Refrigerated.

**Unacceptable Conditions:** Whole blood. Gel separator tubes, light blue (citrate), or yellow (SPS or ACD solution).

#### Remarks:

**Stability:** After separation from cells: Ambient: 4 hours; Refrigerated: 1 week; Frozen: 1 month (avoid repeated freeze/thaw cycles)

**Methodology:** Quantitative Liquid Chromatography-Tandem Mass Spectrometry

**Performed:** Mon, Wed, Fri

**Reported:** 1-7 days

#### Note:

**CPT Codes:** 80173

**New York DOH Approval Status:** This test is New York DOH approved.

#### Interpretive Data:

The therapeutic range is based on serum pre-dose (trough) draw at steady-state concentration. Adverse effects **to haloperidol therapy** may include drowsiness, blurred vision, tardive dyskinesia, tachycardia, hypotension, and muscular rigidity.

This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the US Food and Drug Administration. This test was performed in a CLIA -certified laboratory and is intended for clinical purposes.

**Reference Interval:**



A nonprofit enterprise of the University of Utah  
and its Department of Pathology

Effective Date: **October 20, 2025**

Therapeutic Range:	1.0-10.0 ng/mL
Toxic:	Greater than or equal to 15.0 ng/mL

Effective February 16, 2021

Therapeutic Range:	5.0-20.0 ng/mL
Toxic:	Greater than 50 ng/mL

Inserted Cells

## TEST CHANGE

Fluphenazine

0099906, FLUPHEN

### Specimen Requirements:

**Patient Preparation:** Timing of specimen collection: Pre-dose (trough) draw ~~2-2~~ - At steady state concentration.

**Collect:** Plain red. Also acceptable: Lavender (~~K 2~~~~K 2~~ or ~~K 3~~ ~~EDTA~~~~K 3~~~~EDTA~~) or pink (~~K 2~~~~K 2~~ EDTA).

**Specimen Preparation:** Separate serum or plasma from cells within 2 hours of collection. Transfer 1 mL serum or plasma to an ARUP Standard Transport Tube. (Min: 0.5 mL)

**Transport Temperature:** Refrigerated.

**Unacceptable Conditions:** Whole blood. Hemolyzed specimens. Gel separator tubes, light blue (citrate), or yellow (SPS or ACD solution).

### Remarks:

**Stability:** After separation from cells: Ambient: 48 hours; Refrigerated: 1 week; Frozen: 1 month (avoid repeated freeze/thaw cycles)

**Methodology:** Quantitative Liquid Chromatography-Tandem Mass Spectrometry

**Performed:** Mon, Wed, Fri

**Reported:** 1-8 days

### Note:

**CPT Codes:** 80342 (Alt code: G0480)

**New York DOH Approval Status:** This test is New York DOH approved.

### Interpretive Data:

The therapeutic range is based on serum pre-dose (trough) draw at steady-state concentration. Adverse effects **to fluphenazine therapy** may include extrapyramidal symptoms, seizures, and neuroleptic malignant syndrome.

This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the US Food and Drug Administration. This test was performed in a CLIA -certified laboratory and is intended for clinical purposes.

**Reference Interval:**



A nonprofit enterprise of the University of Utah  
and its Department of Pathology

Effective Date: **October 20, 2025**

Therapeutic Range:	1.0-10.0 ng/mL
Toxic:	Greater than or equal to 15.0 ng/mL

Effective February 16, 2021

Therapeutic Range:	1.0-10.0 ng/mL	
Toxic:	Greater than 15 ng/mL	

Inserted Cells



## TEST CHANGE

### Parathyroid Hormone, Fine Needle Aspiration (FNA)

2001491, PTH FNA

#### Specimen Requirements:

##### Patient Preparation:

**Collect:** Fine needle aspiration in saline. ~~Also acceptable: Specimens collected in Green (Sodium or Lithium Heparin) or Lavender (EDTA).~~

**Specimen Preparation:** Specimen must be nonviscous, nonhemolyzed, and free of particulate matter. Centrifuge to remove cellular material and visible hemolysis. Transfer 0.5 mL saline needle rinse to an ARUP ~~standard transport tube.~~ **Standard Transport Tube.** (Min: 0.5 mL)

**Transport Temperature:** Frozen.

**Unacceptable Conditions:** Specimen types other than those listed. Specimens too viscous to be aspirated by the instrument. Grossly hemolyzed samples. Grossly lipemic samples.

**Remarks:** Indicate source on test request form.

**Stability:** Ambient: 8 hours; Refrigerated: 24 hours; Frozen: 6 months

**Methodology:** Quantitative Electrochemiluminescent Immunoassay (ECLIA)

**Performed:** Sun-Sat

**Reported:** Within 24 hours

#### Note:

**CPT Codes:** 83970

**New York DOH Approval Status:** This test is New York DOH approved.

#### Interpretive Data:

Parathyroid hormone (PTH) is measured by Roche electrochemiluminescent immunoassay. This test is FDA cleared but is not labeled for use with FNA fluid. The performance characteristics of this test were determined by ARUP.

~~This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the U.S. Food and Drug Administration. This test was performed in a CLIA-certified laboratory and is intended for clinical purposes.~~

#### Reference Interval:

A reference interval has not been established for body fluid specimens.

---

## TEST CHANGE

### Protein S, Free Antigen with Reflex to Protein S, Total Antigen

2002269, PRS FREE R

#### Specimen Requirements:

##### Patient Preparation:

Collect: Lt. blue (sodium citrate). ~~Special~~Refer to Specimen ~~Collection and Handling Hemostasis/Thrombosis Specimens guide~~ located at <https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf> for hemostasis/thrombosis specimen handling guidelines.

Specimen Preparation: Transfer 2 mL platelet-poor plasma to an ARUP ~~standard transport tube~~.Standard Transport Tube. (Min: 1 mL)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

Unacceptable Conditions: Serum. EDTA plasma, clotted or hemolyzed specimens.

##### Remarks:

Stability: Ambient: 4 hours; Refrigerated: Unacceptable; Frozen ~~at -20 Degrees C: 3 months, at -70 Degrees C: 6 months~~

Methodology: Microlatex Particle-Mediated Immunoassay

Performed: Mon-Sat

Reported: 1-4 days

Note: If low Protein S Free Antigen is detected, then Protein S, Total Antigen, will be added. Additional charges apply.

CPT Codes: 85306; if reflexed, add 85305

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

Refer to report

#### Reference Interval:

1-89 days: 15-55%  
90-179 days: 35-92%  
180-364 days: 45-115%

1-5 years: 62-120%

6-9 years: 62-130%

10-17 years: 60-140%

18 years and older Male: 74-147%

18 years and older Female: 55-123%

---

## TEST CHANGE

### Quetiapine, Serum or Plasma

2003118, QUETIAP

#### Specimen Requirements:

##### Patient Preparation:

Collect: Plain red. Also acceptable: Lavender (~~K2K2~~ or ~~K3~~ ~~EDTA~~~~K3EDTA~~) or pink (~~K2K2~~ EDTA).

Specimen Preparation: Separate serum or plasma from cells within 2 hours of collection. Transfer 1 mL serum or plasma to an ARUP Standard Transport Tube. (Min: 0.5 mL)

Transport Temperature: Refrigerated.

Unacceptable Conditions: Whole blood. Gel separator tubes, light blue (citrate), or yellow (SPS or ACD solution).

##### Remarks:

Stability: Ambient: 24 hours; Refrigerated: 2 weeks; Frozen: 4 months

Methodology: Quantitative Liquid Chromatography-Tandem Mass Spectrometry

Performed: Wed

Reported: 1-8 days

##### Note:

CPT Codes: 80342 (Alt code: G0480)

New York DOH Approval Status: This test is New York DOH approved.

##### Interpretive Data:

The therapeutic range is based on serum pre-dose (trough) draw at steady-state concentration. ~~Quetiapine is an antipsychotic drug indicated for the treatment of schizophrenia and bipolar disorder.~~ The pharmacokinetics of quetiapine are influenced by drug-drug interactions that may inhibit or induce CYP3A4 metabolism. Adverse effects to quetiapine therapy may include somnolence, hypotension, dizziness, neuroleptic malignant syndrome, tardive dyskinesia, and fatigue, constipation, weight gain.

This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the US Food and Drug Administration. This test was performed in a CLIA -certified laboratory and is intended for clinical purposes.

##### Reference Interval:

Effective Date: November 14, 2022

Therapeutic Range:	100-1000 ng/mL	
Toxic:	Greater than 1000 ng/mL	

## TEST CHANGE

### Factor XIII (F13A1) V34L Variant

2003220, FAC 13 MUT

#### Specimen Requirements:

##### Patient Preparation:

Collect: Lavender (EDTA), pink (K2EDTA), or yellow (ACD solution A or B).


Specimen Preparation: Transport 3 mL whole blood. (Min: 1 mL)

Transport Temperature: Refrigerated.

Unacceptable Conditions: Frozen specimens in glass collection tubes.

##### Remarks:

Stability: Ambient: 72 hours; Refrigerated: 1 week; Frozen: 1 month

Methodology: Polymerase Chain Reaction (PCR)  Fluorescence Monitoring

Performed: Varies~~Mon, Thu~~

Reported: 2-7 days



##### Note:

CPT Codes: 81400

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

##### Background Information for Factor XIII (F13A1) V34L Variant:

Characteristics: The Factor XIII (F13A1) V34L sequence variant is a protective factor against pulmonary embolism, deep vein thrombosis, and myocardial infarction in Caucasians. It may also have a slight protective effect against coronary artery disease. Limited data suggests the V34L sequence variant may also be associated with idiopathic spontaneous subconjunctival hemorrhage (SSH), but this finding has not been confirmed.

Allele Frequency: Caucasian 0.27, African American 0.17, American Indian 0.29, Asian 0.01.

Inheritance: Autosomal dominant.

Cause: Homozygosity or heterozygosity for F13A1; V34L

Variant Tested: F13A1 c.103G>T; p.Val34Leu.

Clinical Sensitivity: Varies by ethnicity.

Methodology: Polymerase chain reaction and fluorescence monitoring.

Analytical Sensitivity and Specificity: 99 percent.

Limitations: Mutations in the F13A1 or F13B genes, other than the V34L sequence variant, are not evaluated. Diagnostic errors can occur due to rare sequence variations.

The protective effect of the V34L sequence variant has not been established for ethnicities other

than Caucasian and may be altered by other genetic and nongenetic factors not assessed by this assay.

Reference Interval:

By report

---



## TEST CHANGE

Protein C, Functional with Reflex to Protein C, Total and Protein S, Free with Reflex to Protein S, Total

2003386, PROT C/S R

### Specimen Requirements:

#### Patient Preparation:

Collect: Lt. blue (sodium citrate). ~~Special~~Refer to Specimen Collection and Handling Hemostasis/Thrombosis Specimens guide located at <https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf> for hemostasis/thrombosis specimen handling guidelines.

Specimen Preparation: Transfer 4 mL platelet-poor plasma to an ARUP standard transport tube. ~~Standard Transport Tube~~. (Min: 2 mL)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

Unacceptable Conditions: Serum. EDTA plasma, clotted or hemolyzed specimens.

#### Remarks:

Stability: Ambient: 4 hours; Refrigerated: Unacceptable; Frozen ~~at -20 Degrees C: 3 months, at -70 Degrees C: 6 months~~

Methodology: Electromagnetic Mechanical Clot Detection ~~/~~ Enzyme-Linked Immunosorbent Assay (ELISA) ~~/~~ Microlatex Particle-Mediated Immunoassay

Performed: Mon-Fri

Reported: 1-5 days

Note: If Protein C Functional is low, Protein C, Total Antigen will be added. If Protein S Free is low, Protein S Total Antigen will be added. Additional charges apply.

CPT Codes: 85303; 85306; if reflexed add 85302; if reflexed, add 85305

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

Refer to report.

