

# Açaí Bowl

## Instructions

1. Add the frozen mixed berries, frozen banana, frozen açaí puree (or açaí powder), apple juice, and coconut yogurt to a blender. Blend until smooth and creamy.
2. Scoop into a bowl and add your favorite toppings, such as fresh sliced strawberries, sliced banana, a handful of granola, a spoonful of peanut butter, and/or a sprinkle of coconut flakes.

## Ingredients

- 2 cups of frozen mixed berries
- 1 frozen banana
- 150 grams of frozen açaí puree (about 1 cup or 1 tbsp açaí powder)
- $\frac{3}{4}$  cup apple juice
- $\frac{1}{2}$  cup coconut yogurt

### Optional toppings:

- 1 banana, sliced
- $\frac{1}{4}$  cup of strawberries, sliced
- $\frac{1}{4}$  cup of granola
- 2 tbsp of peanut butter
- 2 tbsp of coconut flakes

## Grocery List (add optional toppings to list as desired)

- Frozen mixed berries
- Frozen banana
- Frozen açaí puree or açaí powder
- Apple juice
- Coconut yogurt

### Optional toppings:

- Banana
- Strawberries
- Granola
- Peanut butter
- Coconut flakes