

Black Bean Salsa

Instructions

1. Place the cucumber, black beans, corn, red pepper, cherry tomatoes, and chopped cilantro in a bowl. Squeeze the fresh lime juice over the salad and stir well.
2. Mix in the avocado, and season with salt and pepper.
3. Enjoy with or without chips!

Ingredients

- 1 English cucumber, diced
- 1 can black beans, rinsed
- 1 ¼ cups of canned corn
- 1 red pepper, diced
- 1 cup cherry tomatoes (can use half red, half yellow for more color)
- ½ cup packed fresh cilantro, chopped
- Juice from 1 lime
- 1 avocado, diced
- Salt and pepper, to taste

Grocery List

- English cucumber
- Canned black beans
- Canned corn
- Red pepper
- Cherry tomatoes
- Fresh cilantro
- Lime
- Avocado

Source: Popsugar Fitness