#### Reference Interval:

Test Number	Components	Reference Interval		
	Protein C Functional			
		Age	Reference Interval (%)	
		1-4 days	17-53	
		5-29 days	20-64	
		30-89 days	21-65	
		90-179 days	28-80	
		180-364 days	37-81	
		1-6 years	40-92	
		7-9 years	70-142	
		10-11 years	68-143	
		12-13 years	66-162	
		14-15 years	69-170	
		16-17 years	70-171	
		18 years and older	83-168	
	Protein S Ag Free			
		Age	Male (%)	Female (%)
		1-89 days	15-55	15-55
		90-179 days	35-92	35-92
		180-364 days	45-115	45-115
		1-5 years	62-120	62-120
		6-9 years	62-130	62-130
		10-17 years	60-140	60-140
		18 years and older	74-147	55-123

## TEST CHANGE

### von Willebrand Panel with Reflex to von Willebrand Multimeric Analysis

2003387, VW PANEL R

#### Specimen Requirements:

##### Patient Preparation:

Collect: Lt. blue (sodium citrate). ~~Special~~Refer to Specimen ~~Collection and Handling Hemostasis/Thrombosis Specimens guide~~ located at <https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf> for hemostasis/thrombosis specimen handling guidelines.

Specimen Preparation: Transfer 3 mL platelet-poor plasma to an ARUP ~~standard transport tube~~.Standard Transport Tube. (Min: 1.5 mL)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

Unacceptable Conditions: Serum. Clotted. ~~Nonfrozen~~Non-frozen or hemolyzed specimens.

##### Remarks:

Stability: Ambient: 4 hours; Refrigerated: Unacceptable; Frozen~~at -20 Degrees C~~: 3 months;~~Frozen at -70 Degrees C~~: 6 months

Methodology: Electrophoresis ~~/~~Clotting ~~/~~Microlatex Particle-Mediated Immunoassay ~~/~~Platelet Agglutination

Performed: Mon-Sat

Reported: 1-11 days

Note: If von Willebrand ristocetin cofactor (RCF) or von Willebrand factor antigen (vWF Ag) or Factor VIII is low, von Willebrand Multimeric Analysis testing will be added. If the ratio of RCF/vWF Ag is less than 0.7, vW Multimeric Analysis testing will be added.

CPT Codes: 85240; 85246; 85245; if reflexed, add 85247

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

#### Reference Interval:

Test Number	Components	Reference Interval		
	Factor VIII, Activity			
		Age	Reference Interval (%)	
		0-6 years	56-191	
		7-9 years	76-199	
		10-11 years	80-209	
		12-13 years	72-198	
		14-15 years	69-237	
		16-17 years	63-221	
		18 years and older	56-191	
	von Willebrand Factor, Activity (RCF)			
		Age	Reference Interval (%)	
		0-6 years	51-215	
		7-9 years	52-176	
		10-11 years	60-195	
		12-13 years	50-184	
		14-15 years	50-203	
		16-17 years	49-204	
		18 years and older	51-215	
	von Willebrand Factor, Antigen			
		Age	Reference Interval (%)	
		0-6 years	52-214	
		7-9 years	62-180	
		10-11 years	63-189	
		12-13 years	60-189	
		14-15 years	57-199	
		16-17 years	50-205	
		18 years and older	52-214	

## TEST CHANGE

### Antibiotic Level, Ceftazidime

2004886, ML CEFTAZ

#### Specimen Requirements:

##### Patient Preparation:

Collect: Plain red.

Specimen Preparation: Aseptically remove 2 mL serum to a sterile tube (ARUP supply #43115) and freeze. Available online through eSupply using ARUP Connect(TM) or contact ARUP Client Services at (800-) 522-2787. (Min: 1 mL)

Transport Temperature: Frozen.

Unacceptable Conditions: SST or Plasma.

Remarks: Required information includes: time and date of collection, time of last dose, and list of all antibiotics that the patient is receiving or has received in the past 48 hours.

Stability: Ambient: 2 hours; Refrigerated: 24 hours (local clients only); Frozen: 1 week

Methodology: Bioassay

Performed: Sun-Sat

Reported: 2-3 days

Note: Please include time of last dose, and list all antibiotics that the patient is receiving or has received in the past 48 hours. This information is essential for performing the test and subsequent physician interpretation of results.

CPT Codes: 80299

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

Normal peak serum concentration for ceftazidime is 42 ug+g/mL with a 500 mg IV dose, 69 ug+g/mL with a 1 g IV dose or 159-186 ug+g/mL with a 2 g IV dose. Trough serum concentration is not well established.

For bioassay measurements, the presence of other antimicrobial agents may interfere with the assay. Other factors that may influence antimicrobial levels include inherent differences among

patients and their underlying physical conditions as well as the dose and route of administration of the antimicrobial agent.

Reference Interval:

---

## TEST CHANGE

### Trichomonas vaginalis by Transcription-Mediated Amplification (TMA)

2005506, TVAG AMD

#### Specimen Requirements:

Patient Preparation: ~~MultiTest~~ Swab or ThinPrep Collection: Patient must be 14 years of age or older.

Collect: Refer to "Sample Collection for the Diagnosis of STD" under Specimen Handling at [www.aruplab.com](http://www.aruplab.com) for specific specimen collection and transport instructions. Vaginal specimen collected with pink swab from Aptima MultiTest Swab Collection kit (ARUP supply #55224 PK/50 or #55229 PK/10) available online through eSupply using ARUP Connect or contact Client Services at ~~(800-) 522-2787~~. ~~Also acceptable:~~ Cervical specimen collected with blue swab from Aptima Unisex Swab Specimen Collection kit (ARUP supply #28907 PK/50 or #54555 PK/10); ~~F~~first catch urine collected in sterile container then transferred to Aptima Urine tube. ~~Cervical or cervical~~ brush in ThinPrep Pap test collection kit. ~~Refer to "Sample Collection for the Diagnosis of STD" under Specimen Handling at [www.aruplab.com](http://www.aruplab.com) for specific specimen collection and transport instructions.~~

Specimen Preparation: Swab: Place swab in Swab Specimen Transport Tube, break shaft off at scoreline then recap tube. Urine: Within 24 hours, transfer ~~Transfer~~ 2 mL urine ~~within 24 hours~~ to Aptima Urine Specimen Transport Tube (ARUP supply #28908 PK/50 or #54556 PK/10). Liquid level must be between fill lines on tube. ThinPrep: Vortex ThinPrep PreservCyt solution and transfer 1 mL to an Aptima Specimen Transfer Tube (ARUP supply #42711).

Transport Temperature: Refrigerated.

Unacceptable Conditions: Large white swab included in Aptima Unisex Swab Specimen Collection kit is for preparatory cleaning of the endocervix and is unacceptable for testing. Specimens in any transport media other than indicated above. Specimen in swab transport media without a swab.

Remarks: Specimen source required.

Stability: MultiTest or Unisex Swab: Ambient: 2 months; Refrigerated: 2 months; Frozen: 1 year Aptima Urine Specimen Transport Tube: Ambient: 1 month; Refrigerated: 1 month; Frozen: 1 year Aptima Specimen Transfer Tube: Ambient: 2 weeks;

Refrigerated: 1 month; Frozen: 1 year ThinPrep: Ambient: 1 month; Refrigerated: 1 month; Frozen: Unacceptable

Methodology: Qualitative Nucleic Acid~~Transcription-Mediated~~ Amplification  
Test (NAAT)

Performed: Sun-Sat  
Mon, Wed, Fri

Reported: 1-4 days

Note:

CPT Codes: 87661

New York DOH Approval Status: This test is New York DOH approved.

Interpretive Data:

A negative result does not completely rule out infection with *T. vaginalis*.

Results should be interpreted in conjunction with other clinical data. ~~This test has not been validated for use with self-collected vaginal swab specimens from patients.~~

This test is intended for medical purposes only and is not valid for the evaluation of suspected sexual abuse or for other forensic purposes.

Reference Interval:

Negative.



## TEST CHANGE

### Factor XIII Activity

2006182, F13 A

#### Specimen Requirements:

##### Patient Preparation:

**Collect:** Lt. blue (sodium citrate). ~~Special~~[Refer to Specimen Collection and Handling Hemostasis/Thrombosis Specimens guide located at https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf for hemostasis/thrombosis specimen handling guidelines.](https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf)

**Specimen Preparation:** Transfer 2 mL platelet-poor plasma to an ARUP ~~standard~~[transport tube](#).~~Standard Transport Tube~~: (Min: 1 mL)

**Transport Temperature:** CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

**Unacceptable Conditions:** Serum. EDTA plasma, clotted or hemolyzed specimens.

##### Remarks:

**Stability:** Ambient: 4 hours; Refrigerated: Unacceptable; Frozen: ~~at -20 Degrees C or below: 1 month; Frozen at -70 Degrees C or below: 3 months~~

**Methodology:** Chromogenic Assay

**Performed:** Tue

**Reported:** 1-8 days

##### Note:

**CPT Codes:** 85290

**New York DOH Approval Status:** This test is New York DOH approved.

##### Interpretive Data:

~~This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the US Food and Drug Administration. This test was performed in a CLIA-certified laboratory and is intended for clinical purposes.~~

##### Reference Interval:

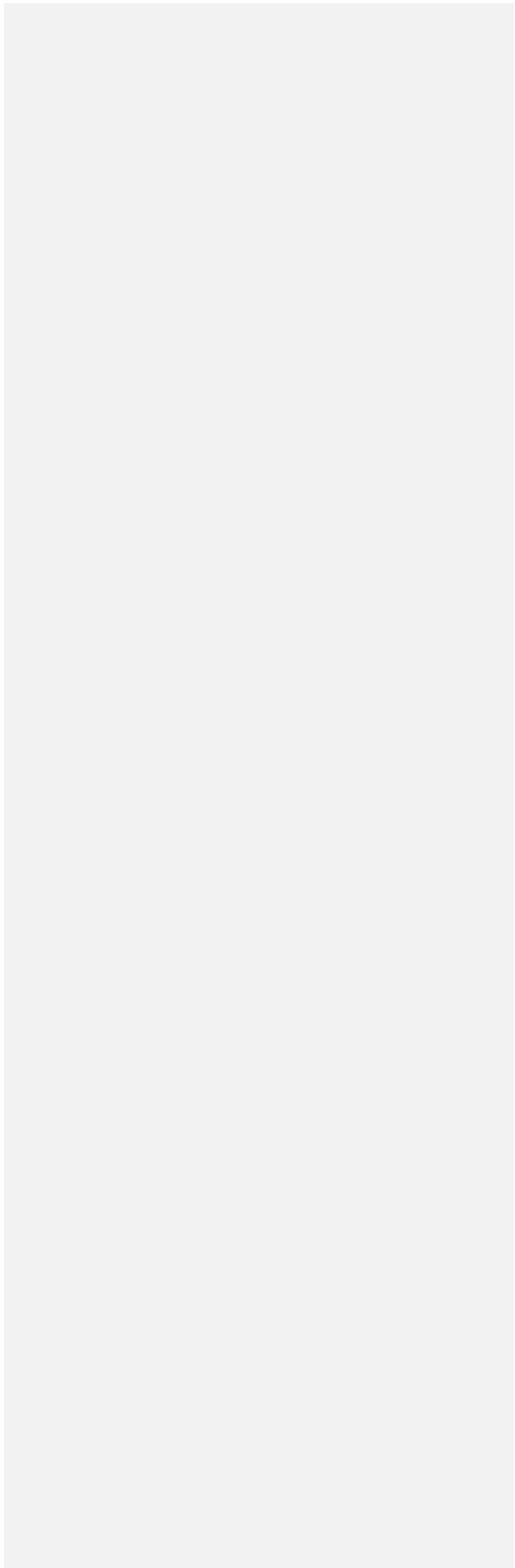
Factor XIII Activity 69-143%

Deleted Cells



*A nonprofit enterprise of the University of Utah  
and its Department of Pathology*

Effective Date: **October 20, 2025**



## TEST CHANGE

### Sexually Transmitted Disease Panel 1 by Transcription-Mediated Amplification

2006258, STD PANEL1

#### Specimen Requirements:

Patient Preparation: ~~MultiTest~~ Swab or ThinPrep Collection: Patient must be 14 years of age or older.

Collect: Refer to "Sample Collection for the Diagnosis of STD" under Specimen Handling at [www.aruplab.com](http://www.aruplab.com) for specific specimen collection and transport instructions. Vaginal specimen collected with pink swab from Aptima MultiTest Swab Collection kit (ARUP supply #55224 PK/50 or #55229 PK/10) available online through eSupply using ARUP Connect or contact Client Services at (800-)522-2787. ~~Also acceptable:~~ Cervical specimen collected with blue swab from Aptima Unisex Swab Specimen Collection kit (ARUP supply #28907 PK/50 or #54555 PK/10); ~~F~~first catch urine collected in sterile container and then transferred to Aptima Urine tube. ~~Cervical or cervical brush in ThinPrep Pap test collection kit. Refer to "Sample Collection for the Diagnosis of STD" under Specimen Handling at [www.aruplab.com](http://www.aruplab.com) for specific specimen collection and transport instructions.~~

Specimen Preparation: Swab: Place swab in Swab Specimen Transport Tube, break shaft off at scoreline then recap tube. Urine: Within 24 hours, transfer ~~Transfer~~ 2 mL urine ~~within 24 hours~~ to Aptima Urine Specimen Transport Tube (ARUP supply #28908 PK/50 or #54556 PK/10). Liquid level must be between fill lines on tube. ThinPrep: Vortex ThinPrep PreservCyt solution and transfer 1 mL to an Aptima Specimen Transfer Tube (ARUP supply #42711).

