

Banana Protein Muffins

Instructions

1. Preheat the oven to 350 degrees.
2. Mix all of the ingredients together.
3. Pour batter into a greased or lined muffin tray.
4. Bake for 15–17 minutes.

Ingredients

- 2 bananas, mashed (best if slightly brown)
- 2 cups of Kodiak Cakes pancake mix
- 1 cup of almond milk (or whatever milk you prefer)
- 1/4 cup of maple syrup
- 1 egg
- 1 teaspoon of vanilla extract
- Chocolate chips to your liking

Grocery List

Produce

- Bananas

Dairy

- Milk
- Eggs

Pantry Items

- Kodiak Cakes pancake mix
- Maple syrup
- Vanilla
- Chocolate chips