

1. Measure and cut a minimum of 8 inches (approximately the width of this paper) of umbilical cord tissue.

8 inches

- 2. Remove residual blood by gently squeezing cord segment between thumb and forefinger once. (Some blood may remain and is not a problem.)
- **3.** Rinse cord segment with water or saline.
- **4.** Place on a towel or gauze and gently pat dry.
- 5. Loosely coil cord into labeled specimen cup and secure lid.
- 6. Attach tamper-resistant seal (optional).
- 7. Place cup in specimen bag and process test order. Cord can be stored refrigerated for up to three weeks.

For assistance, call **800-522-2787**.

More information and a link to our instructional video may be found at: **aruplab.com/newborn-drug-testing#umbilical.**