Transport Temperature: Refrigerated.

Unacceptable Conditions: Large white swab included in Aptima Unisex Swab Specimen Collection kit is for preparatory cleaning of the endocervix and is unacceptable for testing. Specimens in any transport media other than indicated above. Specimen in swab transport media without a swab.

Remarks: Specimen source is required.

Stability: MultiTest or Unisex Swab: Ambient: 2 months; Refrigerated: 2 months; Frozen: 1 year Aptima Urine Specimen Transport Tube: Ambient: 1 month; Refrigerated: 1 month; Frozen: 3 months Aptima Specimen Transfer Tube: Ambient: 2 weeks;

Refrigerated: 1 month; Frozen: 1 year ThinPrep: Ambient: 1 month; Refrigerated: 1 month; Frozen: Unacceptable

Methodology: Qualitative Nucleic Acid~~Transcription-Mediated~~ Amplification Test (NAAT)

Performed: Mon, Wed, Fri

Reported: 1-4 days

Note:

CPT Codes: 87491; 87591; 87661

New York DOH Approval Status: This test is New York DOH approved.

Interpretive Data:

Refer to report.

Reference Interval:

Test Number	Components	Reference Interval
	C. trachomatis by TMA	Negative
	N. gonorrhoeae by TMA	Negative
	T. vaginalis by TMA	Negative

## TEST CHANGE

### Fibrin/Fibrinogen Degradation Split Products, Plasma

2006491, FDP PLASMA

#### Specimen Requirements:

##### Patient Preparation:

Collect: Lt. blue (sodium citrate). Special Specimen Collection and Handling Hemostasis/Thrombosis Specimens guide located at <https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf>  
~~Lt. blue (sodium citrate).~~

Specimen Preparation: Transfer 1 mL platelet-poor plasma to an ARUP standard transport tube. ~~Standard Transport Tube~~. (Min: 0.5 mL)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

Unacceptable Conditions: Serum. EDTA plasma, clotted or hemolyzed specimens.

##### Remarks:

Stability: Ambient: 8 hours; Refrigerated: Unacceptable; Frozen: 3 months~~1 month at -20 Degrees C, 1 year at -70 Degrees C.~~

Methodology: Latex Agglutination

Performed: Sun-Sat

Reported: 1-2 days

##### Note:

CPT Codes: 85362

New York DOH Approval Status: This test is New York DOH approved.

##### Interpretive Data:

##### Reference Interval:

<5 ug/g~~mg~~/mL

## TEST CHANGE

### Thyroglobulin by LC-MS/MS, Serum or Plasma

2006550, THYROG MS

#### Specimen Requirements:

##### Patient Preparation:

**Collect:** Serum separator tube or green (sodium or lithium heparin), potassium EDTA

**Specimen Preparation:** Separate serum or plasma from cells within 2 hours of collection. Transfer: ~~Transport~~ 1.5 mL serum or plasma to an ARUP standard transport tube. (Min: 0.7 mL)

**Transport Temperature:** Refrigerated or frozen.

**Unacceptable Conditions:** Samples left ambient for greater than 1 day; grossly lipemic samples.

##### Remarks:

**Stability:** After separation from cells: Ambient: 1 day; Refrigerated: 1 week; Frozen: 1 year

**Methodology:** High Performance Liquid Chromatography-Tandem Mass Spectrometry

**Performed:** Mon, Wed, Thu, Sat

**Reported:** 2-6 days

##### Note:

**CPT Codes:** 84432

**New York DOH Approval Status:** This test is New York DOH approved.

##### Interpretive Data:

Lower limit of detection for thyroglobulin by LC-MS/MS is 0.5 ng/mL.

##### Reference Interval:

Age	Reference Interval
6 months - 3 years	7.4 - 48.7 ng/mL
4 - 7 years	4.1 - 40.5 ng/mL
8 - 17 years	0.8 - 29.4 ng/mL
18 years and	1.3 - 31.8 ng/mL

older	
-------	--

---

## TEST CHANGE

### BRAF V600E Mutation Detection in Hairy Cell Leukemia by Real-Time PCR, Quantitative 2007132, BRAF HCL

#### Specimen Requirements:

##### Patient Preparation:

**Collect:** Whole blood or bone marrow in lavender (EDTA).

**Specimen Preparation:** Whole Blood: Do not freeze. Transport 5 mL whole blood. (Min: 1 mL) Bone Marrow: Transport 3 mL bone marrow. (Min: 1 mL)

**Transport Temperature:** Refrigerated.

**Unacceptable Conditions:** Plasma, serum, FFPE tissue blocks/slides, or frozen tissue. Specimens collected in anticoagulants other than EDTA or sodium heparin. Clotted or grossly hemolyzed specimens.

##### Remarks:

**Stability:** Refrigerated: 7 days; Frozen: Unacceptable

**Methodology:** Polymerase Chain Reaction (PCR)

**Performed:** Varies

**Reported:** 4-10 days

##### Note:

**CPT Codes:** 81210

**New York DOH Approval Status:** This test is New York DOH approved.

##### Interpretive Data:

Refer to report.

##### Reference Interval:

**HOTLINE NOTE:** There is a component change associated with this test. One or more components have been added or removed. Refer to the Hotline Test Mix for interface build information.



## TEST CHANGE

### Rapid Plasma Reagin (RPR) with Reflex to RPR Titer or T. pallidum Antibody by Particle Agglutination

2007443, RPR REV

#### Specimen Requirements:

##### Patient Preparation:

Collect: Serum separator tube (SST).

Specimen Preparation: Separate serum from cells ASAP or within 2 hours of collection. Transfer 1 mL serum to an ARUP standard transport tube. (Min: 0.5 mL). Avoid freezing if possible.

Transport Temperature: Refrigerated.

Unacceptable Conditions: Contaminated, grossly hemolyzed, grossly lipemic, plasma, CSF, cord blood, or other body fluids.

##### Remarks:

Stability: After separation from cells: Ambient: 48 hours; Refrigerated: 2 weeks; Frozen: 1 year (avoid repeated freeze/thaw cycles)

Methodology: Semi-Quantitative Particle Agglutination

Performed: Sun-Sat

Reported: 1-4 days

Note: If RPR is reactive, then a titer to endpoint will be added. If RPR is nonreactive, a TP-PA (MHA) confirmation will be added. Additional charges apply.

CPT Codes: 86592 RPR; if reflexed, add (nonreactive) TP-PA 86780 or (reactive) 86593 RPR titer

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

Component	Interpretation
Rapid Plasma Reagin (RPR)	RPR (+) = Reactive RPR (-) = Nonreactive

#### Reference Interval:

Test Number	Components	Reference Interval		
	Rapid Plasma Reagin (RPR)	<del>Nonreactive</del> <del>Non-Reactive</del>		
	Rapid Plasma Reagin (RPR)			
		Component Result	Interpretation	
		Rapid Plasma Reagin (RPR)	RPR (+) = Reactive RPR (-) = Nonreactive	

## TEST CHANGE

### Adenovirus by Qualitative PCR

2007473, ADENOPCR

#### Specimen Requirements:

##### Patient Preparation:

**Collect:** Lavender (EDTA), pink (K2EDTA), serum separator tube, or urine. Also acceptable: Bronchoalveolar lavage (BAL), CSF, nasopharyngeal swab, sputum, or tissue.

**Specimen Preparation:** Do not freeze whole blood specimens. Transfer 1 mL whole blood, serum, plasma, BAL, CSF, ~~sputum~~, or urine to a sterile container. (Min: 0.5 mL) Swabs: Transfer to viral transport media ~~2~~ (ARUP supply #12884). Available online through eSupply using ARUP Connect(TM) or contact ARUP Client Services at 800-522-2787. Tissue: Transfer to a sterile container and freeze immediately.

**Transport Temperature:** Whole blood: Refrigerated. All others: Frozen.

**Unacceptable Conditions:** Heparinized specimens, tissues in optimal cutting temperature compound.

**Remarks:** Specimen source required.

**Stability:** Tissue: Ambient: Unacceptable; Refrigerated: Unacceptable; Frozen: 3 months Urine: Ambient: 3 days; Refrigerated: 14 days; Frozen: 14 days. All others: Ambient: 24 hours; Refrigerated: 5 days; Frozen: 1 year

**Methodology:** Qualitative Real-Time Polymerase Chain Reaction

**Performed:** Sun-Sat

**Reported:** 1-4 days

#### Note:

**CPT Codes:** 87798

**New York DOH Approval Status:** This test is New York DOH approved.

#### Interpretive Data:

#### Reference Interval:

Test	Components	Reference Interval
------	------------	--------------------

Number		
--------	--	--

## TEST CHANGE

### Aripiprazole and Metabolite, Serum or Plasma

2007945, ARIPIPAZO

#### Specimen Requirements:

Patient Preparation: Pre-dose (trough) draw ~~2-2~~ → At steady state concentration.

Collect: Plain Red. Also acceptable: Lavender (EDTA) or Pink (~~K<sub>2</sub>EDTA~~ ~~K<sub>2</sub>EDTA~~).

Specimen Preparation: Separate from cells ASAP or within 2 hours of collection. Transfer 1 mL serum or plasma to an ARUP Standard Transport Tube. (Min: 0.5 mL)

Transport Temperature: Refrigerated.

Unacceptable Conditions: Whole blood. Gel separator tubes, light blue (citrate), or yellow (SPS or ACD solution).

#### Remarks:

Stability: Ambient: 2 weeks; Refrigerated: 2 weeks; Frozen: 2 weeks

Methodology: Quantitative Liquid Chromatography-Tandem Mass Spectrometry

Performed: Wed, Sat

Reported: 1-8 days

#### Note:

CPT Codes: 80342 (Alt code: G0480)

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

The therapeutic range is based on serum pre-dose (trough) draw at steady-state concentration. Adverse effects to aripiprazole therapy may include headache, nausea, somnolence, and blurred vision.

This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the US Food and Drug Administration. This test was performed in a CLIA -certified laboratory and is intended for clinical purposes.

Reference Interval:



A nonprofit enterprise of the University of Utah  
and its Department of Pathology

Effective Date: **October 20, 2025**

Test Number **Effective June 7, 2021**

Therapeutic Range (Aripiprazole and Dehydroaripiprazole)	150-500 ng/mL
Toxic range (Aripiprazole and Dehydroaripiprazole)	Greater than or equal to 1000 ng/mL

Components	Reference Interval
Total Aripiprazole and Metabolite S/P	
Total Aripiprazole and Metabolite S/P	
	Therapeutic Range: 150-350 ng/mL Toxic: Greater than or equal to 1000 ng/mL

Inserted Cells

Inserted Cells

## TEST CHANGE

### RBC Band 3 Protein Reduction in Hereditary Spherocytosis

2008460, RBC BAND3

#### Specimen Requirements:

##### Patient Preparation:

Collect: Lavender (EDTA) or green (sodium or lithium heparin).

Specimen Preparation: Transport 4 mL whole blood in the original container. (Min: 0.5 mL)

Transport Temperature: Refrigerated.

Unacceptable Conditions: Clotted or grossly hemolyzed specimens, ambient samples >3 days, refrigerated samples > ~~Specimens older than~~ 7 days, bone marrow.

Remarks: Specimens must be analyzed within 7 days of collection.

Stability: Ambient: 3 days; Refrigerated: 7 days; Frozen: Unacceptable

Methodology: Qualitative Flow Cytometry

Performed: Sun-Sat

Reported: 1-3 days

#### Note:

CPT Codes: 88184

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

This test can be used to confirm a suspected diagnosis of hereditary spherocytosis (HS). HS is a common inherited hemolytic anemia characterized by the presence of spherical erythrocytes (spherocytes). HS is diagnosed based on family history and clinical features, along with clinical laboratory tests, including peripheral smear examination, osmotic fragility (OF), flow cytometry, or by genetic testing (Hereditary Hemolytic Anemia Panel Sequencing, 2-ARUP test code 2012052).

