Snickers Smoothie

Cooking Instructions

- 1. Put all ingredients in a blender and blend until smooth.
- **2.** Top with coconut, crushed peanuts, or sea salt, if desired.

Recipe

- 1 frozen banana
- 1 cup almond milk
- 1–2 dates (the more dates you add, the sweeter it is)
- 1 tbsp cocoa powder
- 1 tbsp peanut butter

| Grocery | / List | (add | optional | toppings | to | list as | desired |
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| Produce | | | | | | |
|----------------------|--|---------------|--|--|--|--|
| | | Dates | | | | |
| | | Banana | | | | |
| | | | | | | |
| Canned Goods/Grocery | | | | | | |
| | | Cocoa Powder | | | | |
| | | Peanut Butter | | | | |
| | | Almond Milk | | | | |