

# Mediterranean Salad

## Cooking Instructions

1. Wash and chop all vegetables. Place vegetables in a large bowl.
2. Add the remaining ingredients and toss to coat thoroughly.

Tip: For longer lasting storage in the fridge, periodically drain the excess liquid and/or place paper towels in the bottom of the bowl.

## Recipe

- 3 tomatoes, diced
- 1 cucumber, diced
- ½ red onion, diced
- 3 Tbsp olive oil
- 1 Tbsp fresh lemon juice (or red wine vinegar)
- ½ tsp salt
- ¼ tsp black pepper

## Grocery List (add optional toppings to the list as desired)

### Produce

- 3 tomatoes
- 1 cucumber
- 1 red onion
- 1 lemon

### Grocery

- Olive oil
- Salt
- Pepper