Band 3 (or solute carrier family 4 member 1, SLC4A1) is the most abundant transmembrane protein found in human red blood cells (RBC). Eosin-5-maleimide (EMA) dye binds to band 3 on intact RBC's. A reduction of fluorescence intensity will be seen in hereditary spherocytosis. This test by flow cytometry has been reported to have a sensitivity of 93 percent for a diagnosis of HS. Congenital dyserythropoietic anemia type II, Southeast Asian ovalocytosis, and hereditary pyropoikilocytosis are rare disorders that may also show a positive result.

#### Reference Interval:

Normal

---



## TEST CHANGE

### Histoplasma Galactomannan Antigen Quantitative by EIA, Urine

2009418, HISTOGM U

#### Specimen Requirements:

##### Patient Preparation:

Collect: Random urine.

Specimen Preparation: Transfer 2 mL urine to an ARUP [Standard Transport Tube](#) ~~standard transport tube~~.

Transport Temperature: Refrigerated.

Unacceptable Conditions: Specimens other than urine. Urine in boric acid. Serum; refer to test Histoplasma Antigen by EIA, Serum (ARUP test code 0092522).

##### Remarks:

Stability: Ambient: 24 hours; Refrigerated: 2 weeks; Frozen: 2 weeks

Methodology: Quantitative Enzyme Immunoassay [\(EIA\)](#)

Performed: Sun-Sat

Reported: 1-2 days

##### Note:

CPT Codes: 87385

New York DOH Approval Status: This test is New York DOH approved.

##### Interpretive Data:

Less than 0.4 ng/mL [=?](#) = Not Detected

0.4-0.7 ng/mL [=?](#) = Detected (below the limit of quantification)

0.8-24.0 ng/mL [=?](#) = Detected

Greater than 24.0 ng/mL [=?](#) = Detected (above the limit of quantification)

The quantitative range of this assay is 0.8-24.0 ng/mL. Antigen concentrations between 0.4-0.7 or [?>](#) 24.0 ng/mL fall outside the linear range of the assay and cannot be accurately quantified.

This EIA test should be used in conjunction with other diagnostic procedures, including microbiological culture, histological examination of biopsy samples, and/or radiographic evidence, to aid in the diagnosis of histoplasmosis.

[This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the US Food and Drug Administration. This test was performed in a CLIA certified laboratory and is intended for clinical purposes.](#)

Reference Interval:

Not Detected

---

**HOTLINE NOTE:** There is a result type change associated with this test. The result type has changed from non-numeric to numeric or vice versa. Refer to the Hotline Test Mix for interface build information.

**HOTLINE NOTE:** There is a numeric map change associated with this test. Refer to the Hotline Test Mix for interface build information.

## TEST CHANGE

### Platelet Surface Glycoprotein Expression (PGE) by Flow Cytometry, Whole Blood

2013070, PGE

#### Specimen Requirements:

##### Patient Preparation:

Collect: Lavender (EDTA), pink (~~K2EDTA~~~~K2-EDTA~~), or yellow (ACD ~~s~~Solution B).

Specimen Preparation: Transport 4 mL whole blood. (Min: 0.1 mL)

Transport Temperature: Room temperature or refrigerated.

Unacceptable Conditions: Clotted, hemolyzed, or frozen specimens; specimens older than 72 hours.

##### Remarks:

Stability: EDTA: Ambient: 72 hours; Refrigerated: 72 hours; Frozen: Unacceptable ACD solution B: ~~Room temperature~~~~Ambient~~: 72 hours; Refrigerated: 72 hours~~Unacceptable~~; Frozen: Unacceptable

Methodology: Qualitative Flow Cytometry

Performed: Sun-Sat

Reported: 1-3 days

##### Note:

CPT Codes: 86022 x3

New York DOH Approval Status: This test is New York DOH approved.

##### Interpretive Data:

Refer to report. ~~Refer to report.~~

~~This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the US Food and Drug Administration. This test was performed in a CLIA-certified laboratory and is intended for clinical purposes.~~

##### Reference Interval:

Normal

## TEST CHANGE

### Clozapine and Metabolites, Serum or Plasma, Quantitative

2013433, CLOZAP SP

#### Specimen Requirements:

**Patient Preparation:** Timing of specimen collection: Predose(trough) draw ~~2-2~~ at steady ~~2-~~ state concentration.

**Collect:** Plain red. Also acceptable: Lavender (K2 or K3EDTA) or pink (K2EDTA).

**Specimen Preparation:** Separate serum or plasma from cells within 2 hours of collection. Transfer 1 mL serum or plasma to an ARUP standard transport tube. (Min: 0.5 mL)

**Transport Temperature:** Refrigerated.

**Unacceptable Conditions:** Whole blood. Gel separator tubes, light blue (citrate), or yellow (SPS or ACD solution).

#### Remarks:

**Stability:** After separation from cells: Ambient: 24 hours; Refrigerated: 1 week; Frozen: 3 months

**Methodology:** Quantitative Liquid Chromatography-Tandem Mass Spectrometry

**Performed:** Sun-Sat

**Reported:** 1-5 days

#### Note:

**CPT Codes:** 80159

**New York DOH Approval Status:** This test is New York DOH approved.

#### Interpretive Data:

~~The Therapeutic ranges are not well established. Clozapine is metabolized to norclozapine and clozapine-N-oxide. Clozapine concentrations between 100 and 700 ng/mL may correlate more with clinical response; however, nonresponsiveness may also occur within this range. For refractory schizophrenia, clozapine concentrations greater than 350 ng/mL are suggested to achieve a therapeutic range is based on serum pre-dose (trough) draw at steady-state concentration, response.~~

**Toxicity:** Adverse effects to clozapine therapy may include tachycardia, **hematologic disorders, neuroleptic malignant syndrome, elevation of liver enzymes, drowsiness, hypotension, and**



seizures, and tardive dyskinesia.

Therapeutic and toxic ranges are not well established in children.  
This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the US Food and Drug Administration. This test was performed in a CLIA-certified laboratory and is intended for clinical purposes.

Reference Interval:

Test Number	Therapeutic Range Toxic Level	Not well established Total Clozapine and Metabolites: Greater than or equal to 1500 ng/mL	Components	Reference Interval
			Clozapine-N-Oxide, S/P, Quant	Therapeutic and toxic ranges are not well established
			Norclozapine, S/P, Quant	Therapeutic and toxic ranges are not well established
			Clozapine, S/P, Quant	
				Therapeutic Range: 350-600 ng/mL Toxic: Greater than or equal to 1000 ng/mL

Deleted Cells

Inserted Cells

Inserted Cells

## TEST CHANGE

### B-Lymphoblastic Leukemia (B-ALL) Minimum Residual Disease Detection by Flow Cytometry

3000724, B-ALL MRD

#### Specimen Requirements:

##### Patient Preparation:

Collect: Bone marrow aspirate or whole ~~Whole~~ blood: green (sodium heparin) or lavender (EDTA).

Specimen Preparation: Transport 2 mL heparinized bone marrow aspirate (Min: 1.0 mL) OR 3 mL whole blood (Min: 1.0 mL)

Transport Temperature: Room temperature. Also acceptable: Refrigerated. Specimen should be received within 24 hours of collection for optimal cell viability.

Unacceptable Conditions: Clotted or hemolyzed specimens.

Remarks: Provide specimen source, CBC, Wright-stained smear (if available), clinical history, differential diagnosis. Follow up: If previous leukemia/lymphoma phenotyping was performed at another lab, the outside flow cytometry report and histograms (if possible) should accompany the specimen.

Stability: Ambient: 48 hours; Refrigerated: 48 hours; Frozen: Unacceptable

Methodology: Flow Cytometry

Performed: Sun-Sat

Reported: 1-3 days

Note: This assay is a minimal residual disease assessment of B-ALL by flow cytometry. Available markers\*: CD3, CD9, CD10, CD13, CD19, CD20, CD33, CD34, CD38, CD45, CD58, CD71, Syto 16, CD66b, CD24, CD22 \*Not all markers will be reported in all cases. The report will include a pathologist interpretation and a marker interpretation range corresponding to CPT codes of 2-8 markers or 9-15 markers interpreted. Charges apply per marker.

CPT Codes: 88184; 88185 each additional marker; 88187 or 88188.

New York DOH Approval Status: Specimens from New York clients will be sent out to a New York DOH approved laboratory, if possible.

Interpretive Data:

Refer to report.

Reference Interval:

By Report

---

## TEST CHANGE

### Multiple Myeloma Minimum Residual Disease by Flow Cytometry

3002069, MM MRD

#### Specimen Requirements:

##### Patient Preparation:

Collect: Bone marrow aspirate in green (sodium heparin) or lavender (EDTA).

Specimen Preparation: Transport 5 mL bone marrow aspirate. (Min: 1 mL) Do not freeze.

Transport Temperature: Room temperature. Also acceptable: Refrigerated. Specimen should be received within 24 hours of collection for optimal cell viability.

##### Unacceptable Conditions:

##### Remarks:

Stability: Ambient: 48 hours; Refrigerated: 48 hours; Frozen: Unacceptable

Methodology: Flow Cytometry

Performed: Sun-Sat

Reported: 1-3 days

##### Note:

CPT Codes: 88184; 88185 x9; 88188

New York DOH Approval Status: Specimens from New York clients will be sent out to a New York DOH approved laboratory, if possible.

##### Interpretive Data:

Refer to report.

##### Reference Interval:



## TEST CHANGE

### Chromogenic Factor VIII, Activity

3002343, CHROM F8

#### Specimen Requirements:

##### Patient Preparation:

Collect: Light ~~blue (sodium citrate)~~ **Blue (Sodium Citrate)**. Special Specimen Collection and Handling Hemostasis/Thrombosis Specimens guide located at <https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf>

Specimen Preparation: Transfer 1 mL platelet-poor plasma to an ARUP **standard transport tube**. ~~Standard Transport Tube~~. (Min: 0.8 mL)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

Unacceptable Conditions: Serum or EDTA plasma. Clotted or hemolyzed specimens.

##### Remarks:

Stability: Ambient: 4 hours; Refrigerated: Unacceptable; Frozen ~~at -20 Degrees C: 3 months; Frozen at -70 Degrees C: 6 months~~ **New York State Clients: Ambient: 4 hours; Refrigerated: 4 hours; Frozen: 2 weeks**

Methodology: Chromogenic Assay

Performed: Mon, Wed, Fri

Reported: 1-4 days

##### Note:

CPT Codes: 85240

New York DOH Approval Status: This test is New York DOH approved.

##### Interpretive Data:

Information on the clinical uses of chromogenic FVIII activity testing can be found at [arupconsult.com](http://arupconsult.com).

##### Reference Interval:

Age	Reference Interval
0-6 years	56-191 percent
7-9 years	76-199 percent
10-11 years	80-209 percent
12-13 years	72-198 percent
14-15 years	69-237 percent
16-17 years	63-221 percent
18 years and older	56-191 percent

## TEST CHANGE

### SARS-CoV-2 (COVID-19) by NAA

3002638, COVID19NAA

#### Specimen Requirements:

Patient Preparation: ~~Saliva: Patients should not eat or drink for 30 minutes prior to providing a saliva sample.~~

Collect: Nasopharyngeal ~~or swab, oropharyngeal swab, nasal swab, or saliva.~~

Specimen Preparation: ~~Place swab~~ **Place** ~~Nasopharyngeal, oropharyngeal, or nasal swab:~~ in viral transport media (ARUP supply #12884) available online through eSupply using ARUP Connect or contact ARUP Client Services at 800-522-2787. ~~Place each specimen in an individually sealed bag. Saliva: Transport in COVID-19 ARUP Transport Media (ATM) Saliva Collection Tube (ARUP supply #56257) available online through eSupply using ARUP Connect or contact ARUP Client Services at 800-522-2787.~~

Transport Temperature: Frozen

Unacceptable Conditions: ~~Saliva.~~ Undiluted saliva. ~~Saliva submitted in anything other than the ARUP Saliva Collection Tube.~~ Swabs not in media. Wood swabs, calcium alginate swabs. Specimens in glass tubes.

Remarks: Specimen source required.

Stability: Swabs: Ambient: 2 days; Refrigerated: ~~32~~ days; Frozen: ~~30~~ ~~month~~ ~~Saliva: Ambient: 5 days; Refrigerated: 5 days, Frozen: 5 days~~

Methodology: Qualitative Nucleic Acid Amplification ~~Test (NAAT)~~ **Test (NAA)**

Performed: Sun-Sat

Reported: 1-4 days

#### Note:

CPT Codes: 87635

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

This test should be ordered for the detection of the 2019 novel coronavirus SARS-CoV-2 in

individuals who meet SARS-CoV-2 clinical and/or epidemiological criteria.

~~The Coronavirus SARS-CoV-2 (COVID-19) by nucleic acid amplification test is for in vitro diagnostic use under the FDA Emergency Use Authorization (EUA) for U.S. laboratories certified under CLIA to perform high complexity tests. This test has not been FDA cleared or approved. In compliance with this authorization, please visit <https://www.aruplab.com/infectious-disease/coronavirus> for more information and to access the applicable information sheets.~~

Not Detected results do not rule out the presence of PCR inhibitors in the patient specimen or assay-specific nucleic acid in concentrations below the level of detection by the assay.

Detected results are indicative of the presence of SARS-CoV-2 RNA. Due to the complexity of nucleic acid amplification methodologies, there may be a risk of false-positive results. Clinical correlation with patient history and other diagnostic information is necessary to determine patient infection status.

Reliable results are dependent on adequate specimen collection, transport, storage, and handling.

Reference Interval:

## TEST CHANGE

### Apixaban Level

3004090, APIX

#### Specimen Requirements:

##### Patient Preparation:

Collect: Lt. blue (sodium citrate). [Special Collection and Refer to Specimen Handling Hemostasis/Thrombosis Specimens guide located at https://aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf for hemostasis/thrombosis specimen handling guidelines.](https://aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf)

Specimen Preparation: Transport 2 mL platelet-poor plasma. (Min: 1 mL)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when additional tests are ordered.

Unacceptable Conditions: Serum. EDTA, oxalate, heparin, or plasma separator tubes, hemolyzed specimens.

Remarks: This test cannot be used to quantitate anticoagulants other than [apixaban \(Eliquis\)](#). ~~Apixaban~~. This includes but is not limited to [unfractionated heparin, low molecular weight heparin, rivaroxaban](#) ~~Unfractionated Heparin, Low Molecular Weight Heparin, Rivaroxaban~~ (Xarelto), [e](#)~~E~~doxaban (Savaysa), and [f](#)~~F~~ondaparinux (Arixtra).

Stability: After separation from cells: Ambient: 4 hours; Refrigerated: Unacceptable; Frozen: 1 month ~~New York State Clients: Ambient: Unacceptable; Refrigerated: Unacceptable; Frozen: 42 days~~

Methodology: Chromogenic Assay

Performed: Tue

Reported: 1-8 days

#### Note:

CPT Codes: 80299

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

When 5 mg apixaban was administered twice daily for treatment of DVT and PE, apixaban steady state levels were as follows:

Peak: 59-302 ng/mL

Trough: 22-177 ng/mL

The lower limit of detection for this assay is 23 ng/mL.

For additional information, please refer to [www.arupconsult.com](http://www.arupconsult.com)

~~This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the US Food and Drug Administration. This test was performed in a CLIA certified laboratory and is intended for clinical purposes.~~

Reference Interval:

Not established

## TEST CHANGE

### Rivaroxaban Level

3004094, RIVAROX

#### Specimen Requirements:

##### Patient Preparation:

Collect: Lt. blue (sodium citrate). [Special Collection and Refer to Specimen Handling Hemostasis/Thrombosis Specimens guide located at https://aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf for hemostasis/thrombosis specimen handling guidelines.](https://aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf)

Specimen Preparation: Transport 2 mL platelet-poor plasma. (Min: 1 mL)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when additional tests are ordered

Unacceptable Conditions: Serum. EDTA, oxalate, heparin, or plasma separator tubes, hemolyzed specimens.

Remarks: This test cannot be used to quantitate anticoagulants other than [rivaroxaban \(Xarelto\)](#). ~~Rivaroxaban~~. This includes but is not limited to [unfractionated heparin, low molecular weight heparin, apixaban](#) ~~Unfractionated Heparin, Low Molecular Weight Heparin, Apixaban~~ (Eliquis), [e](#)~~E~~doxaban (Savaysa), and [f](#)~~F~~ondaparinux (Arixtra).

Stability: After separation from cells: Ambient: 4 hours; Refrigerated: Unacceptable; Frozen: 1 month ~~New York State Clients: Ambient: Unacceptable; Refrigerated: Unacceptable; Frozen: 42 days~~

Methodology: Chromogenic Assay

Performed: Tue

Reported: 1-8 days

#### Note:

CPT Codes: 80299

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

When 20 mg rivaroxaban was administered daily for treatment of DVT and PE, rivaroxaban steady state levels were as follows:

Peak: 189-419 ng/mL

Trough: 6-87 ng/mL

The lower limit of detection for this assay is 25 ng/mL.

For additional information, please refer to [www.arupconsult.com](http://www.arupconsult.com)

~~This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the US Food and Drug Administration. This test was performed in a CLIA-certified laboratory and is intended for clinical purposes.~~

Reference Interval:

Not established



## TEST CHANGE

### MLH1 Promoter Methylation

3004308, MLH1 PCR

#### Specimen Requirements:

##### Patient Preparation:

Collect: Tumor tissue.


Specimen Preparation: Tumor Tissue: Formalin fix (10 percent neutral buffered formalin) and paraffin embed tissue. Protect from excessive heat. Transport tissue block or 5 unstained 5-micron slides. Transport block and/or slide(s) in a tissue transport kit (ARUP Supply #47808) available online through eSupply using ARUP Connect(TM) or contact ARUP Client Services at 800-522-2787.

Transport Temperature: Room temperature. Also Acceptable: Refrigerated. Ship in cooled container during summer months.

Unacceptable Conditions: Less than 25 percent tumor. Specimens fixed in any fixative other than 10 percent neutral buffered formalin. Bone specimens submitted in non-EDTA decalcifier.

Remarks: Include surgical pathology report. If multiple specimens (blocks or slides) are sent to ARUP, they must be accompanied by one of the following: an order comment indicating that the ARUP pathologist should choose the specimen most appropriate for testing (e.g., "Choose best block"), or individual orders for each sample submitted. A Pathologist Block Selection Fee (ARUP test code 3002076) will be added to orders that utilize the first option. If multiple specimens are sent to ARUP without a request for pathologist block/slide selection or individual orders, they will be held until clarification is provided.

Stability: Ambient: Indefinitely; Refrigerated: Indefinitely; Frozen: Unacceptable

Methodology: Real-Time Polymerase Chain Reaction  Fluorescence Resonance Energy Transfer (FRET)

Performed: Varies

Reported: 7-12 days

Note:

CPT Codes: 81288

New York DOH Approval Status: This test is New York DOH approved.

Interpretive Data:

Refer to report.

Reference Interval:

---

**HOTLINE NOTE:** There is a component change associated with this test. One or more components have been added or removed. Refer to the Hotline Test Mix for interface build information.

## TEST CHANGE

### Kratom, Umbilical Cord, Qualitative

3005874, KRA QQQ CD

#### Specimen Requirements:

##### Patient Preparation:

**Collect:** Umbilical cord (at least 8 inches, approximately the width of a sheet of paper)

**Specimen Preparation:** Drain and discard any blood. Rinse the exterior of the cord segment with normal saline or water. Pat the cord dry and transport at least 8 inches of umbilical cord in a routine urine collection cup or Security Kit for Meconium/Umbilical Drug Detection (ARUP supply #51548) available online through eSupply using ARUP Connect<sup>2</sup> or by contacting ARUP Client Services at 800-522-2787. (Min: 6 inches)

**Transport Temperature:** Refrigerated

**Unacceptable Conditions:** Cords soaking in blood or other fluid. Formalin fixed. Tissue that is obviously decomposed.

##### Remarks:

**Stability:** Ambient: 1 week; Refrigerated: 3 weeks; Frozen: 1 year

**Methodology:** Qualitative Liquid Chromatography-Tandem Mass Spectrometry

**Performed:** Wed

**Reported:** ~~18~~-9 days

**Note:** Absolute minimum: 6 inches.

**CPT Codes:** 80323 (Alt code: G0480)

**New York DOH Approval Status:** This test is New York DOH approved.

#### Interpretive Data:

**Methodology:** Qualitative Liquid Chromatography-Tandem Mass Spectrometry

This test is designed to detect and document exposure to alkaloids found in kratom, an herbal product derived from the *Mitragyna speciosa* tree or related plants, that occurred during approximately the last trimester of a full-term pregnancy. While mitragynine is considered the primary pharmacologically active alkaloid, speciociliatine is also widely detected in umbilical cord tissue. Regular use of or exposure to kratom can lead to dependency, and abstinence may

contribute to signs and symptoms of drug withdrawal. Alternative testing is available to detect other drug exposures. The pattern and frequency of kratom used by the mother cannot be determined by this test. A negative result does not exclude the possibility that a mother used kratom during pregnancy. Detection of kratom alkaloids in umbilical cord tissue depends on extent of maternal use, as well as stability, unique characteristics of alkaloid deposition in umbilical cord tissue, and the performance of the analytical method. Detection of kratom alkaloids in umbilical cord tissue does not insinuate impairment and may not affect outcomes for the infant. Interpretive questions should be directed to the laboratory.

This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the U.S. Food and Drug Administration. This test was performed in a CLIA-certified laboratory and is intended for clinical purposes.

Reference Interval:

Test Number	Components	Reference Interval	
	Mitragynine, Cord, Qual		
		Cutoff Concentrations (ng/g)	
		0.08	
	Speciociliatine, Cord, Qual		
		Cutoff Concentrations (ng/g)	
		0.08	

## TEST CHANGE

Angelman Syndrome and Prader-Willi Syndrome by Methylation-Specific MLPA  
3006247, AS-PWS DD

### Specimen Requirements:

#### Patient Preparation:

##### Collect:

**Lavender (EDTA), pink (K2EDTA)**

~~For Nonfetal Specimens: Lavender (EDTA), pink (K2EDTA) For Fetal Specimens: Two T-25 flasks at 80 percent confluent of cultured amniocytes AND Maternal Whole Blood Specimen: Lavender (EDTA), pink (K2EDTA), or yellow (ACD solution A) Fetal Specimens will require MCC-FETAL testing to be added on by ARUP, and additional charges will apply.~~

##### Specimen Preparation:

**Transport 3 mL whole blood (Min: 1 mL)**

~~For Nonfetal Specimens: Transport 3 mL whole blood (Min: 1 mL) For Fetal Specimens: Cultured Amniocytes: Fill flasks with culture media. Transport two T-25 flasks at 80 percent confluent of cultured amniocytes filled with culture media. Backup cultures must be retained at the client's institution until testing is complete. If ARUP receives a sample below the minimum confluence, CG GRW&SND (0040182) will be added on by ARUP, and additional charges will apply. If clients are unable to culture specimens, CG GRW&SND should be added to initial order. Maternal Whole Blood Specimen: Transport 3 mL whole blood (Min: 1 mL)~~

##### Transport Temperature:

~~For Nonfetal Specimens: Whole Blood: Refrigerated. Also acceptable: Ambient. For Fetal Specimens: Cultured Amniocytes: CRITICAL ROOM TEMPERATURE. Must be received within 48 hours of shipment due to viability. Maternal Whole Blood Specimen: Refrigerated. Also acceptable: Ambient.~~

##### Unacceptable Conditions:

~~For Nonfetal Specimens: Transfused whole blood, severely hemolyzed whole blood, heparinized whole blood, frozen whole blood.~~

##### Remarks:

~~New York State Clients: Informed consent is required with submission.~~

##### Stability:

~~For Nonfetal Specimens: Whole Blood: Room temperature: 1 week; Refrigerated: 1 month; Frozen: unacceptable. For Fetal Specimens: Cultured Amniocytes: Room temperature: 48 hours; Refrigerated: Unacceptable; Frozen: Unacceptable. Maternal Whole Blood Specimen: Room temperature: 1 week; Refrigerated: 1 month; Frozen: Unacceptable.~~

**Methodology:** [Qualitative](#) /Methylation-Specific Multiplex Ligation-Dependent Probe Amplification (MS-MLPA)

**Performed:** Varies

**Reported:** 12-14 days

**Note:**

**CPT Codes:** 81331; [for fetal specimens add 81265](#)

**New York DOH Approval Status:** This test is New York DOH approved.

**Interpretive Data:**

[Refer to report.](#) **BACKGROUND INFORMATION:** Angelman Syndrome and Prader-Willi Syndrome by Methylation-Specific MLPA

**Characteristics of Angelman Syndrome (AS):** Developmental delays by 6-12 months of age, seizures, microcephaly, movement or balance disorder, minimal or absent speech, and a distinctive behavioral phenotype, which includes a happy demeanor with frequent laughter, hand-flapping, and excitability.

**Characteristics of Prader-Willi Syndrome (PWS):** Neonatal hypotonia, hyperphagia, obesity, global developmental delay, mild intellectual disability, hypogonadism, and a distinctive behavioral phenotype, which includes temper tantrums, stubbornness, manipulative behavior, and obsessive-compulsive behavior.

**Prevalence:** 1 in 15,000 for AS; 1 in 15,000 for PWS.

**Inheritance:** Varies, depending on the molecular genetic mechanism.

**Cause:** AS: Absence of maternal expression of the UBE3A gene. PWS: Absence of the paternally contributed PWS/AS critical region of chromosome 15q11.2-q13.

**Molecular Genetic Mechanisms:** AS: Microdeletions in the AS/PWS critical region (68 percent), UBE3A mutations (11 percent), paternal uniparental disomy of chromosome 15 (7 percent), imprinting center defects (3 percent), unbalanced chromosome translocation (less than 1 percent), and unknown (10 percent). PWS: Microdeletions in the PWS/AS critical region (70-75 percent), maternal uniparental disomy of chromosome 15 (25-29 percent), imprinting center defect or balanced chromosome translocation (less than 1 percent).

**Clinical Sensitivity:** PWS: Over 99 percent. AS: 80 percent.

**Methodology:** Methylation-specific multiplex ligation probe amplification (MLPA) of the AS/PWS critical region of chromosome 15q11.2-q13.

**Analytical Sensitivity and Specificity:** 99 percent for AS and PWS.

**Limitations:** Disease mechanisms causing AS that do not alter methylation patterns will not be detected. Diagnostic errors can occur due to rare sequence variations. This assay is not validated to detect increased copy number of 15q11.2-q13 nor determine parent of origin for duplications. This assay cannot distinguish between uniparental disomy (UPD) or an imprinting defect for PWS or AS. AS and PWS mosaicism will not be assessed by this assay. Interpretation of this test result may be impacted if this patient has had an allogeneic stem cell transplantation. Methylation patterns may not be fully established in early gestation; thus, diagnostic testing on chorionic villus samples is not recommended.



*A nonprofit enterprise of the University of Utah  
and its Department of Pathology*

Effective Date: **October 20, 2025**

Reference Interval:

By Report

Inserted Cells

## TEST CHANGE

### JAK2 (V617F) Mutation by ddPCR, Qualitative With Reflex to JAK2 Exon 12 -Mutation Analysis by PCR

3016840, PV REFLEX

#### Specimen Requirements:

##### Patient Preparation:

Collect: Whole blood or bone marrow in lavender (EDTA).

Specimen Preparation: Whole Blood: Do not freeze. Transport 5 mL whole blood. (Min: 1 mL) Bone Marrow: Do not freeze. Transport 3 mL bone marrow. (Min: 1 mL)

Transport Temperature: Refrigerated

Unacceptable Conditions: Plasma, serum, FFPE tissue blocks/slides, or fresh or frozen tissue. Specimens collected in anticoagulants other than EDTA. Clotted or grossly hemolyzed specimens.

##### Remarks:

Stability: Refrigerated: 7 days; Frozen: Unacceptable

Methodology: Droplet Digital PCR (ddPCR)

Performed: Varies

Reported: 3-12 days

Note: If JAK2 qualitative is reported as "Not Detected," then JAK2 Exon 12- Mutation Analysis **by PCR** will be added. Additional charges apply.

CPT Codes: 81270; if reflexed, add 81279

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

Refer to report.

#### Reference Interval:

**HOTLINE NOTE:** There is a reflexive pattern change associated with this test. One or more orderable or component has been added or removed to the reflexive pattern. Refer to the Hotline Test Mix for interface build information.





## TEST CHANGE

### Cortisol by LC-MS/MS, Salivary

3016866, CORT S TMS

#### Specimen Requirements:

**Patient Preparation:** Collect 1 mL or more of saliva (fully saturated swab). Do not eat for 60 minutes prior to collecting specimen. Do not consume alcohol 12 hours prior to collecting specimen. Do not brush teeth or use toothpaste immediately before collecting specimen, as gums may bleed and contaminate specimen, causing a falsely elevated result. Do not use mouthwash products prior to sample collection. Avoid using lipstick, ChapStick, and other lip items prior to sample collection. Avoid use of exogenous sources of cortisol (e.g., topical or oral hydrocortisone) or similar products during collection to reduce contamination. Rinse mouth thoroughly with water 10 minutes before collecting specimen. Recommended collection time is generally between 11:00 p.m. and 1 a.m. Your healthcare provider may also require different or additional collection times. Be sure to clearly label each tube collected with correct date and time. Specimens visibly contaminated with blood, cellular debris, food particles, or mucus must be recollected.

**Collect:** Saliva. Swab must be completely saturated to ensure sufficient volume for testing.

**Specimen Preparation:** Transfer saturated swab to ~~plain (noncitric acid) cotton~~ Salivette collection device (ARUP Supply #52056). Collection should follow ARUP instructions provided with Salivette. Do not centrifuge salivette. Record the time of collection on the test request form and on the Salivette transport container. Full Salivette device must be returned: blue stopper, swab, insert, and tube.

**Transport Temperature:** Refrigerated or frozen

**Unacceptable Conditions:** Specimens not collected using the Salivette collection~~Salivettecollection~~ device. Sodium azide preservative. Specimens visibly contaminated with blood, cellular debris, food particles, or mucus.

#### Remarks:

**Stability:** Ambient: 1 week Refrigerated: 3 weeks Frozen: 6 months

**Methodology:** Quantitative: Mass Spectrometry

Performed: Sun-Sat

Reported: 1-4 days

Note:

CPT Codes: 82533

New York DOH Approval Status: This test is New York DOH approved.

Interpretive Data:

Reference Intervals:

7 a.m. to 9 a.m.: 0.1-0.75 ug/dL

3 p.m. to 5 p.m.:  $2 \leq$  0.401 ug/dL

11 p.m. to midnight:  $2 \leq$  0.1 ug/dL

Reference Interval:

By report

## NEW TEST

[Click for Pricing](#)

### 11Q Aberrations by FISH

3019126, 11Q FISH

#### Specimen Requirements:

##### Patient Preparation:

Collect: Tumor tissue.

Specimen Preparation: Formalin fix (10 percent neutral buffered formalin) and paraffin-embed specimen. Protect paraffin block from excessive heat. Transport tissue block or 6 unstained (3-micron thick sections) positively charged slides in a tissue transport kit (ARUP supply #47808) available online through eSupply using ARUP Connect™ or contact ARUP Client Services at 800-522-2787 (kit is recommended but not necessary). (Min: 3 slides)

Transport Temperature: Room temperature or refrigerated. Ship in cooled container during summer months.

Unacceptable Conditions: Specimens fixed or processed in alternative fixatives (alcohol, Prefer) or heavy metal fixatives (B-4 or B-5). No tumor in tissue. Decalcified specimens.

Remarks: Include surgical pathology report. If multiple specimens (blocks or slides) are sent to ARUP, they must be accompanied by one of the following: an order comment indicating that the ARUP pathologist should choose the specimen most appropriate for testing (e.g., "Choose best block"), or individual orders for each sample submitted. A Pathologist Block Selection Fee (ARUP test code 3002076) will be added to orders that utilize the first option. If multiple specimens are sent to ARUP without a request for pathologist block/slide selection or individual orders, they will be held until clarification is provided.

Stability: Ambient: Indefinitely; Refrigerated: Indefinitely; Frozen: Unacceptable

Methodology: Fluorescence in situ Hybridization (FISH)

Performed: Mon-Fri

Reported: 3-7 days

Note:

CPT Codes: 88377

New York DOH Approval Status: Specimens from New York clients will be sent out to a New York DOH approved laboratory, if possible.

Interpretive Data:

Refer to report.

Reference Interval:

By report

**HOTLINE NOTE: Refer to the Hotline Test Mix for interface build information.**

## NEW TEST

[Click for Pricing](#)

### High-Grade B-Cell Lymphoma Reflex Panel by FISH, Tissue

3019135, HGBCL RFLX

#### Specimen Requirements:

##### Patient Preparation:

**Collect:** Tumor tissue.

**Specimen Preparation:** Formalin fix (10 percent neutral buffered formalin) and paraffin-embed specimen. Protect paraffin block from excessive heat. Transport tissue block or 8 unstained (3-micron thick sections) positively charged slides in a tissue transport kit (ARUP supply #47808) available online through eSupply using ARUP Connect™ or contact ARUP Client Services at 800-522-2787 (kit is recommended but not necessary). (Min: 4 slides)

**Transport Temperature:** Room temperature or refrigerated. Ship in cooled container during summer months.

**Unacceptable Conditions:** Specimens fixed or processed in alternative fixatives (alcohol, Prefer) or heavy metal fixatives (B-4 or B-5). No tumor in tissue. Decalcified specimens.

**Remarks:** Include surgical pathology report. If multiple specimens (blocks or slides) are sent to ARUP, they must be accompanied by one of the following: an order comment indicating that the ARUP pathologist should choose the specimen most appropriate for testing (e.g., "Choose best block"), or individual orders for each sample submitted. A Pathologist Block Selection Fee (ARUP test code 3002076) will be added to orders that utilize the first option. If multiple specimens are sent to ARUP without a request for pathologist block/slide selection or individual orders, they will be held until clarification is provided.

**Stability:** Ambient: Indefinitely; Refrigerated: Indefinitely; Frozen: Unacceptable

**Methodology:** Fluorescence in situ Hybridization (FISH)

**Performed:** Mon-Fri

**Reported:** 3-7 days

**Note:** If Aggressive B-Cell Lymphoma Reflex Panel by FISH is

positive, then IGH-BCL2 Fusion, t(14;18) by FISH (ARUP test code 3001298) and BCL6 (3q27) Gene Rearrangement by FISH (ARUP test code 3001311) will be added. If Aggressive B-Cell Lymphoma Reflex Panel by FISH is negative, then 11q Aberrations by FISH (ARUP test code 3019126) will be added. Additional charges apply.

CPT Codes: 88366; if reflexed, add 88366; 88377

New York DOH Approval Status: Specimens from New York clients will be sent out to a New York DOH approved laboratory, if possible.

Interpretive Data:

Refer to report.

Reference Interval:

By report

**HOTLINE NOTE: Refer to the Hotline Test Mix for interface build information.**

## NEW TEST

[Click for Pricing](#)

### Prion Markers (CJD) in CSF

3019310, PRION

#### Specimen Requirements:

**Patient Preparation:** Patient must be 12 years of age or older.

**Collect:** Cerebrospinal fluid (CSF)

**Specimen Preparation:** The first 2 mL of CSF that flows from the tap should be discarded. Transfer 2 mL CSF to ARUP standard transport tubes or other polypropylene tubes, taking care to avoid blood contamination from the tap. Freeze at -20 within 20 minutes of collection. (Min: 1 mL) Test is not performed at ARUP; separate specimens must be submitted when multiple tests are ordered.

**Transport Temperature:** CRITICAL FROZEN

#### Unacceptable Conditions:

**Remarks:** Send NPDPSC Test Request Form with Order. Cloudy or pink specimens may result in partial results for some components. Variable charges may apply.

**Stability:** Ambient: Unacceptable; Refrigerated: Unacceptable; Frozen: Indefinitely

**Methodology:** Quantitative Enzyme-Linked Immunosorbent Assay (ELISA) / Qualitative Real-Time Quaking-Induced Conversion

**Performed:** Varies

**Reported:** 12-22 days

**Note:** Repeat testing should be collected no sooner than 2 weeks following last encounter.

**CPT Codes:** 86317 x2; 0035U

**New York DOH Approval Status:** This test is New York DOH approved.

#### Interpretive Data:

#### Reference Interval:



By report

---

**HOTLINE NOTE: Refer to the Hotline Test Mix for interface build information.**

## NEW TEST – Available Now

[Click for Pricing](#)

### von Willebrand Factor (VWF) GPIbM Activity

3019671, VWF\_GPIBM

#### Specimen Requirements:

##### Patient Preparation:

**Collect:** Light blue (sodium citrate). Special Collection and Handling Hemostasis/Thrombosis Specimens guide located at <https://aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf>

**Specimen Preparation:** Transfer 1.5 mL platelet-poor plasma to an ARUP standard transport tube. (Min: 1.0 mL)

**Transport Temperature:** CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

**Unacceptable Conditions:** Serum, EDTA plasma, clotted, or hemolyzed specimens

##### Remarks:

**Stability:** Ambient: 4 hours; Refrigerated: Unacceptable; Frozen: 3 months

**Methodology:** Quantitative Immunospectrophotometry

**Performed:** Sun-Sat

**Reported:** 1-3 days

##### Note:

**CPT Codes:** 85397

**New York DOH Approval Status:** This test is New York DOH approved.

##### Interpretive Data:

##### Reference Interval:

Test Number	Components	Reference Interval		
	von Willebrand Factor, Activity (GPIbM)			
		Age	Reference Intervals (%)	
		0-6 years	51-215	
		7-9 years	52-176	
		10-11 years	60-195	
		12-13 years	50-184	
		14-15 years	50-203	
		16-17 years	49-204	
		18 years and older	51-215	

**HOTLINE NOTE:** Refer to the Hotline Test Mix for interface build information.

## NEW TEST

[Click for Pricing](#)

### Angelman Syndrome and Prader-Willi Syndrome by Methylation-Specific MLPA, Fetal 3019803, AS-PWSDDFE

#### Specimen Requirements:

##### Patient Preparation:

**Collect:** Fetal Specimens: Two T-25 flasks at 80 percent confluent of cultured amniocytes AND Maternal Whole Blood Specimen: Lavender (EDTA), pink (K2EDTA), or yellow (ACD solution A)

**Specimen Preparation:** Fetal Specimens: Cultured Amniocytes: Fill flasks with culture media. Transport two T-25 flasks at 80 percent confluent of cultured amniocytes filled with culture media. Backup cultures must be retained at the client's institution until testing is complete. If ARUP receives a sample below the minimum confluence, CG GRW&SND (0040182) will be added on by ARUP, and additional charges will apply. If clients are unable to culture specimens, CG GRW&SND should be added to initial order. Maternal Whole Blood Specimen: Transport 3 mL whole blood (Min: 1 mL)

**Transport Temperature:** Fetal Specimens: Cultured Amniocytes: CRITICAL ROOM TEMPERATURE. Must be received within 48 hours of shipment due to viability. Maternal Whole Blood Specimen: Refrigerated. Also acceptable: Ambient.

**Unacceptable Conditions:** Frozen specimens in glass collection tubes.

##### Remarks:

**Stability:** Fetal Specimens: Cultured Amniocytes: Room temperature: 48 hours; Refrigerated: Unacceptable; Frozen: Unacceptable  
Maternal Whole Blood Specimen: Room temperature: 1 week; Refrigerated: 1 month; Frozen: Unacceptable

**Methodology:** Methylation-Specific Multiplex Ligation-Dependent Probe Amplification (MS-MLPA)

**Performed:** Varies

**Reported:** 12-14 days

##### Note:

**CPT Codes:** 81331; 81265 Fetal Cell Contamination (FCC)

New York DOH Approval Status: This test is New York DOH approved.

Interpretive Data:

Refer to report.

Reference Interval:

By Report

---

**HOTLINE NOTE: Refer to the Hotline Test Mix for interface build information.**

**NEW TEST – Available Now**

[Click for Pricing](#)

**Viral Hepatitis Prenatal Panel**

3019856, VPRENATHEP

**Specimen Requirements:**

**Patient Preparation:**

**Collect:** Serum separator tube (SST). Also acceptable: Lavender (EDTA) or pink (K2EDTA).

**Specimen Preparation:** Separate from cells ASAP or within 2 hours of collection. Transfer 3.5 mL serum or plasma to an ARUP standard transport tube (Min: 3.0 mL). This test requires a dedicated transport tube submitted only for VPRENATHEP testing.

**Transport Temperature:** Frozen

**Unacceptable Conditions:** Specimen: Body fluids other than serum or plasma. Condition: Heparinized plasma. Specimens containing particulate material or obvious microbial contamination. Heat-inactivated, severely hemolyzed, or lipemic specimens.

**Remarks:**

**Stability:** After separation from cells: Ambient: 24 hours; Refrigerated: 6 days; Frozen: 2 months (avoid freeze/thaw cycles).

**Methodology:** Qualitative Chemiluminescent Immunoassay (CLIA) / Quantitative Polymerase Chain Reaction (PCR)

**Performed:** Sun-Sat

**Reported:** 1-4 days

**Note:** Order this test only for prenatal specimens. If results for HBsAg screen are reactive ( $\geq 1.0$ ), then HBsAg Confirmation, Prenatal will be added. Additional charges apply. If the anti-HCV screening result is low positive or high positive, the Hepatitis C Virus (HCV) by Quantitative NAAT will be added. Additional charges apply. For HBsAb, results greater than 1,000.00 IU/L are reported as greater than 1,000.00 IU/L. The HBcAb assay tests for IgG and IgM antibodies, but does not differentiate between them. This test requires a dedicated transport tube submitted only for VPRENATHEP testing.

**CPT Codes:** 87340; 86803; 86706; 86704; if reflexed, add 87341; 87522

New York DOH Approval Status: This test is New York DOH approved.

**Interpretive Data:**

This test should not be used for blood donor screening, associated reentry protocols, or for screening human cells, tissues, and cellular- and tissue-based products (HCT/P).

Components	Reference Interval
Hepatitis C Antibody by CIA Index	0.79 IV or less: Negative 0.80 to 0.99 IV: Equivocal 1.00 to 10.99 IV: Low Positive 11.00 IV or greater: High Positive
Hepatitis B Surface Antibody	Less than 10.00 IU/L: Negative Greater than or equal to 10.00 IU/L: Positive

**Reference Interval:**

Test Number	Components	Reference Interval
	Hepatitis B Surface Antigen, Prenatal	Negative
	Hepatitis B Surface Antigen, Prenatal	
	Hepatitis B Surface Antigen, Prenatal	
	Hepatitis C Antibody by CIA Interp	Negative
	Hepatitis B Core Antibodies, Total	Negative
	Hepatitis B Surface Antibody	Negative
	Hepatitis B Surface Antibody	
	Components	Interpretation
	Less than 10.00 IU/L	Negative
	Greater than or equal to 10.00 IU/L	Positive

**HOTLINE NOTE: Refer to the Hotline Test Mix for interface build information.**

## NEW TEST

[Click for Pricing](#)

### Chimerism, Donor, Pretransplant Process and Hold

3019882, STR DON PR

#### Specimen Requirements:

##### Patient Preparation:

**Collect:** Whole blood or bone marrow in lavender (EDTA), pink (K2EDTA), or yellow (ACD solution A or B). OR buccal brushes from recipient.

**Specimen Preparation:** Transport 2 mL whole blood (Min: 1 mL), OR 1 mL bone marrow (Min: 1 mL) refrigerated, OR 2 buccal brushes (cytology brushes) in a sterile, dry tube ambient. (Min: 2 brushes)

**Transport Temperature:** Whole blood: Refrigerated. Buccal brush: Ambient.

**Unacceptable Conditions:** Plasma, serum

**Remarks:** Posttransplant results will be compared to pretransplant recipient and donor genotypes; donor and recipient specimens must be obtained and genotyped before the transplant event occurs.

**Stability:** Whole Blood: Room temperature: 1 week; Refrigerated: 1 month; Frozen: Unacceptable Buccal Brush: Room temperature: 1 week

**Methodology:** Quantitative Polymerase Chain Reaction (PCR)

**Performed:** Sun-Sat

**Reported:** Varies

**Note:** Extract and hold.

**CPT Codes:** NA

**New York DOH Approval Status:** Specimens from New York clients will be sent out to a New York DOH approved laboratory, if possible.

#### Interpretive Data:

#### Reference Interval:

Test	Components	Reference Interval
------	------------	--------------------



Number		
--------	--	--

**HOTLINE NOTE:** Refer to the Hotline Test Mix for interface build information.

## NEW TEST – Available Now

[Click for Pricing](#)

### Bartonella henselae Antibody, IgG With Reflex to Endpoint Titer

3019908, HENS G R

#### Specimen Requirements:

##### Patient Preparation:

**Collect:** Serum separator tube or plain red.

**Specimen Preparation:** Separate serum from cells ASAP or within 2 hours of collection. Transfer 1 mL serum to an ARUP standard transport tube. (Min: 0.4 mL) Parallel testing is preferred and convalescent specimens must be received within 30 days from receipt of the acute specimens. Mark specimens plainly as "acute" or "convalescent."

**Transport Temperature:** Refrigerated.

**Unacceptable Conditions:** Contaminated, hemolyzed, or severely lipemic specimens.

##### Remarks:

**Stability:** After separation from cells: Ambient: 48 hours; Refrigerated: 2 weeks; Frozen: 1 year (avoid repeated freeze/thaw cycles)

**Methodology:** Semi-Quantitative Indirect Fluorescent Antibody (IFA)

**Performed:** Mon-Sat

**Reported:** 1-5 days

**Note:** If testing for Bartonella henselae Antibody, IgG With Reflex to Endpoint Titer is positive, then Bartonella henselae, Antibody, IgG Endpoint Titer will be added. Additional charges apply.

**CPT Codes:** 86611; if reflexed add 86611

**New York DOH Approval Status:** This test is New York DOH approved.

#### Interpretive Data:

A low positive result suggests past exposure or infection, while a high positive result may indicate recent or current infection, but is inconclusive for diagnosis. Seroconversion between acute and convalescent sera is considered strong evidence of recent infection. The best evidence for infection is significant change on two appropriately timed specimens where both tests are done in the same laboratory at the same time.

Component	Interpretation
Bartonella henselae Antibody, IgG with Reflex to Endpoint Titer	Negative - No significant level of Bartonella henselae IgG antibody detected. Equivocal - Questionable presence of Bartonella henselae IgG antibody detected. Repeat testing in 10-14 days may be helpful. Positive - Presence of IgG antibody to Bartonella henselae detected, suggestive of current or past infection.

Reference Interval:

Test Number	Components	Reference Interval
	B. henselae IgG Screen	Negative

**HOTLINE NOTE:** Refer to the Hotline Test Mix for interface build information.

## NEW TEST

[Click for Pricing](#)

### Huntington Disease (HD) CAG Repeat Expansion, Fetal

3019937, HD PCR FE

#### Specimen Requirements:

##### Patient Preparation:

**Collect:** Amniotic fluid OR cultured amniocytes OR cultured CVS: Two T-25 flasks at 80 percent confluency. AND maternal whole blood: lavender (K2 or K3EDTA), pink (K2EDTA), yellow (ACD solution A or B). If the client is unable to culture, order test Cytogenetics Grow and Send (ARUP test code 0040182) in addition to this test and ARUP will culture upon receipt (culturing fees will apply). If you have any questions, contact ARUP's Genetics Processing at 800-522-2787 ext. 3301.

**Specimen Preparation:** Amniotic fluid: Transport 10 mL amniotic fluid in a sterile container (min: 5 mL) OR cultured amniocytes OR cultured CVS: Fill flasks with culture media. Backup cultures must be retained at the client's institution until testing is complete. AND maternal whole blood: 2 mL whole blood (min: 1 mL).

**Transport Temperature:** Amniotic fluid, cultured amniocytes, or cultured CVS: CRITICAL ROOM TEMPERATURE. Must be received within 48 hours of shipment due to lability of cells. Maternal whole blood: Room temperature.

**Unacceptable Conditions:** Maternal: Frozen specimens in glass collection tubes.

##### Remarks:

**Stability:** Fetal Specimen: Ambient 48 hours; Refrigerated: unacceptable; Frozen: Unacceptable Maternal whole blood: Ambient: 72 hours; Refrigerated: 1 week; Frozen: Unacceptable

**Methodology:** Polymerase Chain Reaction (PCR) / Capillary Electrophoresis / Fragment Analysis

**Performed:** Varies

**Reported:** 7-10 days

##### Note:

**CPT Codes:** 81271; 81265 Fetal Cell Contamination (FCC)

**New York DOH Approval Status:** Specimens from New York clients will be sent out to a New

York DOH approved laboratory, if possible.

Interpretive Data:

Refer to report.

Reference Interval:

---

**HOTLINE NOTE: Refer to the Hotline Test Mix for interface build information.**

## NEW TEST – Available Now

[Click for Pricing](#)

### Trypanosoma cruzi Antibody, IgG Panel

3020058, CHAGAS PAN

#### Specimen Requirements:

##### Patient Preparation:

**Collect:** Plain red or serum separator tube.

**Specimen Preparation:** Separate serum from cells ASAP or within 2 hours of collection. Transfer 0.5 mL serum to an ARUP standard transport tube. (Min: 0.5 mL) Parallel testing is preferred and convalescent specimens must be received within 30 days of the acute specimens. Mark specimens plainly as "acute" or "convalescent."

**Transport Temperature:** Refrigerated. Also acceptable: Room temperature or frozen.

**Unacceptable Conditions:** Plasma. Bacterially contaminated, heat-inactivated, hemolyzed, icteric, lipemic, or turbid specimens.

##### Remarks:

**Stability:** After separation from cells: Ambient: 48 hours; Refrigerated: 2 weeks; Frozen: 1 year

**Methodology:** Semi-Quantitative Enzyme-Linked Immunosorbent Assay (ELISA)

**Performed:** Mon, Wed, Fri

**Reported:** 1-6 days

**Note:** T. cruzi IgG , Recombinant Antigen assay is performed using the Wiener Chagatest ELISA recombinante v.3.0. T. cruzi IgG , Purified Antigen assay is performed using the Hemagen Chagas Kit.

**CPT Codes:** 86753 x2

**New York DOH Approval Status:** This test is New York DOH approved.

#### Interpretive Data:

According to the CDC, at least two different serologic tests should be used to make the laboratory diagnosis of chronic Chagas Disease, as no single serologic test is sufficiently sensitive and specific. If results between the two assays are discrepant, repeat testing or testing by a third method may be helpful.

This assay should not be used for blood donor screening or associated re-entry protocols, or for screening Human Cell and Cellular Tissue-Based Products (HCT/PS).

Component	Unit Of Measure	Interpretation
T. cruzi IgG, Recombinant Antigen	0.8 S/Co or less 0.9 to 1.1 S/Co 1.2 S/Co or greater	Negative - No significant level of Trypanosoma cruzi IgG antibody detected. Equivocal - Questionable presence of Trypanosoma cruzi IgG antibody detected. Repeat testing in 10-14 days may be helpful. Positive - IgG antibodies to Trypanosoma cruzi detected which may suggest current or past infection.
T. cruzi IgG, Purified Antigen	1.0 IV or less 1.1 IV 1.2 IV or greater	Negative - No significant level of Trypanosoma cruzi IgG antibody detected. Equivocal - Questionable presence of Trypanosoma cruzi IgG antibody detected. Repeat testing in 10-14 days may be helpful. Positive - IgG antibodies to Trypanosoma cruzi detected which may suggest current or past infection.

Reference Interval:

Test Number	Components	Reference Interval
	T. cruzi IgG, Recombinant Antigen	0.8 S/Co or less
	Trypanosoma cruzi Antibody, IgG	1.0 IV or less

**HOTLINE NOTE: Refer to the Hotline Test Mix for interface build information.**





## NEW TEST – Available Now

[Click for Pricing](#)

### Bartonella quintana Antibody, IgG With Reflex to Endpoint Titer

3020065, QUINT G R

#### Specimen Requirements:

##### Patient Preparation:

Collect: Serum separator tube.

Specimen Preparation: Separate serum from cells ASAP or within 2 hours of collection. Transfer 1 mL serum to an ARUP standard transport tube. (Min: 0.4 mL) Parallel testing is preferred and convalescent specimens must be received within 30 days from receipt of the acute specimens. Mark specimens plainly as acute or convalescent.

Transport Temperature: Refrigerated.

Unacceptable Conditions: Contaminated, hemolyzed, or severely lipemic specimens.

##### Remarks:

Stability: After separation from cells: Ambient: 48 hours; Refrigerated: 2 weeks; Frozen: 1 year (avoid repeated freeze/thaw cycles)

Methodology: Semi-Quantitative Indirect Fluorescent Antibody (IFA)

Performed: Mon-Sat

Reported: 1-5 days

Note: If testing for Bartonella quintana Antibody, IgG With Reflex to Endpoint Titer is positive, then Bartonella quintana, Antibody, IgG Endpoint Titer will be added. Additional charges apply.

CPT Codes: 86611; if reflexed add 86611

New York DOH Approval Status: This test is New York DOH approved.

#### Interpretive Data:

A low positive result suggests past exposure or infection, while a high positive result may indicate recent or current infection, but is inconclusive for diagnosis. Seroconversion between acute and convalescent sera is considered strong evidence of recent infection. The best evidence for infection is a significant change on two appropriately timed specimens where both tests are done in the same laboratory at the same time.

Component	Interpretation
Bartonella quintana Antibody, IgG with Reflex to Endpoint Titer	Negative - No significant level of B. quintana IgG Equivocal - Questionable presence of B. quintana IgG antibody detected. Repeat testing in 10-14 days may be helpful. Positive - Presence of IgG antibody to B. quintana detected.

Reference Interval:

Test Number	Components	Reference Interval
	B. quintana IgG Screen	Negative

**HOTLINE NOTE:** Refer to the Hotline Test Mix for interface build information.

**NEW TEST**

[Click for Pricing](#)

**Soluble Transferrin Receptor, Serum or Plasma**

3020070, STFR

**Specimen Requirements:**

<b>Patient Preparation:</b>	
Collect:	Serum separator tube or plasma separator tube. Also acceptable: green (lithium heparin).
Specimen Preparation:	Transfer 1 mL serum or plasma to an ARUP standard transport tube. (Min: 0.4 mL)
Transport Temperature:	Refrigerated.
Unacceptable Conditions:	Contaminated, severely hemolyzed, icteric, or lipemic specimens.

**Remarks:**

Stability:	After separation from cells: Ambient: 5 days; Refrigerated: 1 week; Frozen: 1 month (avoid repeated freeze/thaw cycles)
------------	---

Methodology:	Quantitative Chemiluminescent Immunoassay (CLIA)
--------------	--

Performed:	Sun-Sat
------------	---------

Reported:	Within 24 hours
-----------	-----------------

**Note:**

CPT Codes:	84238
------------	-------

New York DOH Approval Status: This test is New York DOH approved.

**Interpretive Data:**

The Beckman Coulter Access sTfR immunoassay is intended as an aid in the diagnosis of iron deficiency anemia, especially in patients with chronic disease. In adult patients with anemia, an sTfR result greater than or equal to 1.55 mg/L is 86 percent sensitive and 49 percent specific for the presence of iron deficiency anemia, alone or in combination with anemia of chronic disease. The sTfR assay is not intended to be used in isolation; results should be interpreted in conjunction with the patient's clinical presentation and other diagnostic tests, such as other indicators of iron status (refer to table below).

	Test for Changes in:	Iron Deficiency Anemia	Anemia of Chronic Disease	Iron Deficiency & Anemia of Chronic Disease
Ferritin	Iron Stores	Low	High	Normal or High
TIBC	Iron Status	High	Low	Normal or High
Serum Iron	Iron Status	Low	Low	Low

sTfR	Iron Status	High	Normal	High
------	-------------	------	--------	------

## Reference Interval:

Test Number	Components	Reference Interval				
	Soluble Transferrin Receptor					
			Tests for Changes in:	Iron Deficiency Anemia	Anemia of Chronic Disease	Iron Deficiency & Anemia of Chronic Disease
		Ferritin	Iron Stores	Low	High	Normal or High
		TIBC	Iron Status	High	Low	Normal or High
		Serum Iron	Iron Status	Low	Low	Low
		sTfR	Iron Status	High	Normal	High
	Soluble Transferrin Receptor					
		age	mg/L			
		0 - <1 year	0.98 - 1.99			
		1 - <2.5 years	1.37 - 2.64			
		2.5 - <14 years	1.03 - 2.09			
		14 - <18 years	0.79 - 1.68			
		18 and older	0.90 - 2.01			

**HOTLINE NOTE:** Refer to the Hotline Test Mix for interface build information.

## NEW TEST

[Click for Pricing](#)

### JAK2 Exon 12-Mutation Analysis by PCR

3020079, JAK2EX12

#### Specimen Requirements:

##### Patient Preparation:

**Collect:** Whole blood or bone marrow in lavender (EDTA).

**Specimen Preparation:** Whole Blood: Do not freeze. Transport 5 mL whole blood. (Min: 1 mL) Bone Marrow: Do not freeze. Transport 3 mL bone marrow. (Min: 1 mL)

**Transport Temperature:** Refrigerated

**Unacceptable Conditions:** Plasma, serum, FFPE tissue blocks/slides, or frozen tissue. Specimens collected in anticoagulants other than EDTA. Clotted or grossly hemolyzed specimens.

##### Remarks:

**Stability:** Refrigerated: 7 days; Frozen: Unacceptable

**Methodology:** Polymerase Chain Reaction (PCR)

**Performed:** Varies

**Reported:** 3-9 days

##### Note:

**CPT Codes:** 81279

**New York DOH Approval Status:** This test is New York DOH approved.

##### Interpretive Data:

Refer to report.

##### Reference Interval:

**HOTLINE NOTE:** Refer to the Hotline Test Mix for interface build information.

## NEW TEST

[Click for Pricing](#)

### Eosinophilia Panel by FISH

3020097, FISH EOSP

#### Specimen Requirements:

##### Patient Preparation:

**Collect:** Non-diluted bone marrow aspirate collected in a heparinized syringe. Also acceptable: Green (Sodium Heparin).

**Specimen Preparation:** Bone Marrow: Transfer 3 mL bone marrow to a green (Sodium Heparin) (Min: 1 mL). Whole Blood: Transport 5 mL whole blood. (Min: 2 mL)

**Transport Temperature:** Room temperature.

**Unacceptable Conditions:** Paraffin-embedded specimens. Clotted specimens.

##### Remarks:

**Stability:** Ambient: 48 hours; Refrigerated: 48 hours; Frozen: Unacceptable

**Methodology:** Qualitative Fluorescence in situ Hybridization (FISH)

**Performed:** Sun-Sat

**Reported:** 3-10 days

**Note:** A processing fee will be charged if this procedure is canceled, at the client's request, after the test has been set up, or if the specimen integrity is inadequate to allow culture growth. The fee will vary based on specimen type. Other specimen types may be acceptable, contact the Cytogenetics Laboratory for specific specimen collection and transportation instructions. If cell pellets or dropped cytogenetic slides are submitted, processing fee will not apply. This test must be ordered using Oncology test request form #43099 or through your ARUP interface.

**CPT Codes:** 88271 x4; 88275 x4

**New York DOH Approval Status:** This test is New York DOH approved.

#### Interpretive Data:

Probes included: PDGFR-alpha, PDGFR-beta, FGFR1, and JAK2.

Reference Interval:

By report

---

**HOTLINE NOTE: Refer to the Hotline Test Mix for interface build information.**

## Inactivations

The following will be discontinued from ARUP's test menu on **October 20, 2025**

Replacement test options are indicated when applicable.

Test Number	Test Name	Refer to Replacement Test
0070283	Soluble Transferrin Receptor (Change effective as of 10/20/25: Refer to 3020070 in the October Hotline)	Soluble Transferrin Receptor, Serum or Plasma (3020070)
2002357	JAK2 Exon 12 Mutation Analysis by PCR (Change effective as of 10/20/25: Refer to 3020079 in the October Hotline)	JAK2 Exon 12-Mutation Analysis by PCR (3020079)
2002378	Eosinophilia Panel by FISH (Change effective as of 10/20/25: Refer to 3020097 in the October Hotline)	Eosinophilia Panel by FISH (3020097)
3001255	Prion Markers (CJD), CSF (Change effective as of 10/20/25: Refer to 3019310 in the October Hotline)	Prion Markers (CJD) in CSF (3019310)
3004071	von Willebrand Factor (VWF) GPIbM Activity (Change effective as of 10/20/25: Refer to 3019671 in the October Hotline)	von Willebrand Factor (VWF) GPIbM Activity (3019671)
3006343	Prenatal Hepatitis Panel (Change effective as of 10/20/25: Refer to 3019856)	Viral Hepatitis Prenatal Panel (3019856)